## MESSAGE FROM EDITORIAL DESK

The concept of a Journal of Chitwan Medical College (JCMC) has been developing for over few years and finally another issue has come to fruition. From this edition we will have ISSN in our publication. The Chitwan Medical College is grateful to the contributors for making this Journal a reality. The Editorial Board is represented by members of CMC with support and contributions from all the medical fraternities. In time, the JCMC will become a recognized forum for learning and exchange of ideas by and for medical professionals in Nepal and abroad.

The aim of JCMC is to increase the visibility and ease of use of open access scientific and scholarly articles thereby promoting their increased usage and impact. Hence, JCMC grants the permission to read, download, copy, distribute, print, search or link to the full texts of articles available online at www.jcmc.cmc.edu.np freely. Authors do not have to pay for submission, processing or publication of articles in JCMC.

The journal gives preference to clinically oriented studies over experimental and animal studies. The Journal would publish peer-reviewed original research papers, case reports, systematic reviews and meta-analysis. Editorial, Guest Editorial, Viewpoint and letter to the editor are solicited by the editorial board.

I encourage the new generation of Healthcare Professionals to create and publish new research data in this journal and adopt critical thinking habits to address our health problems. This journal should also encourage international research collaborations that result in joint publications of high international standards.

Finally, I want to express my gratitude to Editorial Board for their contributions and efforts to make JCMC a reality. Thanks also to our reviewers, local, national and international, who provided invaluable peer review to ensure substandard articles, were revised appropriately or in some cases rejected. This is a major milestone for the medical fraternity in Nepal and I encourage all my colleagues in the health care sector, both public and private, to embrace and support this journal. The continuing success of this journal should give us a sense of pride and achievement. Please contribute articles to this journal in a timely manner to ensure it becomes an important forum for the exchange of medical ideas and knowledge which will ultimately translate to better health.

Regards,

Prof Dr Harish Chandra Neupane

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**Editor in Chief**