SHORT COMMUNICATION

J. Food Sci. Technol. Nepal, Vol. 11 (74 - 78), 2019

ISSN: 1816-0727

Journal of Food Science and Technology Nepal (JFSTN): Past, Present and Future NAWA RAJ DAHAL*

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Journal of Food Science and Technology Nepal (JFSTN) is one of the major publications of Nepal Food Scientists and Technologists (NEFOSTA). In the history of its 35 years (from 1984) of formation of NEFOSTA, JFSTN had begun to publish from twenty years (from 2005) and upto the present year of 2019; eleven issues of JFSTN (Volume 1, 2005 to Volume 11, 2019) have already been published and altogether 190 articles of different types (Review articles 39, Research papers 102, Research notes 42,view point 1 and short communication 6) from 16 different countries have been published in these eleven issues of JFSTN. This communication wishes to explore the information about the status, progress and significance as well as way forward for the publication of JFSTN with respect to the development of Food Science and Technology Sector in Nepal.

Key words: NEFOSTA, JFSTN, Review article, Research paper, Food Technology, Nepal

Introduction

Nepal Food Scientists and Technologists Association (NEFOSTA) is solely an autonomous, professional and non-profit making organization of all Nepalese Food Scientists and Technologists formally founded in 1984 in Dharan and later on in 1990 legally registered at CDO office, Kathmandu with Regd, no 224/047-48. It is a professional association of Food Scientists and Technologists with ultimate objective of professional development on Food Science and Technology through innovative ideas and knowledge with continuous advocacy and awareness of this sector. In this regard, NEFOSTA has set the vision of well-developed agro based food industries for better economic prosperity of Nepal as well as increased supply of safe and nutritious food for healthy and active life of Nepalese Citizens.

Publication of Journal of Food Science and Technology Nepal (JFSTN) is one of the major activities of Nepal Technologists Association Food Scientists and (NEFOSTA). In the history of its 35 years from its formation in 1984, JFSTN had begun to publish from twenty years of age (from 2005) and at this moment; eleven issues of JFSTN (Volume 1, 2005 to Volume 11, 2019) have been published. JFSTN is devoted to Research and Development contributions in all branches of Food Science and Technology is an annual publication of NEFOSTA. JFSTN publishes five different types of papers viz(a) Review articles on specific topics of higher utility and current trends (b) Research papers (c) Research notes (d) Viewpoints and (e) Short Communications. From the period of its existence, JFSTN begun to earn its reputation and respect from national and international level. JFSTN is helping many professionals of Food Science and Technology to get their Master's and Ph.D. Degree since publication is must to have Ph.D. Degree and also must to have Master Degree in some of the countries (like China). In addition, publication of paper in JFSTN is also helping professionalsget scholarship abroad to have their academic degrees. There is also an international practice to evaluate the performance of professionals by the number of his/her publication (and

the impact factor of the journal where the paper is published) rather than academic degrees only.

Recognition of JFSTN by ISSN and NEPJOL

In order to recognize the identity of JFSTN at the international level, the process of registration at ISSN (International Standard Serial Number) office situated in France was proceeded in 2005 and JFSTN had been able to register with ISSN 1816-0727 at July 20, 2005 completing the process of evaluation of First issue of JFSTN i.e. Vol 1, 2005.

NEPJOL, Nepal Journal Network, is the network established by Trivuwan University (TU), Kirtipurso as to explore all of the journals published in Nepal in the website www.nepjol.info. JFSTN had been able to register in NEPJOL at June 8, 2009 and professionals from any corner of the world can access the content of the JFSTN. An agreement was made by TU and NEFOSTA for the inclusion of JFSTN within the NEPJOL. From 2016, JFSTN is being published online including online submission of manuscript and online review process. Nefosta 14th EC (in 2019) uploaded JFSTN Vol 1, Vol 2, Vol 3 and Vol 5 (which were missed to upload) as well on NEPJOL. At present, all issues of JFSTN can be accessed in soft copy via NEPJOL.

Status of paper published in JFSTN

Journal of Food Science and Technology Nepal (JFSTN) had begun to publish from 2005 and at present (2019), altogether 190 articles of different types (Review articles 39, Research papers 102, Research notes 42, viewpoint 1 and short communications 6) are published in eleven issues of JFSTN; the details is given in Table 1.

On analyzing the status of JFSTN, it is clear that eleven issues are already published and altogether 190 articles are published from 16 different countries, the counties contributing papers are Australia, Bangladesh, Belgium, Burundi, Canada, China, India, Israel, Japan, Nepal, Nigeria, Pakistan, Spain, Srilanka, Thailand and USA (Table 1).

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Table 1

Status of Type of Papers published in JFSTN (2005 to 2019)

ISSUE	YEAR	Review	Research	Research	View	Short	Total	Total	Countries Contributed
		Articles	Papers	Notes	Points	Com.	Articles	Pages	
JFSTN 1	2005	6	2	4			12	72	Australia, China, Nepal (3)
JFSTN 2	2006	8	16	3			27	136	Australia, China, India, Japan, Nepal, Nigeria, (6)
JFSTN 3	2007	7	12	1			20	134	Australia, China, India, Japan, Nepal, Nigeria (6)
JFSTN 4	2008	3	7	7			17	79	Australia, Bangladesh, China, India, Japan, Nepal, Srilanka (7)
JFSTN 5	2009	4	11	8	1	1	25	164	Australia, Belgium, China, India, Nepal, Srilanka, Thailand (7)
JFSTN 6	2010	3	12	5		1	21	132	Australia, Japan, Thailand, India, Burundi, Srilanka, Nepal (7)
JFSTN 7	2012	3	11	5		2	20	120	Australia, Belgium, Srilanka, Japan, Israel, Spain, Canada, India, Thailand, China, Nepal (11)
JFSTN 8	2013	1	12	2			16	88	Bangladesh, India, Nepal (3)
JFSTN 9	2016	1	5	5			11	96	Thailand, Srilanka, Nigeria, Nepal (4)
JFSTN 10	2018	1	8			1	10	58	Australia, Nigeria, Nepal (3)
JFSTN 11	2019	2	6	2		1	11	78	Australia, Bangladesh, China, Nigeria, Nepal, Pakistan, Thailand, USA (8)
Overall		39	102	42	1	6	190	1157	16

Initially, it was planned to publish JFSTN annually, however JFSTN couldn't be published in the year of 2011, 2014, 2015, and 2017. Target issue, year of publication and responsible editors of JFSTN including tenure of NEFOSTA with Presidents and General Secretaries are given in Table 2.

Workshop on Preparation of Manuscript

In order to encourage the professional of Food Science and Technology for preparing manuscript from their Research and Development (R&D) activities (Thesis, Dissertations etc), and to encourage them for publication of those articles in scientific journals targeting Journal of Food Science and Technology, Nepal (JFSTN),

NEFOSTA 14th EC (2018-2020) in collaboration with Department of Food Technology and Quality Control (DFTQC) organized three workshops programs in three major cities (Dhulikhel, Dharan and Pokhara) including 69 participants from 13 different Food Technology colleges all over the country.

First workshop was organized at Dhulikhel (2 days Residential workshop at Hotel Mount Princess), Kavre on 30 and 31 May, 2019 and participants from five different colleges situated in Kathmandu valley participated the workshop, total 22 participants were participated this workshop (Table 3).

Table 2Target issue and Publication Status of JFSTN

Target	Published	YEAR	Editor in Chief	Executive Editor	President	General Secretary
Issue	Issue					
1	JFSTN 1	2005	Ganesh Dawadi	Nawa Raj Dahal	Jagat Bahadur KC	Chandra Prasad
2	JFSTN 2	2006	Ganesh Dawadi	Nawa Raj Dahal	8 th EC (2004-2006)	Neupane
3	JFSTN 3	2007	Ganesh Dawadi	Nawa Raj Dahal	•	8 th EC (2004-2006)
4	JFSTN 4	2008	Ganesh Dawadi	Nawa Raj Dahal	DilipSubba	Megh Raj Bhandari
5	JFSTN 5	2009	Ganesh Dawadi	Nawa Raj Dahal	9 th EC (2008-2010)	9 th EC (2008-2010)
6	JFSTN 6	2010	Ganesh Dawadi	Krishna Prasad Rai	Uttam Kumar Bhattarai	Megh Raj Bhandari
7		2011	Ganesh Dawadi	Krishna Prasad Rai	1oth EC (2010-2012)	1oth EC (2010-2012)
8	JFSTN 7	2012	Ganesh Dawadi	Krishna Prasad Rai	-	
9	JFSTN 8	2013	Ganga Kharel		JiwanPrava Lama	Krishna Prasad Rai
10		2014	Ganga Kharel		11th EC (2012-2014)	11th EC (2012-2014)
11		2015	Krishna Prasad Rai		Tirtha Prasad Adhikary	HariharGuragain
12	JFSTN 9	2016	Krishna PrasadRai		12th EC (2014-2016)	12th EC (2014-2016)
13		2017	DilipSubba		JiwanPrava Lama	AtulUpadhyay
14	JFSTN 10	2018	DilipSubba		13th EC (2016-2018)	13th EC (2016-2018)
15	JFSTN 11	2019	Nawa Raj Dahal	Santosh Dhakal	NawarajUpadhyaya	Rajendra Pd. Adhikary
			-		14th EC (2019-2020)	14th EC (2019-2020)

Table 3

First workshop on Manuscript Preparation (30 and 31 May, 2019 at Dhulikhel)

SN	Participants	Colleges	Email
1	Sumi Regmi	Padmashree international college, Kathmndu	sumiregmi3@gmail.com
2	Aastha Shrestha	Padmashree international college, Kathmndu	khaastha@gmail.com
3	Prakriti dhakal	Padmashree international college, Kathmndu	prakritidhakal6@gmail.com
4	BinitaSubedi	Padmashree international college, Kathmndu	subedibinita2051@gmail.com
5	PrakritiKhanal	College of Applied Food and Dairy Technology, Ktm	prakritikhanal@gmail.com
6	SijonKoirala	College of Applied Food and Dairy Technology, Ktm	czankoirala.ck@gmail.com
7	Raj Kumar Khadka	College of Applied Food and Dairy Technology, Ktm	happyraj2050@gmail.com
8	SanjayaKarki	College of Applied Food and Dairy Technology, Ktm	karkisanjaya75@gmail.com
9	AnishaPaudel	College of Applied Food and Dairy Technology, Ktm	poudelanu2055@gmail.com
10	Priyanka Khanal	Lalitpur Valley College, Lalitpur	khanalpriyanka2@gmail.com
11	RabinaAwale	Lalitpur Valley College, Lalitpur	rabina817@gmail.com
12	AbushuyaGuragain	Golden Gate International College, Kathmandu	Anushuyaguragain@gmail.com
13	Prabesh Acharya	Golden Gate International College, Kathmandu	acharyaprabesh@gmail.com
14	SubidhyaRupakheti	Golden Gate International College, Kathmandu	Subidhyarupakheti90@gmail.com
15	Nishma Shrestha	Golden Gate International College, Kathmandu	nishmasth009@gmail.com
16	NamunaNeupane	Golden Gate International College, Kathmandu	neupanenamuna@gmail.com
17	Mamata Dhakal	National College of Food Science and Technology, Ktm	mamatadhakal50@gmail.com
18	Krishikashrestha	National College of Food Science and Technology, Ktm	shresthakrishika@gmail.com
19	AsminaKunwar	National College of Food Science and Technology, Ktm	asminakunwar12@gmail.com
20	PrativaUpadhyay	National College of Food Science and Technology, Ktm	uprativa@gmail.com
21	BijayBhattarai	National College of Food Science and Technology, Ktm	bijaybhattarai21@gmail.com
22	Pratiksha Shrestha	National College of Food Science and Technology, Ktm	pratikshaa_stha@yahoo.com

Similarly, second workshop was organized at Dharan (Gorkha Departmental Store) on 10 and 11 June, 2019 and participants from six different colleges situated at eastern development region participated, total 23 participants were participated this workshop (Table 4).

Similarly, third workshop was organized at Pokhara (Hotel Legacy) on 17 and 18 June, 2019 and participants from western development region participated, total 24 participants were participated this workshop (Table 5).

In these three workshops, different topics related to theoretical and practical aspects on manuscript preparation were covered. The classes conducted were on Theoretical Aspects of manuscript Preparation from Dissertations, Preparation of Research Proposal, Experimental Design, Manuscript Preparation, General Framework and Important Considerations, Theoretical and Practical Aspects of Statistical Analysis for Preparation of manuscript, Research Design Techniques, Guidelines for Author and Online Manuscript Submission Technique.

Table 4Second workshop on Manuscript Preparation (10 and 11 June, 2019 at Dharan)

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SN	Participants	Colleges	Email
1	SamipSashiPande	Dharan Multiple Campus, Dharan	samipandey108@gmail.com
2	Alisha Bista	Dharan Multiple Campus, Dharan	Alisabista531@gmail.com
3	SaritaBimali	Dharan Multiple Campus, Dharan	sarita.biamali1@gmail.com
4	SamikshyaRayamajhi	Nilgiri College, Itahari	anaraya147@gmail.com
5	Rusha Niraula	Nilgiri College, Itahari	rusha.niraula2017@gmail.com
6	Anjana Shrestha	Central Campus of Technology, Dharan	anjanashrestha71@gmail.com
7	Nabindra Shrestha	Central Campus of Technology, Dharan	sthanabindra@gmail.com
8	Shraddha Khanal	Central Department of Food Technology, Dharan	kshraddha1111@gmail.com
9	SangenRuma Rai	Central Department of Food Technology, Dharan	senmingrai@gmail.com
10	NirajPaudel	Central Department of Food Technology, Dharan	pdlniraz@gmail.com
11	Dinesh Subedi	Central Department of Food Technology, Dharan	subedinesh@gmail.com
12	Tanka Bhattarai	Central Department of Food Technology, Dharan	tankabhattarai55@gmail.com
13	AbinaGhale	Central Department of Food Technology, Dharan	abinaghale11@gmail.com
14	TulasaDahal	Central Department of Food Technology, Dharan	Tulasa.Dahal401@gmail.com
15	DimpeshDhungel	Central Department of Food Technology, Dharan	agastidhungel75@gmail.com
16	Grishal Sharma	Central Department of Food Technology, Dharan	grsharma7@gmail.com
17	Krishna Chalise	Central Department of Food Technology, Dharan	chalisekrishna69@gmail.com
18	Sanjaya Chaudhary	Central Department of Food Technology, Dharan	chaudharysanzay@gmail.com
19	Hemant Gautam	Birat Multiple Campus, Biratnagar	hemgau@gmail.com
20	HemantaNeupane	Sunsari Technical College, Dharan	h2.hemanta@gmail.com
21	Rabin Pyakurel	Sunsari Technical College, Dharan	rabin223344@gmail.com
22	KeshavTamang	Sunsari Technical College, Dharan	keshavtamang75@gmail.com
23	Shristy Shrestha	Sunsari Technical College, Dharan	shristii.stha@gmail.com
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Table 5

Third workshop on Manuscript Preparation (17 and 18 June, 2019 at Pokhara)

SN	Participants	Colleges	Email
1	BikashRanabhat	PokharaBigyantathaPrabidhi Campus, Pokhara	bikashofficial10@gmail.com
2	PratikshyaPokhrel	PokharaBigyantathaPrabidhi Campus, Pokhara	pratikshyapokhrel13@gmail.com
3	LaxmiAdhikari	PokharaBigyantathaPrabidhi Campus, Pokhara	laxmiadhikari996@gmail.com
4	Sanjaya Acharya	PokharaBigyantathaPrabidhi Campus, Pokhara	acharyasanjaya920@gmail.com
5	SarojRanabhat	PokharaBigyantathaPrabidhi Campus, Pokhara	mesarojranabhat@gmail.com
6	Ramesh Raj Acharya	PokharaBigyantathaPrabidhi Campus, Pokhara	ranges777@gmail.com
7	Sunil Bhandari	PokharaBigyantathaPrabidhi Campus, Pokhara	sunilbhandari169@gmail.com
8	Naresh Khanal	PokharaBigyantathaPrabidhi Campus, Pokhara	khanalnaresh1989@gmail.com
9	SanjayaKhadka	PokharaBigyantathaPrabidhi Campus, Pokhara	paroyaye@gmail.com
10	Poonam Gupta	PokharaBigyantathaPrabidhi Campus, Pokhara	poonamcfst@gmail.com
11	Deewa Bhandari	PokharaBigyantathaPrabidhi Campus, Pokhara	deewabhandari03@gmail.com
12	Sabina Sunar	PokharaBigyantathaPrabidhi Campus, Pokhara	ranusanibas3456@gmail.com
13	BijayaLamichhane	PokharaBigyantathaPrabidhi Campus, Pokhara	bijayalc44@gmail.com
14	Sujan Mani Dahal	PokharaBigyantathaPrabidhi Campus, Pokhara	dsujanmani@gmail.com
15	Anita Malla	PokharaBigyantathaPrabidhi Campus, Pokhara	anitamalla24@gmail.com
16	Jyoti Acharya	Nagarik College, Nawalparasi	ftjyotiacharya@gmail.com
17	Sandesh Lamichhane	Nagarik College, Nawalparasi	Sandeshlamichhane10@gmail.com
18	Prabin KC	Nagarik College, Nawalparasi	prabinkc4626@gmail.com
19	Biswas Prasad Poudel	Nagarik College, Nawalparasi	shankybelief@gmail.com
20	Shreejana Chaudhary	Nagarik College, Nawalparasi	shrijana965@gmail.com
21	Shrijana Tiwari	Nagarik College, Nawalparasi	srijanatiwari34@gmail.com
22	Binita Basnet	Nagarik College, Nawalparasi	basnet.binu@gmail.com
23	LaxmiKandel	Nagarik College, Nawalparasi	laxmikandel28@gmail.com
24	AnjeelaRegmi	Nagarik College, Nawalparasi	anjeela4@gmail.com

The trainers were Mr. Nawa Raj Dahal (DFTQC), Dr. Alok Shrestha (GoldenGate International College), Dr. Santosh Dhakal (DFTQC), Mr. Santosh Dahal (DFTQC), Mr. Abhisekh Khadka (YPARD, Nepal), Dr. Balkumari Sharma (Ministry of Agriculture and Livestock Development), Mr. Bijan Shrestha (DFTQC) and Mr. Nirat Katuwal (FTQCO, Biratnagar). It was expected that all the participants would be able to prepare manuscripts from their thesis/dissertations and would be able to publish the outcome of their research in scientific journals.

Compilation of JFSTN (Vol 1, 2005 to Vol 10, 2018)

In order to fulfill the demand of providing all publications of JFSTN, NEFOSTA 14th EC compiled all ten issues of JFSTN and the compiled Book was provided to Food Technology Colleges including NEFOSTA and DFTQC for Library Purposes (Table 6).

NEFOSTA provided this compilation during the Closing Ceremony of Workshop Conducted on Manuscript Preparation (as per Table 3, 4 and 5) to the respective college coordinator. It is expected that students and teachers as well as other R&D professionals would be benefited from articles published in JFSTN.The compilation contains 179 articles (37 Review Articles, 96 Research Papers, 40 Research Notes, 1 Viewpoint and 6 Short Communications) in the various field of Food Science and Technology from pages from 14 different countries (Australia, Bangladesh, Belgium, Burundi, Canada, China, India, Israel, Japan, Nepal, Nigeria, Spain, Srilanka and Thailand). The compiled book contains total 1079 article pages and all total 1139 pages including preface and content pages.

Table 6
Institutions received Compiled IESTN

histitutions received Compiled JFSTN					
SN	Colleges				
1	Dharan Multiple Campus, Dharan				
2	Nilgiri College, Itahari				
3	Central Campus of Technology, Dharan				
4	Central Department of Food Technology, Dharan				
5	Birat Multiple Campus, Biratnagar				
6	Sunsari Technical College, Dharan				
7	Padmashree international college, Kathmndu				
8	College of Applied Food and Dairy Technology, Ktm				
9	Lalitpur Valley College, Lalitpur				
10	Golden Gate International College, Kathmandu				
11	National College of Food Science and Technology, Ktm				
12	PokharaBigyantathaPrabidhi Campus, Pokhara				
13	Nagarik College, Nawalparasi				
14	NEFOSTA OFFICE, Babarmahal, Kathmandu				
15	DFTQC, Babarmahal, Kathmandu				

Way Forward

It was planned to publish JFSTN on annual basis and first six volumes were also published as planned each year too. However, JFSTN couldn't be published on annual basis from the year of 2011; year 2014, 2015 and 2017 also missed its publication. Based on this experience, it is realized that continuation and sustainability of JFSTN has now demanded the following aspects to be considered by respective professionals and institutions with high priority.

Policy Reformation

JFSTN now earned its reputation and respect from national and international level. JFSTN is also helping many professionals of Food Science and Technology to get their Master's and Ph.D. Degree since publication is

mandatory to have Ph.D. Degree and also must to have Master Degree in some of the countries (like China). In addition, publication of paper in JFSTN is also helping professionals to get scholarship abroad for further studies. There is also an international practice to evaluate the performance of professionals by the number of his/her publication (and the impact factor of the journal where the paper is published) rather than academic degrees only. Based on this fact, Academic Institutions may formulate the policy of getting at least one publication by the student based on his/her research carried out to pursue Master's Degree (if possible at least a research note or brief review paper for Four Years Bachelors Degree too) mandatorily. This type of regulations is already established in some countries like China for Master Degree. Similarly Academic Institutions as well as Government Research and Development Institutions may also establish the regulation of performance evaluation of academic professionals based on their publication status either for promotion or for other means. These two policy reformations which are also academic and scientific approaches if followed by respective institutions, will also indirectly support for the publication of JFSTN on annual basis.

Publication Leadership from Academic Sector

On analysing the publication history of JFSTN, it is recorded that editorial leadership (Editor in chief, Executive Editor and other editors) is being provided from the professionals working out of direct academic institutions. Since publication of JFSTN is highly relevent to academic task, continuation of publication of JFSTN would be more sustainable and more relevant if its leadership would be taken by the professionals directly involved in Academic Institutions.

Submission of manuscript to JFSTN

Professionals related to Food Science and Technology are requested to submit their original manuscript (both online submission in Nepjol and email Submission to Editorial board) of review articles, research papers, viewpoints and short communications.

- Online submission: In case of online submission, please follow authors guidelines for submission of online manuscript submission which is uploaded on Nefosta website: nefosta.org.np
- Email Submission: In case of email submission. please email to ifstn@nefosta.org.np. Contributors are requested to follow Guidelines for Authors critically while preparing their manuscripts. Guideline for Author is available in NEFOSTA website: nefosta.org.np

Any further clarification or confusion regarding the preparation of manuscript and publication can also be addressed to editorial board of JFSTN.

Contact address for subscription of JFSTN and for other details

For subscription of JFSTN and other particulars, contact address is as follows.

The General Secretary, Nepal Food Scientists and Technologists Association (NEFOSTA) C/O Department of Food Technology and Quality Control, Kathmandu, Nepal. Phone: 00977-1-4256624, 00977-1-4262369; Fax: 00977-1-4- 262337, Email: info@nefosta.org.np.

Concluding remarks

In the history of 35 years of establishment of NEFOSTA, the activity of publication of JFSTN started from 2005 and at the end of thirty five years, eleven issues of JFSTN have been published. At this moment (2019), altogether 190 articles of different types (Review articles 39, Research papers 102, Research notes 42, view point 1 and short communication 6) as contributed by professionals from 16 different countries are published in these eleven issues of JFSTN. In this period, JFSTN has earned good reputation and scientific forum as well as received good appreciation from the respective professionals and related institutions. Of course, publication of journal is a challenging task but it has opened the tremendous opportunities to professionals and institutions to exchange and disseminate the developed knowledge on Food Science and Technology both at the national and international level. Continuity of the publication of JFSTN is great success of NEFOSTA to achieve its objective. It is expected to continue publishing as well as improving the quality of this journal regularly and concerned professionals are kindly requested for providing valuable feedbacks and suggestions with support for continuity and sustainability of JFSTN.

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