

## Environmental status of Manahara River, Kathmandu, Nepal

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### ABSTRACT

The Manahara River located in northeast part of the Kathmandu Valley has been disturbed for last one decade by several anthropogenic activities and natural causes thereby deteriorating its recreational functions and stream habitat. To obtain an existing environmental condition and disturbances of the river, the river was surveyed for its habitat, pollution level and surface water quality. Among the five representative segments of the river, the downstream segment (Sano Thimi) was scored into intermediate category showing more pollution and environmental deterioration compared to the upstream segments. Turbidity, electrical conductivity, chemical oxygen demand, biological oxygen demand and ammonia increase, whereas dissolved oxygen decreases from upstream to downstream with exponential functions. Aquatic lives like Garra sp. (Buduna), Schizothorax sp. (Asala), Channa sp. (Hiele) and Heteropneustes sp. (Singe) were observed except in downstream of the Jadibuti Bridge situated downstream from Sano Thimi stretch. Fish species were rare from the Jadibuti area most probably due to reduced dissolved oxygen (5 mg/l). Coliform bacteria ranged from 3000 to 4000 in the Manahara River showing high amount of bacterial contamination. Major disturbances, which affect river habitat and surface water quality of the Manahara River were destruction of riparian buffer zones, excavation excessive amount of sand from the river, encroachment of floodplains and bars, solid waste and sewer effluent, and tendency of landuse change. To retard environmental degradation of the Manahara River from the human-induced activities, local government needs to take immediate action.

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### INTRODUCTION

Rivers are natural resources which have ecological and recreational functions. People mostly depend on rivers for agricultural and domestic purposes. Many temples and crematories located around the river have increased cultural values of the rivers. But with rapid growing population and urbanization, different activities like unplanned building and encroachment, clearing of riparian vegetation along the river banks, disposal of waste materials in river and unwise mining of construction materials from the rivers are commonly observed in rivers of the Kathmandu Valley. Human as well as natural phenomena are responsible for bringing disturbances in the river system. The Bishnumati River, one of the biggest tributaries of the Bagmati River, is suffering from these types of activities (Tamrakar 2004a and b).

The Manahara River as a whole has been in deteriorating condition from last one decade. Growing number of population and shelters, and building of structures and factories on the river banks are probably major causes for environmental deterioration (reduction of stream bank stability, cultural, ecological and recreational functions and surface water quality of rivers). Some of the major disturbances such as landuse change, bank erosion, scoring, encroachment, dilution of riparian vegetation, contamination by effluents and solid waste and shifting of the river channel are quite evident along the Manahara River. Due to lack of awareness among people and concerned authorities, such disturbances are unmanageable at present. If the disturbances in the river continue in the current trend, they will aggravate system instability and will bring unrecoverable deterioration to the river environment. Therefore, it is important to identify present environmental condition and major disturbances to rehabilitate the river in the future

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because many people depend on the water of the Manahara River. UNESCO world heritage site, Changuarayan Temple and several other places such as International Airport, Sali Nadi Temple and Nilbarahi Temple are located around this river. Therefore, this paper aims in identifying environmental condition of the river and potential disturbing factors.

### MANAHARA RIVER BASIN

The Manahara River is located in the northeast of the Kathmandu Valley (Fig. 1). It is elongated in shape having 28 km length from NE to SW covering 83 sq. km of area. This river is straight and narrow in upstream stretch and is meandered and wide in downstream stretch. The northern and eastern catchments, composed of gneiss, granite, quartzite, metasediment, phyllite and schist possess fine drainage texture, high relative relief and high drainage frequency. The western catchment, composed of soft fluvio-lacustrine deposits, possesses coarse drainage texture, low relative relief and low drainage frequency (Bajracharya 2006).

The maximum average monthly rainfall received was 567 mm in July and minimum was nil in November (Sankhu Station) during 1980–2004 (DHM 2004). The total monsoon rainfall (1980–2004) is slowly increasing. Generally, the Manahara River Basin is presently covered by cultivated, settlement and forest lands. Cultivation and settlement areas have been increasing against forest area. About 77% of landscape were occupied by cultivation, 17% by forest and 6% by urban areas in 2002 (Shrestha 2007).

### FLUVIAL GEOMORPHOLOGY

The Manahara River is a perennial stream fed by storm flow and spring. The mainstem of the river is a fifth order stream and its major tributaries such as the Sali Nadi River, the Ghatte Khola and the Mahadev Khola are fourth order streams (Fig. 2). The fifth order stream extends for 19 km showing highly meandering pattern. The lowest stretch (Sano Thimi) of this mainstem shows entrenched nature (Entrenchment ratio, ER = 1.39) with high bank height ratio (BHR = 1.63) and gentle slope (0.0235 m/m). River cross-sectional area, discharge and velocity are highest. Point bar, side bar and point bar with few mid bar

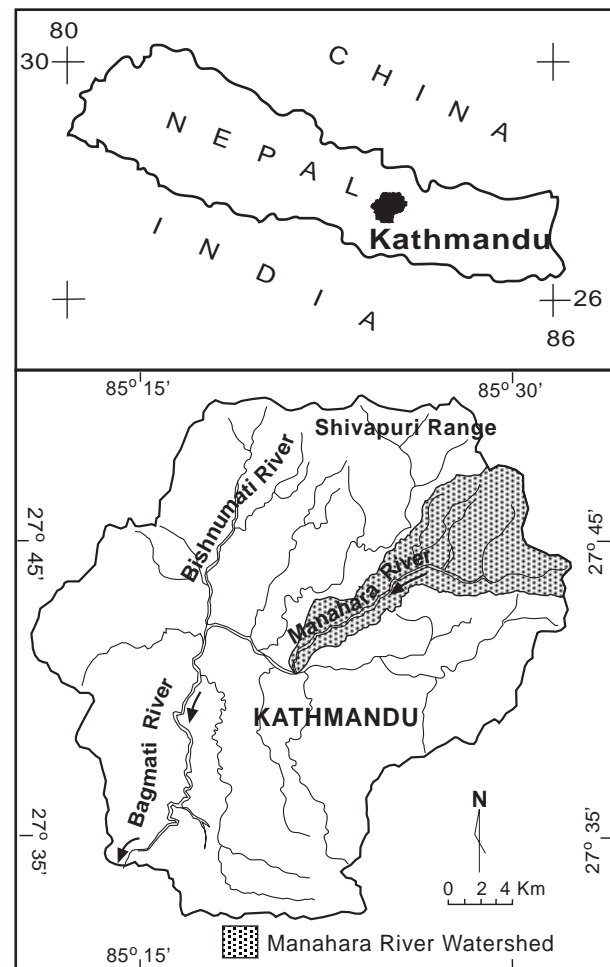


Fig. 1 Location map of study area

are characteristics of depositional pattern. Pebbles and sand with silt are main dominated channel materials.

The middle segment (Mulpani) is highly sinuous (1.81) with less entrenchment ratio (12). The material is composed of sandy pebble. Large point bar, side bar and mid bar characterize depositional pattern. Very gentle slope (0.0056 m/m), high width/depth ratio (70) and low BHR (1.3) indicates flooding during high rainfall and channel shifting.

The upper stretch (Kurthali) also shows highly sinuous (1.5) pattern and less entrenched nature (7.71). River channel has alternating riffles and pools, and has very gentle slope (0.011 m/m). Large point bar and side bar contains cobble, pebble and sand. Erosional scars and landslides are common of the river banks.

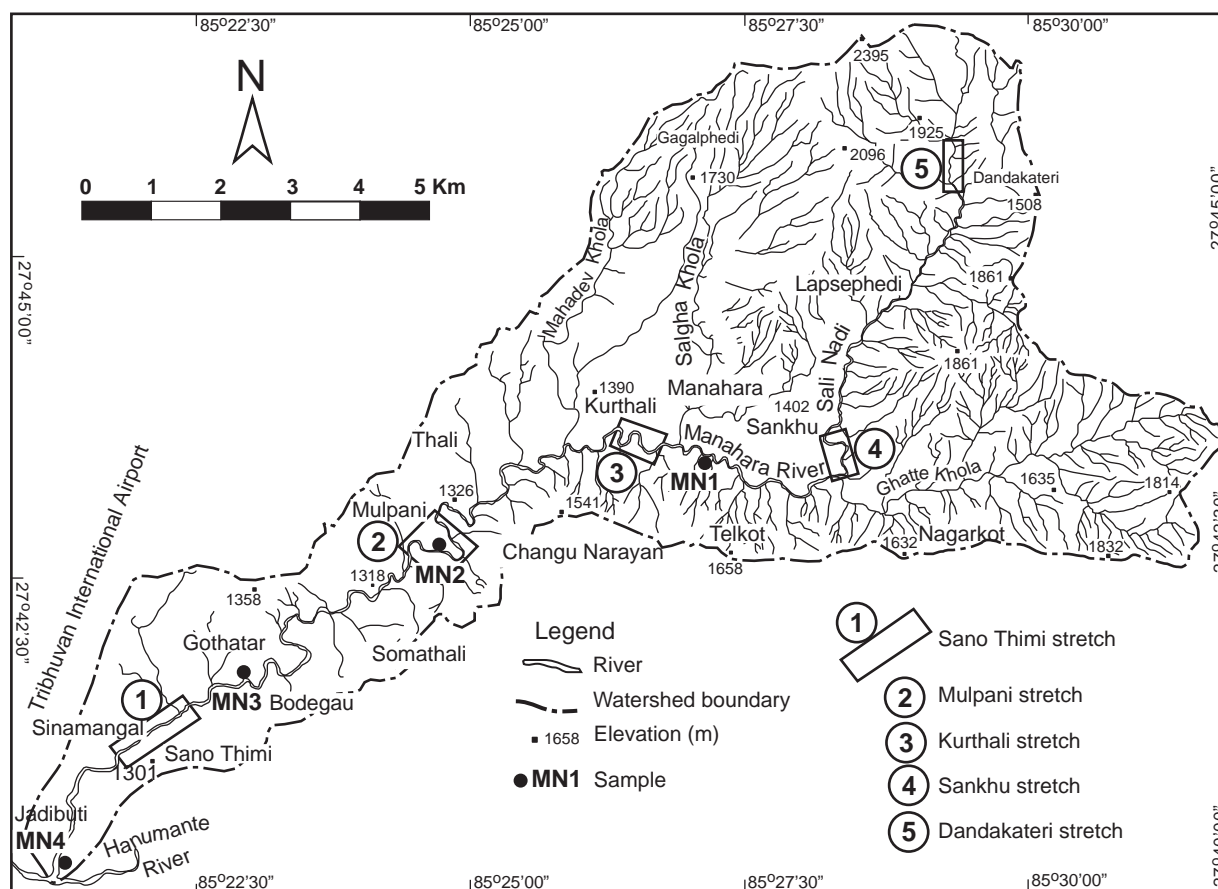


Fig. 2 Location of study stretches and water samples

The fourth order stream extends for 5.9 km showing moderately entrenched segment ( $ER = 1.43$ ). The channel has alternating riffles and pools, and has higher slope ( $0.14 \text{ m/m}$ ) compared to the fifth order stream. The river bed material consists of cobble, pebble and sand with silt. Landslide and bank erosion are common on steep slope river bank.

The third order stream stretch (Dandakateri) extends for 1.1 km. It is straight, narrow and moderately entrenched ( $ER = 1.45$ ) with slope of  $0.07 \text{ m/m}$ . Riverbed material is dominantly gravel (boulder, cobble and pebble) and minorly sand.

## METHODS

River habitat assessment, pollution assessment and river water quality assessment were used to evaluate stream habitat condition, riparian vegetation and water quality condition of the river. Four locations

from each of the five stretches were measured for longitudinal profile, parameters of water quality and riparian vegetation.

### River habitat assessment

River habitat assessment was made in three parts according to the procedure of Texas Natural Resource Conservation, TNRCC (2001). In first part, three attributes, i. e. primary, secondary and tertiary were measured during field survey (Table 1). Primary data included (a) habitat type, (b) number of riffles, (c) dominant substrate type, (d) percent gravel and (e) instream cover type, which were used for evaluating the shelter and food quality for aquatic organisms. Secondary attributes focused the structures of the stream channel and included (a) channel flow status, (b) stream width and (c) stream depth. The tertiary attributes included data for (a) riparian buffer zone, (b) aesthetics of reach, (c) bank angle, (d) tree canopy

Table 1: Summary of the river habitat assessment of the Manahara River

Parameters	Segments				
	Sano Thimi	Mulpani	Kurthali	Sankhu	Dandakateri
Stream order	5th	5th	5th	4th	3rd
Streambed slope (m/m)	0.02	0.0056	0.011	0.014	0.07
Length of stream evaluated (m)	500	760	550	400	160
No. of lateral transect made	4	4	4	4	4
Primary attributes					
Total number of riffle	4	5	5	4	2
Dominant substrate type	Coarse sand with pebble	Pebbly sand	Sand with cobble	Cobble	Boulder
Average % of substrate gravel	29	37	50	60	50
Average % of instream cover	24	31	36	47	50
Secondary attributes					
Average stream width (m)	17.40	17.50	15.20	7.00	4.70
Average stream depth (m)	0.55	0.64	0.68	0.35	0.54
Channel flow status	Moderate	Moderate	Moderate	Low	Low
Maximum pool width (m)	0.54	0.80	0.80	0.48	0.80
Average stream bank slope (degree)	46	29	33	51	35
Tertiary attributes					
Average width of buffer vegetation (m)	5	6	10	9	23
Average riparian vegetation (%) by					
Tree	0	0	3	12	43
Shrub	12	6	9	11	10
Grass and forbe	8	9	15	14	13
Cultivated land	78	83	71	63	34
Other	2	2	2	0	0
Average percent tree canopy	0	0	0	4	77
Overall aesthetic appraisal	Common	Natural	Natural	Natural	Wilderness

and (e) width of natural buffer vegetation. These recorded data were summarised in second part. According to these summarized data, the habitat quality index of each segment was scored and calculated in the third part. The scored data were then categorised as exceptional (26–31), high (20–25), intermediate (14–19) and limited (<13) for stream habitat.

### Pollution assessment

Acidity and alkalinity (pH), clarity of water, temperature of water, stream flow rate, life in stream, electrical conductivity (EC) and resistivity were measured for evaluating pollution levels in the existing stretches. Clarity of water is the indication of suspended particles carried out by river. The clarity was measured as the distance of visibility of an object within the water column from the observer.

### Stream water quality

Stream water quality was assessed in terms of the available parameters measured by DHM (2005) in Jadibuti, the downstream locality south of Sano Thimi stretch, for several years and from the data of four

different sites in the Manahara River (Fig. 2) measured by Nepal (2007). The parameters consisted of color, turbidity, temperature, pH, electrical conductivity, ammonia, ammonium, nitrite, nitrate, phosphate, chloride, dissolved oxygen (DO), chemical oxygen demand (COD), biological oxygen demand (BOD) and coliform bacteria. Spatial and temporal variation of water quality was analyzed to evaluate trends of some parameters.

## RESULTS

### River habitat quality

The summarised field measured data for stream bed slope, parameters of primary, secondary and tertiary attributes, and average tree canopy coverage percent are tabulated in Table 1. Using these summarized data, the different parameters were scored and calculated. The Results are indicated in Table 2.

#### *Dominant substrate type*

The stream bottom of upstream (third and fourth order) segments is dominated by small boulder, cobble and pebbles (Fig. 3a and b). The substrate of

Table 2: Scoring of the river habitat

Habitat parameters	Stretches									
	Sano Thimi		Mulpani		Kurthali		Sankhu		Dandakateri	
	Scoring categories	Score	Scoring categories	Score	Scoring categories	Score	Scoring categories	Score	Scoring categories	Score
Instream cover	Rare	2	Common	3	Common	3	Common	3	Common	3
Bottom substrate stability	Moderately unstable	2	Moderately stable	3	Moderately stable	3	Stable	4	Stable	4
Number of riffle	Common	3	Abundant	4	Abundant	4	Common	3	Common	3
Dimension of largest pool	Moderately	3	Moderately	3	Moderately	3	Small	2	Moderately	3
Channel flow status	Moderate	3	Moderate	3	Moderate	3	Low	2	Low	2
Bank stability	Moderately unstable	1	Stable	3	Moderately stable	2	Moderately unstable	1	Moderately stable	2
Channel sinuosity	Moderate	2	High	1	Modrate	1	Moderately	1	Extensive	3
Riparian buffer vegetation	Moderate	1	Moderate	1	Moderate	1	Moderate	1	Extensive	3
Aesthetic of reach	Common	1	Natural area	2	Natural area	2	Natural area	2	Wilderness	3
Total score		18		25		24		20		24

downstream (fifth order) segment is characterised by pebble and sand. Due to the presence of soft sediments, fifth order streams are susceptible to bank erosion and bed scouring.

#### Riparian vegetation

Riparian vegetation along the Manahara River is variable in width, vegetation type and distribution. Width of natural buffer vegetation in Dandakateri segment is wide (23 m) and dense, and dominated by trees, shrubs and grass having higher canopy compared to other segments (Fig. 3a). Sankhu segment having trees, shrubs and grass possess good riparian vegetation (Fig. 3b). In Mulpani area, trees are nearly absent, and floodplains and banks are covered with crops (Fig. 3c). The downstream of the bridge at Sano Thimi, streambanks are covered with grass and bushes (Fig. 3d). Tree canopy is rare.

#### Habitat quality index

The scores for each of the stream stretches are given in Table 2. Sano Thimi stretch was scored 18. The calculated total scores of the upper four stretches are more or less equal (20-25) which shows suitable environment for aquatic lives.

#### Degree of Pollution

The results of pollution assessment are shown in Table 3. Surface water of upstream stretches shows slightly alkaline (7.2–7.5) with low EC (66–83) and high water clarity (9–12). The water of downstream

stretches of the Manahara River near Sano Thimi is acidic (5.96) and has high EC (216) with low clarity (5 m) exhibiting worse condition compared to that of the upstream stretches. EC is the highest in Sano Thimi segment, almost three times greater than the EC in Sankhu stretch due to the direct contamination of sewer and solid waste to the river. The clarity decreases about 50% compared to that of Sankhu stretch indicating turbid water in Sano Thimi stretch. Except in downstream of Jadibuti Bridge, aquatic lives such as *Garra sp.* (Buduna), *Channa sp.* (Hiele), *Schizothorax sp.* (Asal), and *Heteropneustes sp.* (Singe) are common in the river (Fig. 4).

#### Water quality

From the analysis of data obtained from DHM (2005) the water quality of river in Sano Thimi area is being deteriorated as the year passed. Temporal variation of chemical parameters shows fluctuating trends (Fig. 5). The value of phosphate and nitrite abruptly increase in 2004, suggesting that the increased content is related to pollution of the river with sewages, faecal and detergents which perhaps had affected oxygen concentration. The data of different water quality parameters also vary with seasons (Table 4).

The spatial variation of parameters was evaluated. Turbidity, colour, EC, COD, Cl and NH<sub>3</sub> tend to increase (Fig. 6), but DO tends to decrease from upstream towards downstream. DO of Sano Thimi stretch nearly equals to suggested value (5 mg/l),





Fig. 3 Photographs showing vegetation condition and substrate material: (a) Boulder and cobble with trees in Dandakateri stretch, (b) Trees, shrubs and grass in the bank of Sankhu stretch, (c) Narrow riparian zone and cultivation in point bar at downstream of Mulpani, and (d) Poor and narrow vegetation in downstream of Sano Thimi stretch

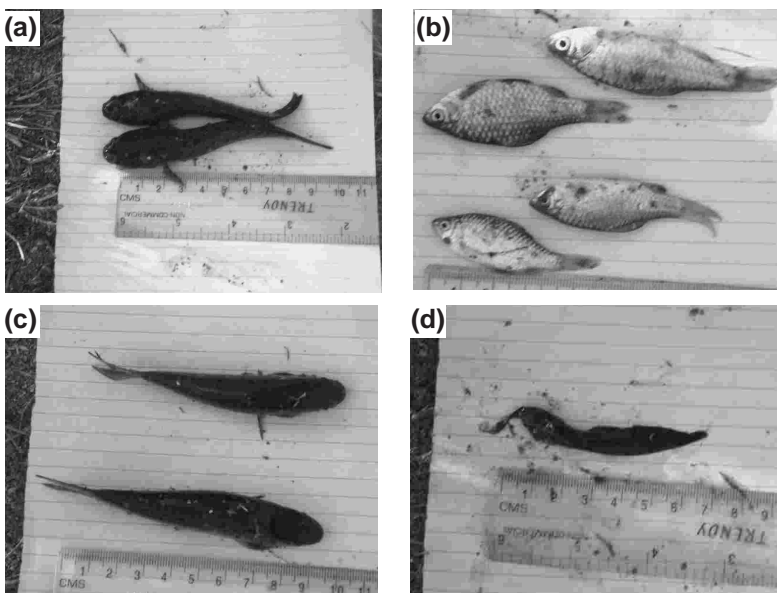


Fig. 4 Aquatic lives (fishes) found in about 100 m upstream of Sano Thimi stretch: (a) *Garra* sp. , (b) *Schizothorax* sp. , (c) *Channa* sp. and (d) *Heteropneustes* sp.

Table 3: Results of pollution assessment

Parameters	Segments			
	Sano Thimi	Mulpani	Kurthali	Sankhu
Velocity, m/s	0.37	0.31	0.25	0.21
Discharge, m <sup>3</sup> /s	0.21	0.16	0.17	0.06
Clarity of water, m	5.0	9.0	10.0	11.5
Temperature, °C	Surface	22.5	22	22.3
	Bottom	21.0	22.5	22.3
	Shade	16.0	18	17.7
	Sun	25.5	25	22.4
Stream life	<i>Garra sp., Channa sp. Schizothorax sp. and Heteropneustes sp.</i>			
pH	5.96	7.22	7.50	7.28
EC, µS/cm	216.0	83.6	83.4	66.7
R, Ωm	46.42	120.86	118.36	148.6

Table 4: Water quality data after DHM (1992) and Nepal (2007)

Location	Date	Colour	Temp. (°C)	EC (µS/cm)	Turbidity (NTU)	pH	DO	NH <sub>3</sub>	NH <sub>4</sub>	NO <sub>3</sub>	NO <sub>2</sub>	PO <sub>4</sub>	Cl	COD	BOD	Coliform /100 mg
<sup>1</sup> Jadibuti	07/12/1992	Brown	19	76		7.5	8.5		0.8	0.5	0.1	3.1	0			
	03/12/1993	Brown	17.8	92		8.3	8.8		0.2	0.0	0.0	3.1	20.0		7.8	
	17/02/1994	Brown	19.8	161		6.5	7.9		0.2	0.0	0.1	0.0	5.0		4.8	
	16/02/1995	Brown	18.1	100		6.7	7.7		0.4	0.8	0.2	10.4	6.7	4	7.5	
	06/09/2001	Brown	27.2	66		7.0	6.5		1.7	0.3	0.4	5.3	5.9			
	16/12/2002	Grey	17.7	104		7.0	6.9		0.6	2.2	1.7	2.54	3.8			
	04/12/2003	Grey	20	98		6.5	12.5		3.8	5.6	11.2	2.24	2.0			
	29/06/2004	Brown	27.9	206		7.0	8.9		0.62	0.0	12.4	14.2	35.0			
<sup>2</sup> MN1	16/11/2005	10	16.4	100	6.0	7.2	6.8	4					6.4	23	1.2	3000
	MN2	16/11/2005	20	16.4	110	7.5	5.6	6.3	4				6.6	33	4.24	3000
	MN3	16/11/2005	28	16.4	140	17.0	5.7	6.2	12				6.8	36	9.69	3000
	MN4	16/11/2005	30	16.4	210	12.0	5.8	5.2	11				12.0	120	6.06	4000

<sup>1</sup>DHM (2005); <sup>2</sup>Nepal (2007)

indicating more difficient condition than that in the upstream stretches. EC, turbidity, Cl and NH<sub>3</sub> become double in the span of 20 km. Contamination of fertilizer from cultivated land, effluent from sewer pipes and streambank erosion are probably the major sources for increasing the above parameters. BOD and coliform drastically increase downstream of Sano Thimi stretch.

## DISTURBANCES

Both natural and human-induced factors tend to disturb river environment. Human-induced activities influence the river environment in a very short time as compared to natural factors.

## Natural factors

Natural disturbances in the Manahara River are brought by neotectonic activities. Major northwest-southeast trending lineaments for example, the Kalpu Falult, the Chandragiri Fault and the Manahara River Fault extend in the Kathmandu Valley (Bajracharya 1992; Saijo et al. 1995; Yagi et al. 2000) that upset the base level of the rivers of the northern regions in the long run. The Manahara River has incised and widen its valley against active uplift of the Changu Narayan Hills (Bajracharya 2001).

If we observe the rainfall data of 1980–2004, the total monsoon rainfall is increasing. The increase in rainfall also increases discharge of the river. The

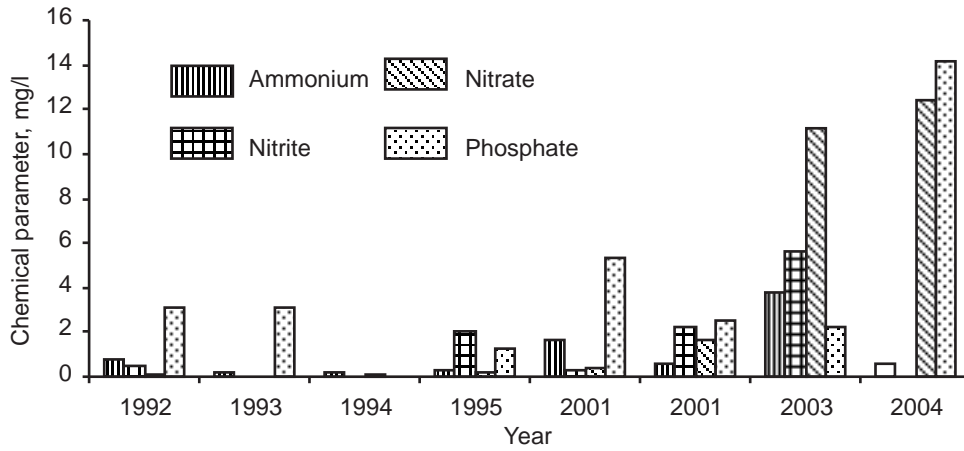


Fig. 5 Temporal variation of chemical parameters of the surface water of the Manahara River (based on DHM 2005)

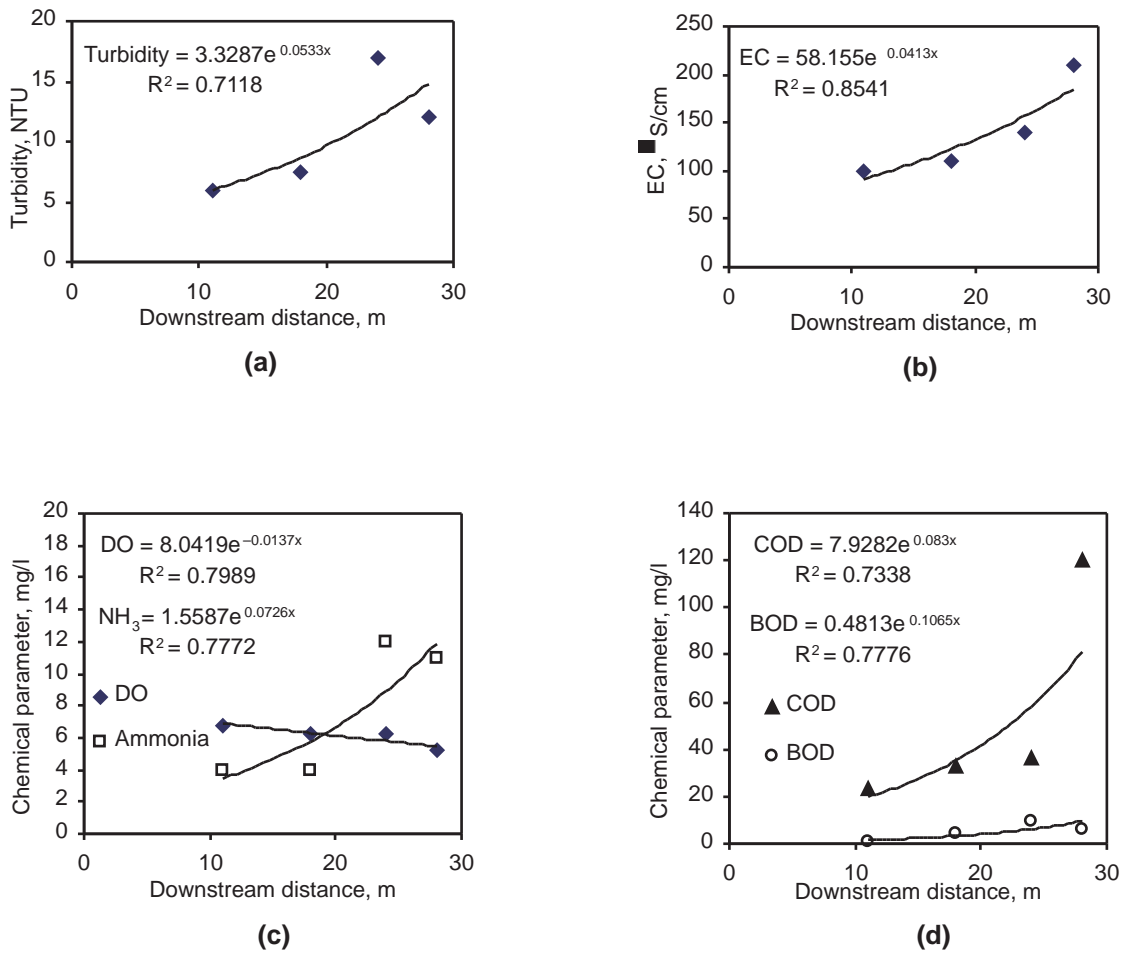


Fig. 6 Spatial variation of physical and chemical parameters of the surface water of the Manahara River (based on Nepal 2007): (a) Turbidity, (b) Electrical conductivity (EC), (c) DO and  $\text{NH}_3$ , and (d) COD and BOD



Table 5: Disturbances in the Manahara River

Instability	Factor	Segments				
		Sano Thimi	Mulpani	Kurthali	Sankhu	Dandakateri
Systemwide	Upstream factor	Sand excavation Encroachment Channelization	Sand excavation	Encroachment Channelization	Encroachment Channelization	
	Downstream factor	Knick point Sand excavation	Knick point Sand excavation	Knick point	Knick point	Knick point
	Basinwide factor	Urbanization Vegetation clearing Cultivation Livestock grazing	Landuse change Vegetation clearing	Landuse change	Landuse change Deforestation	Landuse change Deforestation
Local		Bank erosion	Bank erosion	Bank erosion	Bed scouring	Bed scouring
		Bank failure	Bank failure	Bank failure	Bank failure	Slope failure
		Sand excavation	Sand excavation			
		Encroachment	Impinging flow	Impinging flow		
		Destruction of riparian zone	Destruction of riparian zone			

discharge also increases with change in watershed landuse. The increased discharge will have high capacity to erode riverbanks and channel sediments.

### Human-induced factors

Domestic and industrial activities related to economy and lives are more serious factors of disturbance. Recognised human-induced activities in the Manahara River are listed in Table 5 and shown in Fig. 7. These activities also influence to the systemwide and local instabilities of the river Tamrakar (2004b).

#### *Excavation of sediments*

Excessive sand excavation was observed in Mulpani area (Fig. 8a). Dwellers also excavated small amount of sand from Sano Thimi and Jadibuti areas. Excavation of excessive amount of sand from the riverbed has not only upset the balance that river tends to maintain along its course (Lane 1955), but also has deteriorated morphology and environment of the river (Tamrakar 2004a and b).

#### *Deforestation and vegetation clearing from banks*

Upstream stretches of Kurthali and the area between Dandakateri and Sankhu have problems of deforestation and rapid building of settlement areas and roads. The forest land has been converted to cultivated land and settlement areas at several localities

in the Manahara River basin. Vegetation clearing from the banks of the river is commonly found throughout the river corridor, however the degree of destruction is remarkable in the river segment between Mulpani and Sano Thimi areas. Removal of vegetation from the river bank and flood plains alters hydrological and geomorphic functions of the river. This is major factor for bank failure, lateral shifting of river course, and degradation of water quality because grass and other ground cover plants that filter sediments, nutrients and pollutants from run-off water to enter the stream, and that baffle the sediment and dust have been removed.

#### *Landuse change*

Landuse change is mostly observed in watershed. Shrestha (2007) reported that 87% area of forest reduced to 17%, 13% of the cultivated land expanded to 77% and 0.002% urban area increased to 5% during the years 1978–2002. Landuse change is also remarkable in Sano Thimi when the landuse of areas nearby the river is considered. In this area, the agricultural land has been changed into bulid up areas quite rapidly during the last ten years.

#### *Enroachment of floodplain and channel*

Encroachment of channel and flood plain are observed in all stretches of the Manahara River.

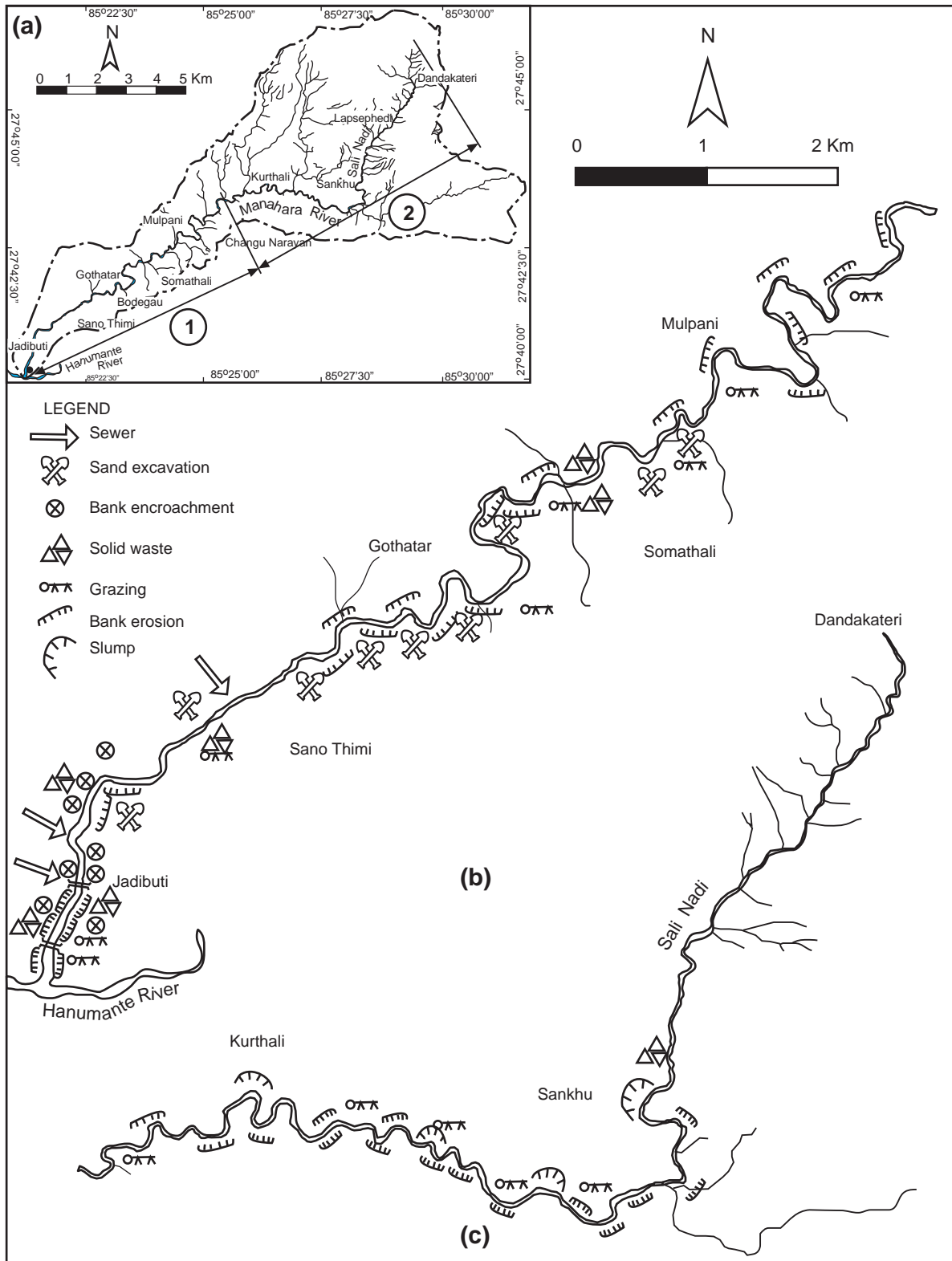


Fig. 7 Map showing disturbance along the stretches of the Manahara River: (a) index map, (b) segment 1 and indicated in the index map and (c) segment 2

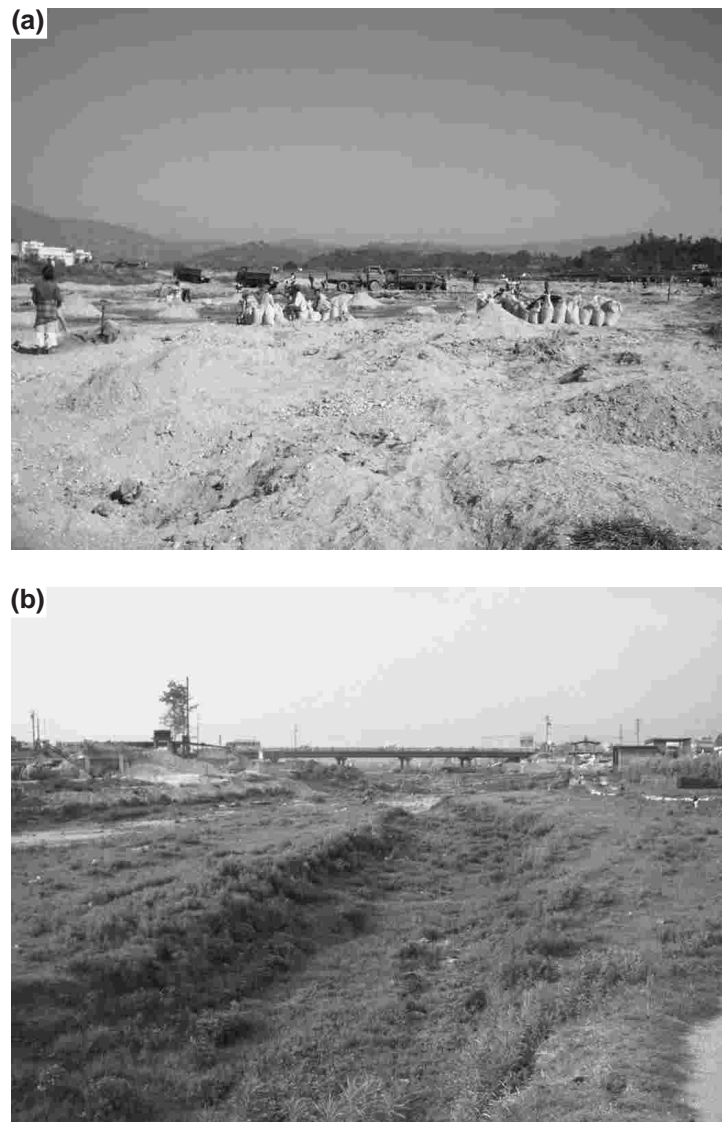


Fig. 8 Photographs indicating disturbances: (a) Sand mining near Mulpani area and (b) Bank encroachment in downstream of the Jadibuti Bridge near Sano Thimi

Except in the Sano Thimi stretch, the land is encroached at rest of the stretches for cultivation. But in downstream stretches of the Sano Thimi near Jadibuti, the channel and banks of the river have been encroached for settlement (Fig. 8b). The settlement areas, which dispose the waste, are the pollutants for the river.

#### *Solid waste and sewer disposal*

Solid waste and sewer disposing directly towards the river is pronounced in the entire stretch of the river in Sano Thimi. Town planning areas and

settlement areas are the major pollutants. The sewer and solid disposal activities greatly affect water quality, cultural and social welfare, and aquatic ecosystem.

#### *Open defecation and livestock grazing*

Open defecation is common in the area between Jadibuti and Sano Thimi areas but livestock grazing was found almost in all areas of the river. They contaminate rivers by their excretory products which become source of chemicals such as ammonia, nitrate and ammonium.

Local people use surface water of the Manahara River for taking bath, laundry and ringing vegetables. They use different soaps and detergents which also become major sources of phosphates and can decrease oxygen concentration in water.

## CONCLUSIONS

River habitat quality index of the Manahara River has been scored 20–25 for the stretches except for Sano Thimi which fell within intermediate level (18), showing more pollution and environmental deterioration. Dissolved oxygen is low (5 mg/l) in Sano Thimi stretch, but is still sufficient for fishes to survive. BOD, COD, EC and coliform bacteria remarkably increase in this segment. Fish species are rare in the downstream reach of the river from the Jadibuti area most probably due to reduced dissolved oxygen and increased amount of other chemical parameters.

Major disturbances, which affect river habitat and surface water quality are solid and sewer effluent, encroachment of floodplains, bars and channel, landuse change, destruction of riparian buffer zones and excavation excessive amount of sand from the river. To prevent environmental degradation of the Manahara River from the human-induced activities, local government needs to take immediate action.

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