Amoxicillin Induced Behavioral Neurotoxicity and Histopathological Changes in Organs of Albino Rats

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ABSTRACT
Background: There are various adverse drug reactions of penicillin. Neurotoxicity is attracting the attention of researchers all over the world. It also affects other organs like liver, kidney, heart and testes.

Methods: The study was conducted at pharmacy and pharmacology department of Gandaki Medical College (GMC) from January till April, 2018. Albino rats were divided six each in test and control group. Tests were administered amoxicillin 90mg/kg/d and control with distilled water for 10 days. After 10 days, rats were tested for neurotoxicity with Rota-rod (RR) and modified forced swim test (MFST). They were then sacrificed under anesthesia, organs were dissected and sent for histopathological investigation.

Results: The latency to fall from RR apparatus decreased (150.9s) in test rats than control (8.2). In MFST, immobility time was increased than control. Swimming time (ST) was decreased and climbing time (CT) was not significantly altered in test rats than control. Brain of test rats (TR) showed shrunken neurons surrounded by perineuronal vacuolations, liver and kidney showed degenerative changes. Vacuolations and pyknotic cells were seen in spermatogenic cells.

Conclusions: Neurotoxic effects were seen in TR which recommends regulation of the administration of high dose of penicillin.

Keywords: Neurotoxic effects; amoxicillin; histopathology; Modified Forced Swim Test; Rotarod test.

INTRODUCTION
Antibiotics are lifesaving drugs in infections. They are categorized broadly into cell wall inhibitors, protein synthesis inhibitors and enzyme inhibitors. Amoxicillin belongs to cell wall inhibitors group of antibiotics. It is one of the widely prescribed antibiotics. It has adverse effects like diarrhea, hepatotoxicity and hypersensitivity. Along with these, recent findings have presented various effects in brain, heart, kidney and testes. Neurotoxic effects like depression, confusion, disorientation, somnolence, twitching, myoclonus, generalized tonic clonic seizures, status epileptics were evidenced in different studies. The first three are well known adverse events whereas neurotoxicity is the recent finding.

Histopathologically, brain cells show pyknotic nuclei with perineuronal vacuolations, hepatocytes depict hemorrhages and renal tubules show degeneration. In the tests, there is the reduction in spermatogenesis. On administration of the drug for 10 to 14 days in high dose, these adverse effects are more prominent. This study evaluates the neurotoxic adverse effects of amoxicillin like epilepsy and depression in albino rats. The histopathological changes in the organs after the administration of the drug were studied.

METHODS
This study was conducted at the pharmacy, pharmacology and pathology department of GMC in the period of four months from January till April, 2018. Six test and six control albino rats of 200 to 220gm weight were the subjects of study. They were purchased from Department of Plant Resources, Kathmandu, Nepal. They were kept under 12h day and 12h night cycle. Temperature was (25 ± 3) °C with relative humidity of 50% ± 15%. Amoxicillin was administered at the dose of 90mg/kg/d. It was administered once daily through oral gavage at 10 am for 10 days. Food and water were provided ad libitum.

Rotarod test was done to observe the neuromuscular control. This apparatus was manufactured by Indosati, Scientific Lab Equipment. Laboratory animals, like rat grasp the rod firmly with their paws. As rod rotates, latency to fall from rotating rod was noted. Revolutions were set at 5rev/min.

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MFST apparatus was purchased from Indosati, Scientific Lab Equipments. This test was first described by Porsolt. It was conducted to observe depression in laboratory animals like rat, mice. It consisted of plexiglass measuring 50 cm in height and a diameter of 20 cm. Water at room temperature is kept till 45mm depth. Pre-training trial was conducted for 24 hours before test trial. Rat was allowed to swim for five minutes each in both trials. Climbing, swimming and immobility times were noted in a five minutes’ time. Climbing means state where quick movements of the forelimbs are observed such that the front paws break the surface of the water.

Swimming means if movement of forelimbs or hind limbs in a paddling fashion is observed. Immobility means the floating with the absence of any movement except for those necessary for keeping the nose above water. After 24 hours of last administration of AMX, training sessions were conducted for RR and MFST. Then, rats were sacrificed under diazepam and ketamine anesthesia. Dissection was done with universal precautions. Samples of brain, two kidneys, two testes and all lobes of liver were collected and kept in phosphate buffer to transport to histopathology lab. The samples were then fixed with 10% formalin solution. They were cut into 4–5 µm thick sections and slides prepared with hematoxylin and eosin stain. Microscopic studies were done under high power field.

RESULTS
The test rats suffered from chronic diarrhea after 2nd day of administration of medication till sacrifice. The latency to fall from RR apparatus decreased significantly in test rats than control. In MFST, immobility time was significantly increased than control. Swimming time was decreased significantly and CT was not significantly altered in test rats than control (Table 1).

<table>
<thead>
<tr>
<th>Variable</th>
<th>Study group</th>
<th>Mean (seconds)</th>
<th>SD</th>
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<td>10</td>
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<td>9.31</td>
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<td>Control</td>
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<td>Immobility</td>
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<td>40</td>
<td>4.47</td>
<td>10</td>
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<td>Test</td>
<td>155.67</td>
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Histopathological changes
Histopathological investigation of liver of control rats showed normal picture. Test rats showed degenerated hepatocytes and extravasation of RBC. Brain of CR showed cortical arrangement of neurons and that of TR showed shrunken neurons surrounded by perineuronal vacuolations. Testes of CRs picturized normal spermatocytes and spermatogenesis. TRs were having mild degenerative changes in the spermatogenic cells. There were vacuolations and pyknotic cells. The glomerulus, urinary space, Bowman's capsule, proximal and distal convoluted tubules were normal in histopathology of control rats. In test rats, there were severe degenerative changes in the glomerulus and widening of urinary space with hemorrhage between tubules. The histopathological changes are shown in pictures from Figure no. 3 to 6. The figures 3a, 4a, 5a and 6a are from the control rats and those of 3b, 4b, 5b and 6b are from the test rats.

DISCUSSION
Amoxicillin brought several changes in various organs of albino rats in our study. This suggested the careful usage of the antibiotic and the monitoring of dosage and limitation of prescription.
Figure 3b. Degenerated hepatocytes with extravasation of RBCs.

Figure 4a. Normal neurons and nuclei.

Figure 4b. Shrunken nuclei and perineuronal vacuolation.

Figure 5a. Normal spermatogenic cells.

Figure 5b. Mild degenerative changes in the spermatogenic cells, vacuolation and pyknotic cells.

Figure 6a. Normal tubules with urinary space.

Figure 6b. Degenerative changes in glomerulus and widening of urinary space with hemorrhage between tubules.
for long duration. Diarrhea is one of the adverse effects of amoxicillin. It is due to suppression of normal flora of gut.\(^1\) Rotarod test was discovered to check motor coordination in laboratory animals.\(^13\) The falling time from RR apparatus was decreased in test rats due to motor incoordination in test rats. In epileptic rats, motor coordination was weak. This decreased grasp of rats to rod and decreased fall time. In our study, falling off time was decreased in test rats than control similar to other studies.\(^12\)

The β-lactam ring structure shares structural similarities with GABA. AMX interferes with GABA action and reduces GABA mediated inhibition of inward chloride current. This results in enhanced excitatory neurotransmission which predisposes to epileptiform discharges.\(^10,13\) Epileptogenic properties of AMX was first described by Johnson and Walker in 1945 AD.\(^16–20\)

Increase in IT and decrease in ST indicated depressive behavior in test rats. Depressive rats had decreased fear of drowning. So, they didn’t swim and remained immobile in water for longer time. CT was not significantly altered in both groups. Finding of study done by Atli et al.\(^7\) suggested that serotonin level was decreased in AMX treated rats.

Serotonergic system was responsible for swimming behavior. Whereas, climbing time was same as dopamine and noradrenaline level wasn’t significantly altered.

Liver enzymes were increased due to pathologic changes in liver.\(^22\) TRs showed degenerated hepatocytes due to drug injury. Drug induced liver injury is one of the major problems with antibiotics.\(^23\) AMX forms hepatocellular lesions. These lesions progresses to cirrhosis in its severe form.\(^24\) There was extravasation of RBCs. The brain showed shrunken neurons surrounded by perineuronal vacuolations. Testes were having mild degenerative changes in the spermatogenic cells. There were vacuolations and pyknotic cells. There were severe degenerative changes in glomerulus and widening of urinary space with hemorrhage between tubules. These findings were similar to finding obtained by Fahmy et al. in Egypt.\(^11\)

CONCLUSIONS

Amoxicillin had shown neurotoxic effects like convulsion and depression in albino rats. The effects in testes as well as other organs were also seen. Therefore, it needs special precautions when prescribing.

REFERENCES

16. Walker AE, Johnson HC, Kollros JJ. Penicillin convulsions: the convulsive effects of penicillin


