

Protein lactylation: A new jewel in the crown



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Lactylation is a newly identified post-translational modification that has emerged as a crucial epigenetic regulator, significantly influencing cellular functions and disease processes.¹ Lactylation involves the addition of lactate, a glycolysis byproduct, to lysine residues in proteins, particularly histones. This modification, which leads to lactyl-lysine formation, was first discovered in 2019 by Zhang et al. and reported in Nature.²

WHAT IS THE BIOCHEMICAL PROCESS

In the lactylation process, lactyl-CoA (derived from lactate) acts as the donor molecule that transfers the lactyl group to the ϵ -amino group of lysine residues.³ This marks a unique epigenetic signature that affects gene expression in ways distinct from other histone modifications, such as acetylation or methylation. Lactylation signifies a direct link between cellular metabolism and gene regulation. When cells execute glycolysis and generate lactate, especially under low-oxygen conditions, this triggers histone lactylation.⁴ Histone lactylation usually encourages gene expression, akin to acetylation, by facilitating a more accessible chromatin structure. In macrophages, histone lactylation is vital for the late-phase immune response, aiding homeostasis and tissue repair by regulating genes associated with wound healing and bacterial clearance.⁵ Abnormal lactylation has been linked to several pathological conditions such as cancer, inflammatory diseases, and metabolic disorders.⁶⁻⁸

RECENT RESEARCH DEVELOPMENTS

Recent investigations have broadened our knowledge of lactylation beyond histones to non-histone proteins. Researchers have discovered lactylation sites on enzymes associated with glycolysis, the tricarboxylic acid cycle, and additional metabolic pathways, implying a more extensive regulatory network. Advanced mass spectrometry methods have facilitated the mapping of lactylomes across different cell types and tissues, uncovering hundreds of proteins subject to this modification.^{9,10}

The identification of lactylation has paved the way for new research opportunities at the crossroads of metabolism and

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epigenetics. Understanding the enzymes (writers, erasers, and readers) involved in regulating lactylation may unveil new therapeutic targets for interventions in diseases linked to metabolic dysregulation and altered gene expression.

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