

An Official Publication of Kathmandu Medical College

Indexed, Peer-Reviewed, Open-Access, Quarterly, Medical Journal

Volume 10 · Number 4 · Issue 38 · October-December 2021

Editor-in-Chief

Abhinav Vaidya

Managing Editor

Sujaya Gupta

Deputy Managing Editor

Ashik Rajak

Scientific Editors

Arbin Shakva Deepak Kumar Roy Dhiresh Kumar Maharjan Naresh Manandhar Natalia Oli Pratibha Khanal

Publication Editors

Jenash Acharya Narayani Paudel Sanjaya Mani Dixit Subij Shakya

Chief Editor Emeritus

Manindra Ranjan Baral

Patron

Sunil Kumar Sharma, Chairman Ratindra Nath Shrestha, Principal

Submission of Manuscripts

Manuscripts are to be submitted via the submission portal on the journal website after registering an account. Please visit https://www.jkmc.com.np for more detailed information for submitting manuscripts.

Contact

Office of Journal of Kathmandu Medical College, Kathmandu Medical College, 184 Baburam Marg, Sinamangal, Kathmandu, Nepal. P.O. Box: 21266, Kathmandu, Nepal.

Email: editor@jkmc.com.np

Phone: +977-1-4469064; Fax: +977-1-4477920.

Design and Print

Aman Shrestha

Web Design

Puffy Clouds Design House https://puffycloudsdh.com

Disclaimer: The ideas and opinions expressed by authors or articles summarised, quoted, or published in full text in this journal represent only the opinions of the authors and do not necessarily reflect the official policy of Journal of Kathmandu Medical College or the institute with which the author(s) is/are affiliated, unless so specified. Neither JKMC Editorial Board nor Kathmandu Medical College shall be held responsible, under any circumstances, for any loss or harm due to information provided in JKMC.

Copyright © 2021 by Kathmandu Medical College









Editorial

EditorialPromote nationalGupta S	al journals for increased visibility of your research	167-170
-	y among school children of Pokhara valley el R, Tuladhar S, Joshi K, Singh P	171-174
•	caregivers of geriatric people in Kavrepalanchok district, Nepal Shrestha S, Risal A, Kunwar D, Manandhar K	175-180
panoramic radio	n of mandibular foramen for inferior alveolar nerve block in children: A digital graphic study udyal S, Mahanta SK, Bali H, Luitel A, Niroula D	181-187
-	patient satisfaction after implementing an Enhanced Recovery RAS) protocol for elective Caesarean sections	188-193
COVID-19 pande	oducts and dietary supplements and its perception among people during the emic estha MV, Bhattarai AK	194-199
	quadriceps strength among patients of Dhulikhel hospital following ligament reconstruction: A descriptive cross-sectional study on B, Shrestha R	200-205
 Factors associate case-control stuncture Paudel N 	ted with unintended pregnancy at a tertiary hospital, Kathmandu, Nepal: A dy	206-212
	on using mesiodistal width of permanent maxillary molar Gupta SP, Chaudhary GK	213-217
	meters as a predictor of sex: A digital orthopantomogram study arya D, Koju S, Maharjan N, Saha A, Baral R	218-223
diabetes mellitus	lated haemoglobin in the first trimester in cases of gestational s a R, Maharjan S, Bhusal S	224-228
Determinants of Rai S, Malla B, U _l	infertility in couples attending maternity hospital padhyaya PC	229-232
•	alth camp at a rural set up in Nepal Basnet R, Dixit PB, Rajak A	233-239
 Viewpoint Journa Paper Mills for re Shah JN, Shah J 	esearch writing and publication: A threat to the integrity of science	240-245