A cohort study to assess the incidence and pattern of adverse events following immunization among pentavalent vaccine recipients in Pune

**INTRODUCTION**

Active immunization against vaccine preventable diseases have played a crucial role in bringing down the burden of these diseases and indirectly reducing the cost of medical care involved in treating these conditions and their related complications. Presently, on a programmatic basis, the universal immunization programme (UIP) in India provides free immunization services against tuberculosis, poliomyelitis, diphtheria, pertussis, tetanus, hepatitis B, measles, mumps and rubella.

The pentavalent vaccine, consisting H. Influenzae B (Hib) component in addition to DPT and Hep B is currently in vogue in private practice all across India. The introduction of this vaccine in government programme is still in conceptual stages due to a lot of debate regarding the safety of Hib component in the vaccine. Several cases of adverse events following immunization (AEFI), including deaths in the vaccinees, have been reported and are attributed to the HibB component.

Monitoring and surveillance of AEFI due to pentavalent vaccine in the UIP requires in depth analysis before it can be approved for further use. Very few prospective studies in Maharashtra have taken incidence of AEFI in pentavalent vaccine recipients as their primary research question. Hence, this study was conducted to assess the incidence of AEFI among children who received the pentavalent vaccines.

Safety monitoring of vaccines used in routine programmes on immunisation is important in all settings. As the rates of vaccine preventable diseases decrease, even minor common adverse events in children causes a lot of concern in the parents. Identification, detection, prevention and appropriate communication of adverse events following immunisation (AEFI) are therefore essential to preserve the integrity of immunisation programmes and protect public health.

To add pneumonia due to *Haemophilus Influenzae B* (Hib) to the list of vaccine preventable diseases on a national basis the pentavalent vaccine (DPT+HepB+Hib) is proposed to be used. This vaccine is in use by civilian practitioners since a decade. As a part of Universal Immunization Program, it is introduced in two states only (Kerala and Tamil Nadu), as a pilot project in Dec 2011. However, there is a lot of debate in the country about the relevance of the pentavalent vaccine in general and the Hib component in particular, in view of reports of deaths in children following immunization with the vaccine in these two states [1]. A public interest litigation (PIL) has also been filed in the Delhi High Court against the use of the vaccine by a group of eminent pediatricians [2]. This concern gains more relevance in the light of reports of deaths and severe adverse events following immunization (AEFI) due to pentavalent vaccine usage in Pakistan, Sri-Lanka and Bhutan [2, 3]. This vaccine had faced a lot of scrutiny and subsequent withdrawal from the govt programme in Sri-Lanka in 2008 [4].

For western countries where the incidence of complicated and serious Hib infections is higher compared to that in Asian countries, the use of pentavalent vaccine in routine immunization is understandable. In fact, the introduction of the pentavalent vaccine and other Hib containing vaccines have greatly reduced the annual incidence of meningitis and severe Hib pneumonia in countries like USA and Gambia [5, 6] But in Asia and the Indian sub-continent, it is believed that there is a lot of natural immunity in the children under 5 years of age owing to exposure to subclinical cases and cross-reactivity to other H.Influenzae species. As per one community based study, the incidence of complicated Hib disease in India is as low as 0.007 percent [7]. Also the efficacy of the pentavalent vaccine in comparison to separately given vaccines is low [8]. Hence, it is believed that Introduction of this vaccine in the national programme in the face of proven low incidence of invasive disease, absence of benefit from Hib vaccination demonstrated in the probe studies from Asia and the evidence of strain replacement in the West, appears to be a profligate exercise in futility [9].

DPT is an established combination vaccine used in India on a backdrop of high disease burden and adequate country specific research. And any new vaccine finds it convenient to get combined with DPT and get introduced into the markets. But combination vaccines should be introduced only after a lot of scrutiny and deliberate understanding of the ‘profit’ of single visit by parents for vaccinating against multiple diseases versus the ‘loss’ of safety and efficacy. For example, the varicella vaccine in combination with MMR was tried, but resulted in raised instances of febrile seizures in the recipients [10]. Similarly, for adults, the combination of hepatitis A with typhoid vaccine proved inefficient in comparison to both the vaccines given separately [11]. Using a combination of Hep B and Hib along with DPT thus raises further questions.

However, the argument against the anticipated apprehensions of AEFI in pentavalent vaccine recipients is that the state of Goa has been using it in state funded immunization program without any difficulty of reports of severe AEFI/deaths. Same is the case with private practitioners, but authentic data in this group is not readily available. Several studies conducted on the issue in developing countries also reflect a similar opinion [12]. The UNICEF suggests that that in remote areas with poor access to medical care, 10 per cent cases of pneumonia die [13].

In the Sri Lankan episode of 2008 mentioned earlier, a detailed investigation by the WHO revealed that no serious AEFI were attributable to the vaccine as such [4]. The non-fatal but serious AEFI like the hypotonic-hypo responsive episode (HHE) did occur, but it is an established side effect of Pertussis (whole cell), Hep B as well as Hib vaccines. In Sri Lanka, the survey concluded, in comparison to the previous four years, there had been an increased reporting of deaths temporally following vaccination in 2008. The reasons for increased reporting are unclear, but the number of deaths temporally following vaccination is not above what would be expected by chance alone based on the background neonatal and infant mortality rates. Further, the panel concluded based on its preliminary review of the "HHE-like" cases reported in Sri Lanka that although HHE was apparently unrecognized in Sri Lanka prior to the use of the liquid pentavalent vaccine, the reported cases do not show an increase above the expected reporting rate of HHE following similar vaccines.

Further, the WHO also recommends that the H. Influenzae conjugate vaccine should be included in routine immunization programmes [14]. However, some authorities believe that such a universal advocacy by the WHO for a disease which has varied epidemiological trends country-wise and without accounting for limited resources of country like India is questionable [15].

Thus the present environment in the country is reeked with lack of faith in the vaccine at the national level on one side and the advocacy of making it available to the poorer classes free of cost on the other. The surveillance and reporting of AEFI has thus become a highly relevant issue in current scenario [16].

Hence this study was conducted with the aim to assess the incidence and pattern of AEFI among pentavalent vaccine recipients in Pune and also to determine the association of AEFI, if any, with socio-cultural determinants in the infants receiving vaccines.

**METHODOLOGY**

This study was carried out over 6 months period between May 2012 to Oct 2012. This was cohort study with children receiving pentavalent vaccine (DPT + Hep B + Hib) at a tertiary care hospital in Pune as exposed group and those not receiving the pentavalent vaccine but attending the clinic for some other immunization including triple (DPT) and DPT + Hep B as non-exposed group. Both the groups were followed up telephonically after 24 hr, 48 hr and 7 days following vaccination and details of AEFI, if any, were noted as per WHO and Brighton Collaboration guidelines. [*17]*

Written and informed consent were taken from the parents prior to conducting the interviews.

**SAMPLING:** 175 children in each group were studied taking 95% level of significance, 80% power, a relative risk of 1.5% in exposed group and incidence of AEFI in non-exposed group as 30%. Convenient sampling was done; recruiting consecutive vaccinees till the sample size was achieved in each of the groups. The inclusion criteria included children who did not have any diagnosed medical illness (including fever, URTI or any other acute conditions), were sure to remain in Pune during the next one month after immunization and whose parents gave written and informed consent. Any child who was once interviewed was not included again during next visit to the centre. However, follow up questions were asked from such cases.

The vaccines used in this study were as provided by the hospital authorities and the authors did not have any control over the selection of the vaccines for individual subjects. All doses were delivered by trained nursing staff of the vaccination clinic and proper cold chain was maintained throughout.

Only those adverse events which fell into the category of ‘certain’, ‘probable’ or ‘possible’ case definitions as per WHO guidelines were included as outcomes. The parents were informed about the potential AEFI and the following were defined: fever was present if the parent was able to perceive high temperature in the child as compared to his/ her normal temperature or if temperature was > 100 degrees F as measured by thermometer, redness or swelling was present if their respective size was more than 2 cm in diameter, bowel disturbance was defined as the child developed vomiting, diarrhoea or loss of appetite and excessive crying if the child was overtly restless and crying more than his/ her normal routine.

**RESULTS**

A total of 350 children attending the vaccination centre were recruited after taking written, informed consent from their parents.

Out of these, 175 were in the exposed group whereas 175 were in non-exposed group. All children in both the groups were taken for analysis since there was no loss to follow-up. The gender distribution of the total vaccinees is as in Fig 1:

**Figure 1: Gender distribution of the study population.**

| Birth order | Frequency | Percent |
| --- | --- | --- |
| 1st | 200 | 57.1 |
| 2nd | 135 | 38.6 |
| 3rd | 15 | 4.3 |
| Total | 350 | 100.0 |

Mean age of the participants was 104 days (95% CI = 97 to 111 days). The birth order, that is whether the child was first, second or third for the parents, is as shown in table1:

**Table 1 : Birth order of the children under study.**

The age and gender distribution of the exposed and non-exposed groups is as shown in the following table:

|  | Exposed | Non exposed |
| --- | --- | --- |
| Mean age in days | 87.94 | 120.43 |
| Gender (Female)(count) | 85 | 70 |
| Gender (Male)(count) | 90 | 105 |

**Table 2 : Age and gender distribution in exposed and non-exposed groups.**

The estimated risk (RR) of fever on 1st day of follow up for the exposed group was 3.1 as compared to the non exposed group. Whereas it was 1.6 for excessive crying. Other adverse effects as reported on the 1st day of follow up by the parents of the exposed group were pain at injection site (2.9%), bowel disturbance (2.9%) and swelling at the injection site (8.6%) whereas the same were 11.4%, 8.6% and 2.9% respectively for the non-exposed group.

The estimated risk (RR) of fever on 2nd day following immunization for the exposed group was 3 as compared to the non exposed group. The same was 1.1 for excessive crying. 2.9% had swelling and 9 % had bowel disturbance on the 2nd day for the exposed group whereas the same was 0% and 3% respectively for the non exposed group.

Comparing the exposed and the non exposed groups for various related variables gave the following observations.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Fever on 1st day follow up | | | Fever on 2nd day follow up | | |
|  | Yes | No | P value | Yes | No | P value |
| Age in days (mean) | 83 | 102 | **0.010** | 89 | 87 | 0.854 |
| Birth weight (mean) | 2998 | 3075 | 0.215 | 2926 | 3040 | 0.128 |
| Present wight (mean) | 5318 | 5896 | **0.004** | 5176 | 5546 | 0.131 |
| Income (mean)\* | 5448 | 6880 | **0.045** | 3750 | 6293 | **0.003** |

**Table 3 : variables for the exposed group \* Income per head per month**

There was a significant association between the number of dose the child was getting and the occurrence of fever on 1st day follow up (p=0.042), i.e, as the number of dose increased, the incidence of fever decreased. Similar trend was also observed for fever on 2nd day follow-up (p=0.011). None of the child in the exposed group had any adverse effects on the 7h day of follow up.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Fever on 1st day follow up | | | Fever on 2nd day follow up | | |
|  | Yes | No | P value | Yes | No | P value |
| Age in days (mean) | 133 | 116 | 0.246 | 87 | 122 | 0.183 |
| Birth weight (mean) | 2974 | 2814 | 0.042 | 3500 | 2811 | **0.001** |
| Present weight ( (mean) | 7139 | 6256 | 0.063 | 6450 | 6122 | 0.089 |
| Income (mean)\* | 3800 | 3914 | 0.853 | 3000 | 3942 | 0.392 |

**Table 4 : Variables for the non exposed group. \* Income per head per month**

For the non exposed group, there was no association between the number of dose the child was getting and the occurrence of fever on 1st day follow up (p=0.099) or on the 2nd day (p=0.102). None of the child in the non exposed group had any adverse effects on the 7h day of follow up.

No association was found between mother’s or father’s education status and occurrence of adverse effects at any day of follow up in either of the groups. This study did not encounter any deaths during the 7 day follow-up period in either of the groups and at one month follow-up for the exposed group. Also, we did not observe any case of AEFI which would be classified a s ‘serious’ or requiring hospitalization out of any of the 350 children followed up.

**DISCUSSION**

This study did not find any case of death or serious AEFI with pentavalent vaccine. Though the relative risk of fever on 1st and 2nd day of follow up was higher among pentavalent vaccine recipients, this was not serious enough to warrant hospitalization in any of the child. However, the incidence of fever among the exposed group was higher for the 1st day (71%) than that found in other studies (17.4%) but it was similar on the 2nd day (17.1%).[13]

For the pentavalent vaccine recipients, the mean age and present weight were significantly lower on the 1st day follow up but no such difference was found on the 2nd day. No such differences were observed in the non exposed group. These indicators, however are not significant clinically or from a programmatic perspective since such variations are expected with any of the immunization agents. As the number of dose for the child increased, the occurrence of fever and other AEFI reduced in the exposed group but not in the non exposed group.

Other adverse events like swelling and pain at injection site and bowel disturbances were similar in both the groups on 1st and 2nd day of follow up. Also, we did not observe any adverse event at the 7th day of follow up in either of the groups.

We found that there was no association between socio-economic and education status of the parents and occurrence of AEFI in children in either of the groups.

This study shows that the safety profile of the pentavalent vaccine is acceptable and comparable to the vaccines already in use. Since no death (or ‘serious’ adverse event) was reported in this study, the attributability of the same with the vaccine could not be ascertained. Similar studies may be conducted in various cities of the country to add to the results obtained from this study. The decision on inclusion of this vaccine in national programme can be then dependant solely on the burden and incidence of H. influenza disease in community and not on the speculations regarding safety of the pentavalent vaccine.

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