

Epileptic seizures in patients with COVID-19: A systematic review of early evidences

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ABSTRACT**Background**

Global emergence of SARS-CoV-2 surfaced neurological complications amongst the patients. COVID-19 resembles with other coronavirus strains follows a trend of neurological complication, damage and encephalopathy, which entails considerable risks, requires attention for the neurologists. This is, to our knowledge, the first systematic review of the literature to investigate solely to elucidate the seizure spectrum by unfolding epileptogenicity of the SARS CoV-2 and potential pathways of neuroinvasion.

Methods

A systematic literature search was performed in PubMed and Embase database following standard guidelines, using specific keywords based on epileptic seizure onset described from December 01, 2019, to July 17, 2020

Results

A total of 17 studies were included ranging from case reports, series of cases, multicentre cross-sectional study with the first-time onset of seizure associated with an epileptic origin. We excavated causes of complex COVID-19 related neurological manifestations, e.g., cerebrovascular diseases, encephalitis, demyelinating lesions, cytokine storm and proposed routes of SARS-CoV-2 entry into the nervous system to understand the mechanism of an epileptic seizure.

Conclusion

COVID-19 is a potent neuropathogen which causes the new onset of epileptic seizures should get diagnostic recognition to evade possible deterioration of neurological conditions. However, more shreds of evidence from the future will further elucidate the epileptogenic potential of the pandemic.

Keywords

Brain diseases, Coronavirus infections, Epilepsia Partialis Continua, Epilepsy, neurologic manifestations, SARS-CoV-2, Seizures

Background

Severe acute respiratory syndrome coronavirus-2 (SARS-CoV-2) is recently emerged human pandemic stormed the whole world. The virus was identified as a beta coronavirus is dissimilar with severe acute respiratory syndrome coronavirus (SARS-CoV) and Middle East respiratory syndrome coronavirus (MERS-CoV), hence got a distinct identity. The clinical presentation of SARS-CoV-2 is acute respiratory distress syndrome (ARDS) and viral pneumonia [1,2]. The disease was first surfaced in Wuhan, Hubei Province, since December 12, 2019, in China, conceivably linked to the Huanan Seafood Wholesale Market located in Jiangnan District [3]. The virus was named as Coronavirus disease 2019 "COVID-19" by the World Health Organization (WHO), affected 216 countries with 2,102,6758 confirmed cases and 75,5786 deaths as of August 16, 2020 [4]. The spread of this virus and ongoing devastation around the world shows no evidence of ending of this global pandemic and it impacted deadly on economic, financial, social, and mental wellbeing on the humanity.

Shortness of breath, fever, and cough reported since the beginning of the pandemic [1, 2], but clinical manifestations of SARS-CoV-2 are not limited to the respiratory system; it infects the nervous system too. Mao et al. published the first hospital-based report on the SARS-CoV-2 infected patients revealed that 36.4% of the patients had neurological complications: CNS (53 [24.8%]), PNS (19 [8.9%]). Dizziness, headache, taste and smell impairment was the most common symptoms reported [5]. Growing shreds of evidence of nausea, vomiting, myalgia, asthenia, dizziness, and reduced consciousness imply the viral neuroinvasive potential which increases with the severity of infection [5, 6]. SARS-CoV-1 outbreak in 2002-2003 documented numerous neurological manifestations ranging from moderate complications like seizures, status epilepticus, myopathy, to severe consequences stroke and polyneuropathy [7, 8].

This systematic review aims to outline a spectrum of the seizures and epileptic symptoms of SARS-CoV-2 infected patients and enlighten the viral invasion to CNS and mechanism of epileptogenicity.

Material and methods

A systematic literature search was conducted from December 01, 2019, to July 17, 2020, in PubMed and Embase database. We followed the recommendations of the Preferred Reporting Items for Systematic Review and Meta-Analysis (PRISMA) protocol [9]. The search strategy was developed by an expert panel of neurologists and neurophysiologists. Search terms included "COVID-19" OR "SARS-CoV-2" OR "2019-nCoV" OR "novel coronavirus" in conjunction with "epilepsy" OR "Seizure." (Figure 1).

Articles written in the English language were included for this review. The authors carefully examined the list of

references in the included studies to confirm the literature saturation. All authors scanned the titles and full-text reports independently against the standard search criteria for the systematic review to identify the eligibility and inclusion. Disagreement pertaining for the inclusion of articles were resolved through the discussions. The authors extracted the following data from all included studies: Author/year, age, gender, design, the interval of COVID-19 symptom onset and first seizure, clinical presentation, neurological manifestations, diagnostic findings, interventions, and limitations. The level of evidence and quality of the research was also carefully observed. Reference management was done by EndNote X5 software (Clarivate Analytics, Boston, MA, USA). This systematic review protocol was not registered earlier. We mostly followed the WHO recommended gold standard guidelines (epidemiological history, clinical symptoms, and laboratory or radiological findings) to consider the articles in our study. All cases included in this review were confirmed cases of SARS-CoV-2, which was diagnosed by SARS-CoV-2 PCR testing using a nasopharynx swab. We reviewed the clinical researches, including original articles, case series, and case reports, for neurological involvement by COVID-19 on the incidence of epilepsy and organized them into tables.

Results

Through our search strategy, we have identified a total of 160 abstracts. After exclusion and eligibility of full text, 17 articles were selected for systematic review, involved seizures, or epilepsy as a new-onset due to SARS-CoV-2 infection. Among these articles, 12 were case reports; four were case series, and one study was a multicentre cross-sectional study. Table-1 and Table-2 shows the summary of the included studies [5, 10-25].

All studies were critically analyzed based on the standard diagnosis for epilepsy (e.g., EEG, head CT /MRI, CSF analysis). We also included CSF-PCR to obtain information for neuroinvasion of SARS-CoV-2 and the intervention strategy towards the administration of Anti-epileptic drugs. Besides, we rigorously reviewed a few relevant literature (26-30) to understand the mechanism of entry of SARS-CoV-2 in CNS summarized in Figure 2.

Figure 2: Explains the possible routes of SARS-CoV-2 entry in the nervous system.

2a. shows the hematologic route where viral particles cross the endothelial cells of the blood-brain barrier (BBB) either directly or enter by using the infected cells of the reticuloendothelial system (RE) or lymphocyte as a vehicle through the paracellular route.

2b. shows the neurologic route where virus enters in the olfactory epithelium, olfactory bulb and later enters in the olfactory tract. Retrograde axonal transport and CoVs clathrin-dependent endocytotic/exocytotic pathway may help in this process.

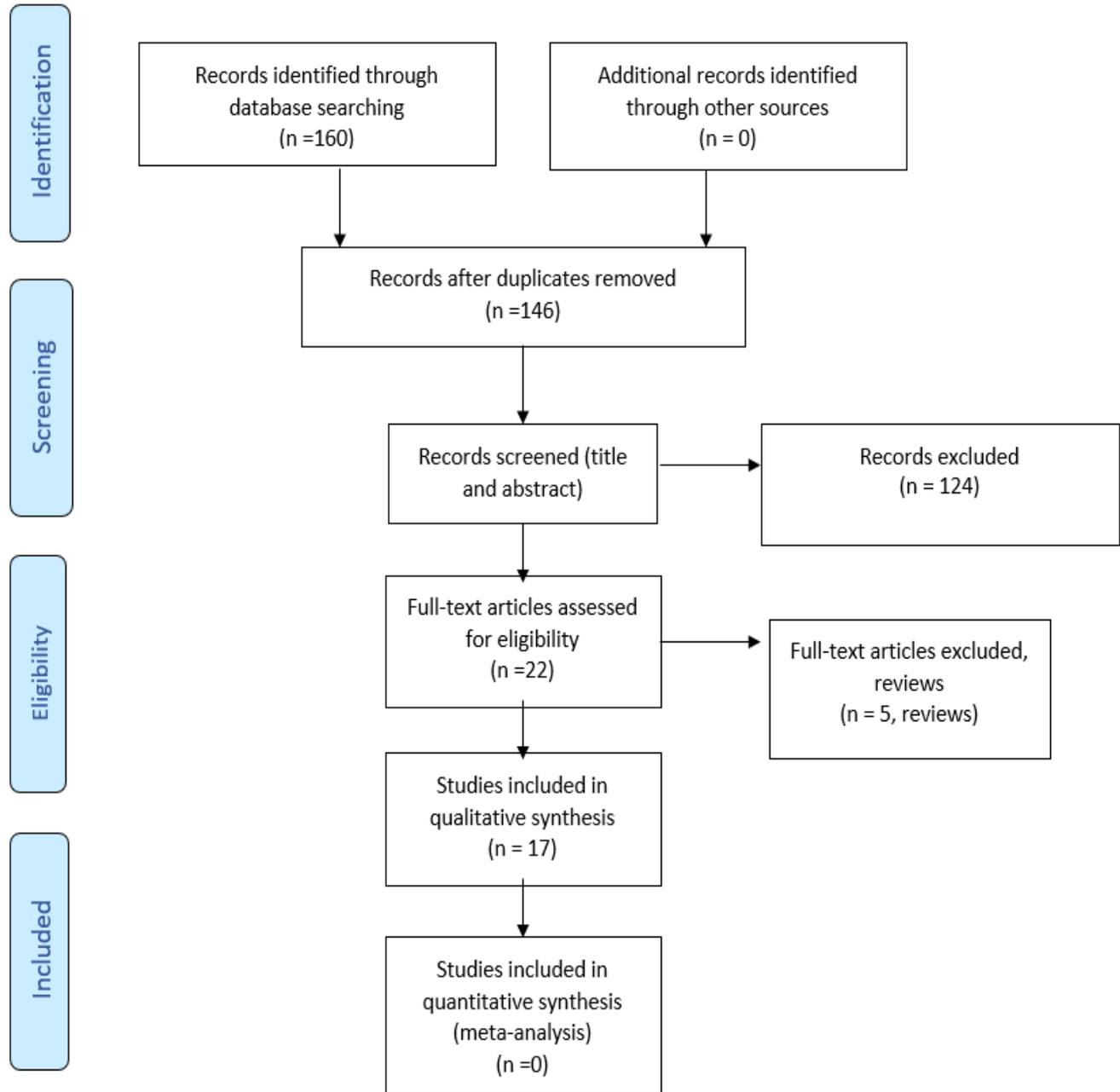


Figure 1: Inclusion of articles by Preferred Reported Items for Systematic reviews

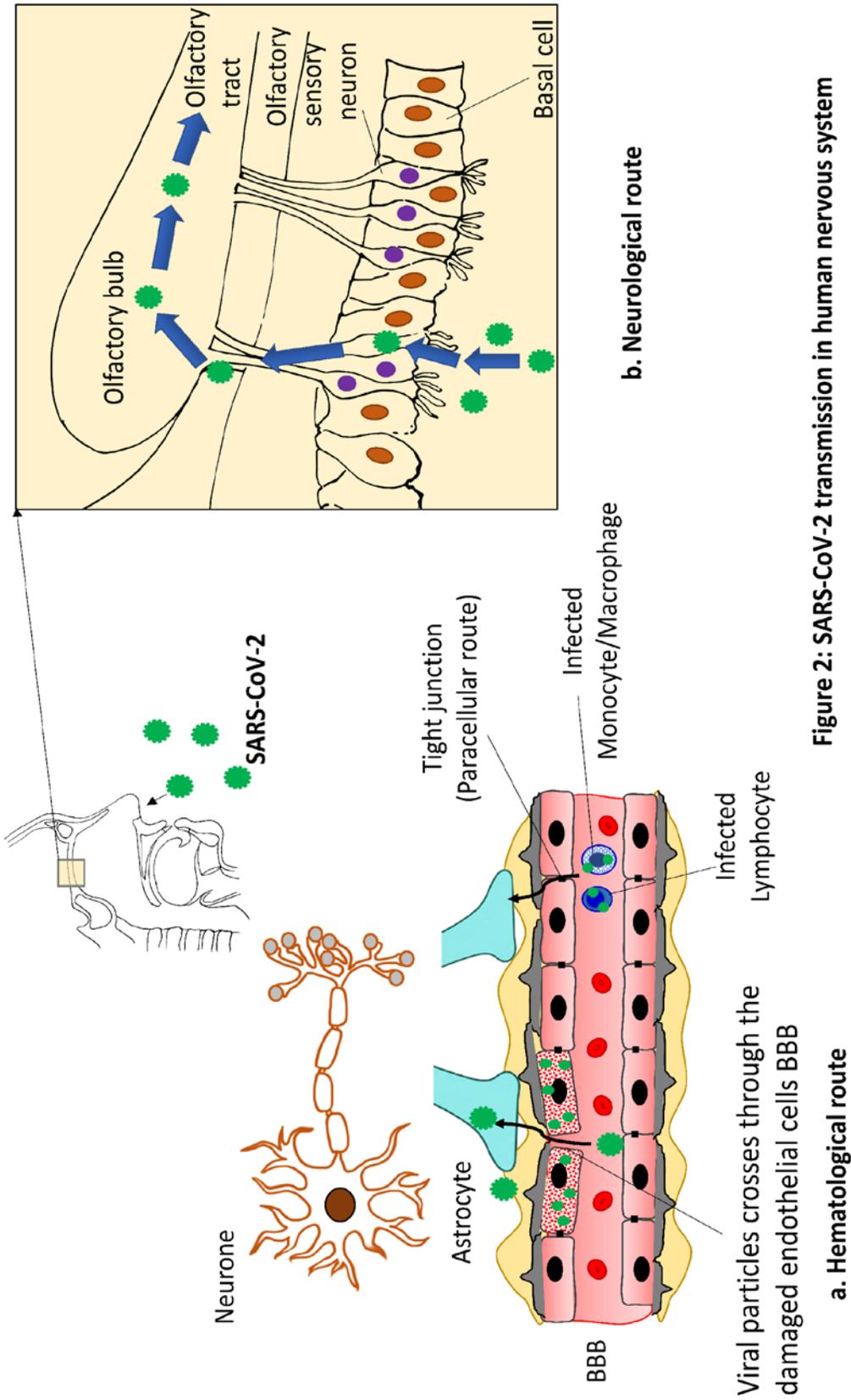


Figure 2: SARS-CoV-2 transmission in human nervous system

Table 1: Summary of the studies, infection interval and clinical presentation

Author, year	Age(years)/mean/mean [SD], Gender	Design	No (% in total participants)	Interval of COVID symptom onset and first seizure activity (days)	Clinical presentation towards epileptic manifestations /Seizure description/ characteristics
Lyons et al. 2020	20, M	Case report	1	+3	Light-headedness with blurred and double vision, lower limb weakness, generalised tonic-clonic seizure
Moriguchi et al. 2020	24, M	Case report	1	+9	consciousness disturbance, transient generalized seizures for about a minute
Atere et al. 2020	46, M	Case report	1	+3	Episode of seizures, syncope; conscious after 30 seconds; an involuntary loss of feces
Somani et al. 2020	49, F	Case report	1	-3	Case 1: altered mental status, seizure
	73, F	Case report	1	+1	Case 2: Persistent face and arm myoclonus with worsening altered mental status (status epilepticus)
Fasano et al. 2020	54, M	Case report	1	+7	Single seizure characterized by clonic movements in the right arm and loss of consciousness.
Zanin et al. 2020	54, F	Case report	1	Not clear	Unconscious, later unrest
Stefano et al. 2020	56, F	Case report	1	+18	Agitation
Dixon et al. 2020	59, M	Case report	1	+10	Vacant staring, speech arrest, flexion of both shoulders and a brief witnessed generalized tonic-clonic seizure (GTCS), followed by postictal state
Sohal et al. 2020	72, M	Case report	1	+2	Multiple episodes of persistent tonic clonic movements of upper and lower extremities
Elgamasy et al. 2020	73, F	Case report	1	+2	Painful muscle stiffening and twitching in the left arm and leg
Hepburn et al. 2020	76, M	Case report	1	+2	Multiple episodes of left upper extremity clonic activity and worsening encephalopathy
	82, M	Case report	1	+15	Right eyelid and facial twitching
Farhadian et al. 2020	78, F	Case report	1	+2	Sudden-onset uncontrolled limb movements with ocular deviation followed by several minutes of unresponsiveness.
Galanopoulou et al. 2020	Age: 63.23 ± 11.9 (30-83)	Case series (retrospective)	11(64.7%)	NA	Motor seizure like events
Morassi et al. 2020	76, F	Case series	1	+10	Transient loss of consciousness, followed by confusion
Garazzino et al. 2020	5, not mentioned	Multicentre cross-sectional (prospective)	2(1.2)	1.6	Febrile seizure
Mao et al. 2020	58.2±15.0	Case series (retrospective observational)	1(0.5)	NA	Sudden onset of limb twitching, foaming in the mouth, and loss of consciousness, lasted for 3 minutes.
Pinna et al. 2020	59.6	Case series (retrospective observational)	13(26)	NA	Not available

Table 2: Diagnostic findings, interventions, and limitations

Author, year	EEG findings	Head CT /MRI findings	CSF analysis/ CSF PCR for SARS-CoV2	Intervention (Anti epileptic drugs)	Main findings	Potential limitations	Outcome
Lyons et al., 2020	Normal	CT: Normal; MRI: Mild mucosal thickening in the sphenoid sinus	Lymphocytic pleocytosis (21 cells/mm ³ , 99 % mononuclear, 1% polymorphs); PCR Negative	Levetiracetam	Meningoencephalitis	No known limitations	Survived
Moriguchi et al., 2020	Not performed	CT: Normal; MRI: Hyperintensity along the wall of inferior horn of right lateral ventricle. Fluid-attenuated inversion recovery (FLAIR) images showed hyperintense signal changes in the right mesial temporal lobe and hippocampus with slight hippocampal atrophy.	Normal; PCR positive	Levetiracetam	Right lateral ventriculitis and encephalitis mainly on right mesial lobe and hippocampus	EEG not performed, no follow up information	Alive during reporting of the case
Atere et al., 2020	Not performed	Normal	Not performed	Not administered	SARS-CoV-2 associated neurological symptoms	No EEG, SARS-CoV-2 PCR in CSF; CSF PCR for other viruses was done to rule out as DD	Survived
Somani et al., 2020	Frequent (4-6/hour) cyclical seizures emanating from left fronto-central regions	Normal	Not performed	Lorazepam, Levetiracetam	De novo status epilepticus	No CSF investigations (analysis, PCR), CSF PCR was performed to rule out other viral infections as DD	Survived
	Frequent (5/hour) cyclical seizures emanating from left and right fronto-central regions	CT: Normal, MRI: Not performed	Not performed	Lorazepam, levetiracetam, lacosamide, phenytoin, midazolam	New-onset refractory status epilepticus (NORSE)	No CSF investigations (analysis, PCR), CSF PCR was performed to rule out other viral infections as DD	Passed away
Fasano et al., 2020	Normal	CT: Normal; MRI: Not performed	Not performed	Not administered	First focal motor seizure	No CSF investigations (analysis, PCR); CSF PCR for other viruses was not performed to rule out as DD, Anti epileptic drug was not administered	Survived
Zanin et al., 2020	Two seizures in frontotemporal region and diffusing in homologous contralateral hemisphere	CT: Normal, MRI: Alterations of the periventricular white matter. Lesions present in bulbo-medullary junction (cervical and dorsal spinal cord)	Normal; PCR negative	Lacosamide, levetiracetam, phenytoin	CNS involvement and demyelinating lesions associated with SARS-CoV-2	No known limitations	Survived
Stefano et al., 2020	Intermittent onset of 4 Hz rhythms over the bilateral parasagittal regions, lasting from 5 s to maximum 25 s.	CT: Not performed; MRI: numerous punctiform signal voids in bilateral juxtacortical white matter, corpus callosum, and internal capsule, compatible with cerebral microbleeds, without any ischemic or necrotizing lesion.	Increased protein level (1.31 g/l) and Immunoglobulins; PCR negative	Sedatives (not mentioned)	Focal injury in the absence of encephalopathy, critical illness-associated cerebral microbleeds (related to cytokine release syndrome)	CT not performed; standard CSF virology PCR was not done for other viruses to rule out as DD	Survived

Dixon et al., 2020	Not performed	CT: Brain stem swelling, subtle intrinsic pontine hemorrhage, symmetrical hypodensities in the deep gray matter and amygdalae; MRI: Extensive, relatively symmetrical changes throughout the supratentorial and infratentorial compartments.	Increased protein concentration (2.3 g/L); PCR negative	Levetiracetam	Rapidly evolving encephalopathy involving brain stem; hemorrhagic ANE	Patient passed away, no follow up	Passed away
Sohal et al., 2020	Six left temporal seizures and left temporal sharp waves which were epileptogenic.	CT: Chronic microvascular ischemic changes; MRI: Not performed	Not performed	Levetiracetam, valproate	Cytokine storm, encephalitis	No SARS-CoV-2 PCR in CSF; standard CSF virology PCR was not done for other viruses to rule out as DD patient passed away, no follow up	Passed away
Elgamasy et al., 2020	Normal	CT: Mild dilatation of the lateral ventricles with prominent fissures and sulci. Scattered deep white matter hypodensities, MRI: dilated ventricular system with a patent and prominent aqueduct of Sylvius	Normal, slightly elevated leukocytes (0.5 per cubic millimeter); not performed	magnesium, levetiracetam, lacosamide, clobazam	Focal epilepsy, chronic small vessel ischemia	No SARS-CoV-2 PCR in CSF; standard CSF virology PCR was not done for other viruses to rule out as DD	Survived
Hepburn et al., 2020	Three focal seizures lasting approximately 30 s each arising from the right centroparietal region	Normal	Not performed	Levetiracetam	Focal seizure, comorbidity	No SARS-CoV-2 PCR in CSF; CSF PCR for other viruses was not done to rule out as DD	Passed away
	EEG seizures mainly in left frontal-temporal regions eventually progressed to focal status epilepticus	CT: Hypodensities within the supratentorial white matter, consistent with mild microvascular disease but without acute intracranial lesion; MRI: Not performed	Not performed	Levetiracetam	Status epilepticus, brain damage	No SARS-CoV-2 PCR in CSF; CSF PCR for other viruses was not done to rule out as DD	Passed away
Farhadian et al., 2020	Mild generalized slowing in ECG	No CT, MRI: atrophy and patchy periventricular and subcortical white matter hyperintensities	CSF inflammation; inflammatory cytokines present, 350 red cells/uL, protein 43 mg/dL; PCR negative	Not available	Sequelae of small vessel ischemic disease; encephalopathy	No treatment data was available towards seizure management	Survived
Galanopoulou et al., 2020	Sporadic epileptiform discharges present 7(41.18%)	Not performed	Not performed	Sedatives, antiseizure medications (ASMs)	Myoclonic seizures, abnormal tremulous movements concerning for seizure, motor seizures, abnormal movements or shaking movements, concerning for seizures.	Scanty neurological/diagnostic work-up	Not applicable
Morassi et al., 2020	Recurrent sharp slow waves over the left temporal region, with occasional observation on the right homologous regions	CT: hypodense area (5 mm) in the head of the right caudate nucleus referable to a lacunar infarction. MRI: a small rounded area of diffusion restriction on the left pre-rolandic gyrus	Normal; PCR not performed	Levetiracetam	encephalopathy, characterized by focal seizures	No SARS-CoV-2 PCR in CSF; CSF PCR for other viruses was not done to rule out as DD	Survived

Garazzino et al., 2020	Not performed	Not performed	Not performed	Not mentioned	Non-encephalopathic seizure	Scanty neurological/diagnostic work-up	Not applicable
Mao et al., 2020(a)	Not performed	Not performed	Not performed	Not clear	SARS-CoV-2 induced seizure	Scanty neurological/diagnostic work-up	Not applicable
Pinna et al., 2020	Not available	Not available	Not available	Not applicable	Seizure was more prominent in patients with COVID-19 symptoms as first onset, other than neurological symptoms	Retrospective approach and patient selection bias, a full neurological evaluation was not done, no long-term follow-up and outcome data were unavailable	Not applicable

NA-not applicable
 SE-status epilepticus
 ANE-acute necrotizing encephalopathy
 NORSE-new-onset refractory status epilepticus
 ASMs-antiseizure medications
 DD-differential diagnosis

Discussion

We are now passing through a tough time due to the SARS-CoV-2 pandemic affected almost all the countries [4]. Previous outbreaks of Coronaviruses showed potential for CNS invasion, neuronal infection, and cytokines' entry along with immune cells in brain tissue. Human coronavirus OC43, a single-stranded RNA virus, can affect neurons and cause pervasive destruction [31, 32]. In a study of 70 patients infected with MERS-CoV, showed epileptic seizures and altered mental state(33). SARS-CoV-2 possess high homology with other coronavirus strains, so in this current pandemic neurologists and medical practitioners face challenges to confront the central and peripheral nervous systems manifestations. An updated systematic review may enlighten the spectrum of epileptic seizure for the diagnosis of SARS-CoV-2 infection, helping clinicians understand the underlying mechanism to start intervention earlier.

Prevalence and management of seizures associated clinical manifestations

In this study, we observed that evidence of seizures and epilepsy is closely associated. However, articles are scarce. Moriguchi et al. documented the first reported case of seizures in COVID-19 patients [11]. Earlier instances of coronavirus infections showed the potential for seizure. A study by Saad M showed that six patients 8.6% have a seizure onset in the Middle East respiratory syndrome (MERS)-CoV infection [33]. On average, the interval of the infection and onset of symptoms is 3-5 days, but it may go up to 10 days (Table-1).

Seizure was less commonly observed in the study by Ling Mao, 2020, where 1(0.5%) case was reported. The authors acknowledged that clinical outcomes were unavailable during the time of analysis because of the patients' hospitalization [5]. Whereas others documented more number of cases [22, 25]. We observed that most common

clinical presentations towards seizure amongst COVID-19 victims were status epilepticus, tonic clonic movements, and loss of consciousness. According to a series of COVID-19 patients from the USA, seizure events occurred in 11 (64.7%) of the patients. Authors reported gaze deviation, motor seizure-like events such as myoclonic seizures, abnormal tremulous movements concerning seizure, motor seizures, abnormal movements, and associated these events with new onset of encephalopathy. These symptoms may arise due to COVID-19 infection as a consequence of damage to the nervous system, alteration in metabolic activities, hypoxia, and organ failure. The presence of frontal sharp waves as epileptic discharge indicated frontal epileptogenic anomaly, which authors connected with the nasopharyngeal mucosal entry of SARS-CoV-2 or via the olfactory nerve [22]. Mao et al reported 14.8% patients with severe COVID-19 disease, displayed encephalopathy [5].

Lorazepam, Levetiracetam are the commonest seizure management drugs used [10, 11, 13, 15, 17-19, 23]. Other drugs namely lacosamide, phenytoin, midazolam [13, 15], valproate [18], magnesium, lacosamide, clobazam [19] also used.

Probable mechanism of seizure in SARS-CoV-2 patients

Infection in CNS is the origin of unprovoked seizure and epilepsy. Viral encephalitis is associated with the development of seizures may go up to 22% [34]. Encephalitis is observed in SARS-CoV-2 infection is associated with seizures in its acute phase [10, 11, 16, 18, 21, 23]. The toxins generated by SARS-CoV-2 and inflammatory cytokines by the brain [35] ignite a vicious cycle of inflammation resulting in a hyperexcitable state for neurons. This leads to the activation of the glutaminergic receptor via neurotransmitter glutamate, which heavily implicates anomalous signalling leading to acute epileptic seizures [35, 36]. Stephano et al reported focal injury in absence of encephalopathy and cerebral microbleeds – a result of cytokine release [16], whereas others reported cytokine storm [21] with encephalopathy [18]. Past researchers connected status epilepticus (SE) induced glutamate release and excessive stimulation of glutaminergic receptors and N-methyl-D-aspartate receptors (NMDARS) [37, 38], linked with seizure and neurological morbidity in SARS-CoV-2 outbreak [12, 13, 20].

Electrolyte imbalance was the less likely cause of new onset of seizures, observed in two of the reports, but a clear indication towards encephalitis and normocapnic hypoxia as a cause [12, 15]. Dixon et al reported acute necrotizing encephalopathy with rapid progression of seizures and reduced consciousness [17].

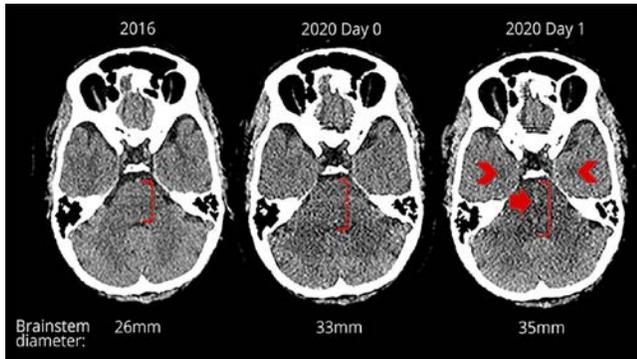


Figure 3: Head CT findings from a SARS-CoV-2 infected patient with acute necrotizing encephalopathy [17].

Axial CT head images on different dates (left to right) 2016, 2020 day 0, day 1 follow up. Early admission CT demonstrates subtle new swelling of the brain stem which progressed on follow-up. Fig 3c shows swelling with new central hemorrhagic foci (closed arrow) and symmetrical hypodensities in both amygdalae (chevrons) [17].

There may be a possible role of cytotoxic granules of CD8+ T cells that overexcites N-methyl-D-aspartate receptor (NMDA) in the process of immune reactions, substantially contributing to neuronal degenerations [39]. Most of the viral infections increase T cell populations in brains [40, 41]. Lyons reported Lymphocytic pleocytosis (21 cells/mm³, 99 % mononuclear, 1% polymorphs) is indicative of this [10]. Interleukin-12 (IL-12), secreted by macrophages and microglia [42, 43] involved in potential CNS damage in Kainic acid (KA) induced seizures [44].

SARS-Cov-2 and neuroinvasion

The underlying mechanisms of viral transmissions to CNS involves BBB and modulates functional ramifications. There are two possible routes – hematological and neurological are available for the SARS-CoV-2 entry to the CNS. In the hematologic route, the virus crosses the specialized brain microvascular endothelial cells (BMECs) of the BBB either directly or by using the infected cells of the reticuloendothelial system as a vehicle through the paracellular route [26]. Circulating lymphocytes may be another possibility for the hematological invasion [11]. COVID virus is capable of direct BBB penetration and meningeal inflammation reported by Tohidpour et al., 2017 [27].

Structurally endfeet of the astrocytes covers intracranial blood vessels [45]. Astrocyte mediated endocytic route of

Tick-borne encephalitis virus (TBEV) and Zika virus (ZIKV) is well documented [28,29]. TBEV enters via clathrin-dependent endocytosis, which resembles with entry pattern for other family members like West Nile virus, Dengue virus, Hepatitis C virus, and Bovine Viral Diarrhoea virus [29] and another coronavirus, porcine haemagglutinating encephalomyelitis (HEV67) [30].

In the neurologic route, retrograde axonal transport through the specific peripheral nerves is the key route of SARS-CoV-2 transmission to the CNS. Olfactory epithelium and nerve fibers play a vital role in this viral transmission [46]. The trans-synaptic viral transfer is reported for other CoVs clathrin-dependent endocytotic/exocytotic pathway. Although SARS-CoV-2 enters through BBB in Nervous system, interestingly except one case study [11] all tested SARS-CoV-2 PCR in CSF was negative in our review [5, 10, 12-25].

Diminished viral RNA in the brain in autopsy studies (7 out of 22) of SARS-CoV-2 related fatality is suggestive of it [47]. There is a possibility that early stages of infections may not allow viral entry in CNS but causes neuroinflammation. So COVID-19 treatment should be oriented towards host-inflammation. Farhadian et al. reported increased Monocyte Chemoattractant Protein-1 (MCP-1), a key chemokine in CSF – a clear indication of deployment of inflammatory infiltrate into the nervous tissue [21].

Conclusion

COVID-19 infects nervous system which causes the new onset of epileptic seizures is an important aspect of diagnosis. Cerebrovascular diseases, encephalitis, demyelinating lesions, cytokine storm are possible underlying pathology for epileptogenicity. Seizure amongst hospitalized patients varied from mild to life-threatening complications, such as hemorrhagic acute necrotizing encephalopathy (ANE). The neuroinflammatory potential unveils the viral entry through hematologic and neurogenic route and underpin existing knowledge. More evidence from cohort studies with complete diagnostic findings and differential diagnosis will strengthen the association of COVID-19 virus with an epileptic seizure.

We believe our work's novelty lies in the breadth of coverage, guiding neurologists by cumulative evidence of seizure associated with neurological damage from a practical point of view. However, we humbly acknowledge the shortfalls. First, we used mostly single case reports and relatively small case series which restrict to generalize our findings. Secondly, due to the patient's critical condition or morbidity, it was not possible to follow-up even to perform CT/MRI scan and CSF analysis in some studies we listed. Although number of studies are relatively less and predominance of suboptimal level of evidence, still sporadic epileptic seizure episodes indicates encephalopathy, brain damage in SARS-CoV-2 infection.

Abbreviations

acute necrotizing encephalopathy (ANE), acute respiratory distress syndrome (ARDS), blood-brain barrier (BBB), brain microvascular endothelial cells (BMECs), CD8 (cluster of differentiation 8), Central nervous system (CNS) Cerebrospinal fluid (CSF), Computed Tomography (CT) Coronavirus disease 2019 (COVID-19), electroencephalogram (EEG), Interleukin (IL), Kainic acid (KA), Magnetic Resonance Imaging (MRI), Middle East respiratory syndrome coronavirus (MERS-CoV), monocyte Chemoattractant Protein-1(MCP-1), N-methyl-D-aspartate receptor (NMDA), novel coronavirus (2019-nCoV), polymerase chain reaction (PCR), porcine haemagglutinating encephalomyelitis (HEV67), Preferred Reporting Items for Systematic Review and Meta-Analysis (PRISMA), reticuloendothelial system (RE), Ribonucleic Acid (RNA), Severe acute respiratory syndrome coronavirus-2(SARS-CoV-2), status epilepticus (SE), Tick-borne encephalitis virus (TBEV), Zika virus (ZIKV)

Authors' contribution

- a. Study planning: BR
- b. Literature search: BR, IB
- c. Manuscript writing: BR, IB
- d. Manuscript revision: BR, IB
- e. Final approval: BR, IB
- f. Agreement to be accountable for all aspects of the work: BR, IB

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Competing interests

None declared.

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