It is my honor and privilege to edit Volume X-Issue II of the Medical Journal of Shree Birendra Hospital (MJSBH).

We have been receiving more and more articles over the years and since a year back we have started publishing this journal biannually. However, we are still facing difficulty getting sufficient quality articles ranging from original research articles, case reports and systematic reviews. It is not that we lack materials but need to focus on putting our clinical work on paper and start publishing. The academic atmosphere at Shree Birendra Hospital has definitely increased after being one of the PG training centre for National Academy for Medical Sciences and more so with the coming up of Nepal Army Institute of Health Sciences-college of Medicine and College of Nursing. I request all to spend a bit more time doing research works and publishing standard original articles in the forth coming issues in accordance with the MJSBH guidelines and format for which the administration is ready to provide all the support.

We need to still put much effort for MJSBH to be an indexed journal for which original and high quality contents as well as timely publications are required. I am confident that with all our efforts we can achieve this in the near future.

I would like to express my sincere thanks to all those who have contributed to this issue, specially the editorial team who have put in so much of time and effort. Many thanks also go to the pharmaceutical and medical companies for the advertisement.

Editor in Chief
Brig. Gen. Dr.Kishore JB Rana