



# Nepalese Journal of Ophthalmology

(A biannual peer-reviewed academic journal of the Nepal Ophthalmic Society)

## Authors' Guidelines

The Nepalese Journal of Ophthalmology (Nepal J Ophthalmol; NepJOPH) is a biannual peer-reviewed academic journal of the Nepal Ophthalmic Society (NOS).

This journal aims to provide an opportunity of sharing knowledge and experience amongst the ophthalmic professionals, as well as help disseminate findings of research and achievements in the ophthalmic field, both at home and abroad.

Original articles, short communications, case reports, review articles etc., on electronic submission are welcome from the academia. Please note that NepJOPH publishes articles under the following **types/categories/sections**.

- Editorial
- Guest Editorial (invited only)
- Original Article
- Review Article (invited)
- Case Report/ Case Series (with Literature Review)
- Brief/ Short Communication
- Obituary
- Practice Management
- Brief Review
- View Point
- Protocol
- Ophthalmology Education
- Student NepJOPH
- Letter to the Editor
- NOS News/ Activities
- Interview
- Commentaries
- Miscellaneous
- Clinical Practice
- Erratum
- Acknowledgement

Research works involving human subjects and animals should adhere to international norms and the terms of Declaration of Helsinki of the World Medical Association. Approval from the institutional/ethical review board and informed consent from the subject of study must have been obtained for all experimental studies and articles based on these studies. The NepJOPH Editorial Board may request the principal/corresponding author for providing such documents during the process of publication of the manuscript under certain circumstances. We will provide you proof pages before they are published requesting you to check the contents and the style and return back to the editorial office.

Review articles and editorial notes are sometimes invited from national and international renowned authors.

The acceptance for publication of the submitted manuscript is judged by the editorial board through anonymous peer review. The peer reviewers are acknowledged in the subsequent issues of the journal.

**Authors are advised to carefully read and comply with the instructions of journal guidelines before submitting their manuscripts.**

For publication in NepJOPH following submissions are **essential**:

1. **A cover letter with a declaration of any conflict of interest, stating that the submission has not been sent to any other journal or publishing house besides NepJOPH, and confirming the transfer of copyright to NepJOPH upon publication. Please review the "Copyright Transfer Statement" provided with the guidelines.**

- Title page containing authorship details, including signatures of all authors, along with their email addresses, phone numbers, and both online and offline correspondence addresses. It should explicitly state that no other individual(s) besides those listed as authors have any claim to authorship in the submission.** The NepJOph follows International Committee of Medical Journal Editors (ICMJE) criteria for authorship: <https://www.icmje.org/recommendations/browse/roles-and-responsibilities/defining-the-role-of-authors-and-contributors.html>. The authors should state the name of the **corresponding author** with signature, in the same order as it would appear in the final published article. **Please state in clear words that all the authors would bear full responsibility in the instance of any authorship disputes or any violation of research ethics.** Please check the website of the Committee on Publication Ethics (COPE) for further details at <https://publicationethics.org/>.
- Manuscript with author(s) name(s), affiliation(s), correspondence details, abstract, and references formatted as they would appear in the final published article. We recommend reviewing several (at least 3-4) published articles in the latest issue of NepJOph for clarity and to ensure error-free submission.
- Include an ethical clearance letter for Original Articles (and whenever relevant) and a consent form signed by the patient(s) and one or more of the authors(s) for Case Reports/Series. Please refer to the “Patient Consent Form for Case Report” provided in the guidelines.**
- A blinded copy of your manuscript along with the complete manuscript for peer-review process.

A copyright transfer agreement form, signed by the principal author and all co-authors to confirm their

consensus, must be submitted to the editorial office either through online submission or as a scanned copy of the original agreement form via email to [editor@nepjoph.org.np](mailto:editor@nepjoph.org.np) at the time of manuscript submission or before publication of the accepted manuscript. **Under certain circumstances the Editorial Board may ask for confirming signatures of the other authors as well.** The agreement form can be downloaded from the journal’s website: [www.nepjoph.org.np](http://www.nepjoph.org.np) and uploaded at the time of paper submission.

### Processing Fees

The Nepalese Journal of Ophthalmology does charge authors article submission and processing fees once their manuscript is accepted for publication.

### Instructions

#### Manuscript preparation and submission

Only those manuscripts written in scientifically correct English are eligible for review process. The Editorial Board may help with some grammatical corrections. **However, the authors requiring substantial help are encouraged to get the required assistance by the linguistic experts before submission of the manuscript.**

Commercial or proprietary interest to products or companies mentioned in or related to the subject matter of the article being submitted must be disclosed in the covering letter, which may be published at the discretion of the Editor- in Chief.

The manuscript must be submitted online using the website: [www.nepjoph.org.np](http://www.nepjoph.org.np) / <https://www.nepjol.info/index.php/NEPJOPH/>

### GENERAL INSTRUCTIONS APPLICABLE TO ALL SUBMISSIONS

The manuscripts may be written in **British (UK) English** and should be **uniform** in one submission and comply with the following guidelines:

- The main title should not exceed 15 words. If you require more than 15 words, please reach out to the NepJOph Editorial Board for assistance.
- All titles and subtitles/ subheadings should be **Bold** (Ctrl+B for MS Word in Windows).
- Font type: Times New Roman (only for convenience).
- Font-size of the main title of the article: 16 (**Title Case**) and centrally aligned (Ctrl+E for MS Word in Windows).
- List of authors should be in font-size 14, Bold (Ctrl+B for MS Word in Windows), and aligned to the right side of the document (Ctrl+R for MS Word in Windows).
- Author(s) affiliation: font-size 12 and aligned to the right side of the document (Ctrl+R for MS Word in Windows).
- Correspondence details should be in font-size 12, aligned to the right side of the document (Ctrl+R for MS Word in Windows), and should include only the name and email of the corresponding author. Subtitles or subheadings should be in font-size 12, UPPER CASE, Bold (Ctrl+B for MS Word in Windows), and aligned to the left side of the document (Ctrl+L for MS Word in Windows). The rest of the text/ content should be in font-size 12.
- Page Layout: Size should be A4.
- Line and Paragraph spacing: Set to 1.15 in MS Word.
- Alignment: Justify the alignment of the contents on both sides (Ctrl+J for MS Word in Windows).
- About three to six **Key words** (NOT Keywords or any other variant), which should preferably (not mandatory) be a **MeSH** term. Check at <https://meshb.nlm.nih.gov/> search for more information. Key words should be arranged **alphabetically**, separated by **semicolons**, and ending with a **full stop**. Only the **first letter of the first key word upper case**, rest lower case. **NO** abbreviations.
- Do **NOT** start a sentence or statement with a number. E.g., “12 months was follow-up period.” should be written as “Twelve months was follow-up period.” Please write the **single-digit numbers** (zero to nine) in **words**. E.g., 0 to 9 should be written as zero to nine, three months not 3 months. Please also avoid starting a sentence with an abbreviation. Not mandatory though. No space between greater than, lesser than symbols and numbers. > 20 < 30 should be >20 <30; Keep space with text (e.g., p <0.001).
- AVOID “our/my, we, us” etc. Instead of our study, better write this/current/present study. The authors NOT “we”. In scientific writing, whenever possible, please prefer writing in: Past tense, Third person, Indirect speech, and Passive voice (not mandatory).
- About **abbreviations**, first use the word in full form, followed by its abbreviation in brackets, then only you may use the abbreviation independently. Mentioning any abbreviation in the ABSTRACT section does not count for the main body. Avoid abbreviations in the titles and sub-titles. Do not begin a sentence with an abbreviation. E.g., “Nepal Ophthalmic Society (NOS) was established in year 1985. The NOS started publishing its journal from the year 2009.” The authors are advised not to use any unusual abbreviations. Drugs’ names should be affirmed in standard chemical or generic nomenclature. Unit of measure should conform to International System (SI) units.
- For NepJOph, use the following symbols, in sequence: \*, †, ‡, §, ||, ¶, \*\*, ††, ‡‡, §§, ||||, ¶¶, etc.

- For **Financial interest** or **Conflict of interest**, you may write “Nil” if no conflict. If any conflict of financial disclosure, please mention. More elaborate financial support not falling under “Conflict of interest” can be mentioned under the ACKNOWLEDGEMENT section.
- The **Harvard** system needs to be followed for references and citations as per the Journal Guidelines.
- If any confusion, first check a few (recommended is at least 3-4) published articles under the same category in the latest issue; if still, it is not clear, please feel free to contact the NepJOph editorial team.
- When you submit the revised manuscript/article, please send two documents: one clean copy without any comments or track changes, the other with track changes showing the changes you have made after editor/reviewer’s comments.

**The title page should contain the following information:** title of the manuscript, manuscript category (original article, brief communication, case report or review article), full name(s) of author(s), with their affiliated institution(s) and their full address(es), word count of abstract, word count of text, number of references, number of illustrations and/or figures, number of tables, number of pages, commercial interest, a running title with not more than 50 characters, name and address of the corresponding author including fax number, e-mail address and telephone number.

In the case of multiple authors, please ensure that the person(s) who receive(s) authorship has/have contributed significantly in designing the study, analyzing data, manuscript writing and was/were involved in the treatment of study subjects. Financial contributors and simple advisors should be acknowledged in the last paragraph of the

manuscript, after conclusion. The number of authors should not generally exceed six. Only one person can be the first author.

### **Title and Authorship Format**

**Title** should be in title case (upper case for all initial letters, mainly nouns, and pronouns) and in **centre alignment (Ctrl+E in MS Word in Windows)**. E.g.,

#### **“Ocular Findings among the Patients of Renal Transplantation”**

The **authors’** names should be in full (complete name), **right alignment (Ctrl+R in MS Word in Windows)**, and NEPJOPH does not follow any prefix of Mr./Ms./Dr., etc in authors list (you may mention that under Corresponding Author section).

The superscripts for institutional/ organizational affiliations should be placed before full name and comma. The authors with the same affiliation will have the same superscript, while different affiliations will have different superscript marked by a **separate Hindu-Arabic number** in sequence. E.g.,

**Samiksha Bhattarai<sup>1</sup> , Poonam Lavaju<sup>1</sup>,  
Badri Prasad Badhu<sup>2</sup>, Sangeeta Shah<sup>1</sup>, Santosh  
Chaudhary<sup>1</sup>, Robin Maskey<sup>1</sup>, Ashesh Koirala<sup>1</sup>**

**<sup>1</sup>B.P. Koirala Institute of Health Sciences,  
Dharan, Sunsari, Nepal**

**<sup>2</sup>Birat Medical College, Biratnagar, Morang,  
Nepal**

For **Corresponding Author** (NOT Address for correspondence; correspondence; corresponding address; or anything else), the details (designation, department, institute, address: name of place, district, country) should be mentioned (except phone number) as it would appear in the final published article. Please also note to write E-mail with hyphen NOT Email. E.g.,

## Corresponding Author

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For any conflict of interest or financial disclosure please mention or write Nil if no conflict or financial support. E.g.,

**Financial interest:** Nil.

**Conflict of interest:** Nil.

## Legends of Table and Figures

Tables and Figures: **not** more than **six** in total (For Case Report/Series, please check below as well as under the relevant section). Please do not merge/collage multiple “Figures/Pictures” to make one. They will be counted as individual figures/pictures and not accepted in NEPJOPH if the figure limit is crossed.

For all manuscripts except Case Report/Series, the numbers of Tables and Figures should **not** be more than **six**, both combined. For Case **Report**, it shall have **no** more than **12** figures and Case **Series** can have up to **24** figures. Under special circumstances, if you need to have more than the allowed number of tables/figures, kindly contact the NEPJOPH Editorial Board.

Please keep both frequency and percent in same column with brackets. Please keep space between frequency and bracket arm of percent. Do not write 23(42.7%), instead write 23 (42.7%). No need to repeat % symbol in each box (of each row and column) if already mentioned in the title. E.g., 23 (42.7).

The main headings in Tables should be centrally

aligned. For the contents of the table, all text should be left-aligned and numbers centrally aligned.

The legends of tables should be written **ABOVE** the tables while for figures they should be written **BELOW** the respective figures. In NepJOph, graphs, charts, bar diagrams, photographs, etc., are kept **all under the FIGURE** heading. So, **no other headings** besides, the Tables or Figures.

Though it is not mandatory, NepJOph prefers full forms instead of abbreviations in the legends. Also, it is preferred that high-quality pictures/photographs should be attached separately as well, in addition to keeping in the manuscript.

## Table number colon legend full stop

(The first letter of the first word uppercase, rest lowercase)

E.g.,

Table 3: Correlation of metabolic blood parameters with average central macular thickness.

Figure 2: Scatter plot between average central macular thickness and urea.

## REFERENCES

Plagiarism in any form is not accepted. Any works done by others, if cited in your text must be properly referenced. References should be limited to those cited in the text following the Harvard referencing system.

**REFERENCES** should be no more than **eight** for Editorial, Guest Editorial, Letter to the Editor, NOS News/Activities, Commentaries, and Miscellaneous sections. A maximum of **10** references for Case Report, Brief/Short Communication, View Point, Ophthalmology Education, and Student NepJOph sections. No more than **30** references for Original Article, Protocol, and Case Series (with Literature Review). A maximum of **50** references for the Review Article section is allowed.



## Harvard referencing system

The Nep J Oph expects authors to use the alphabetical or name-date method known as the Harvard system. In this system, the author's surname and year of publication are cited in the text, e.g. Albanese et al (2003), and a reference list (of these citations) is included at the end of the assignment, in alphabetical order by author. The reference list also includes additional details such as the title and publisher.

### Example of listing Harvard referencing system

Albanese MA, Snow MH, Skochelak SE, Huggett KN, Ferrell PM (2003). Assessing personal qualities in medical school admissions. *Academic Medicine*; 78 (4) : 313-321. References to sources may be cited in the text in different ways depending on the nature of the sentence/paragraph that is being written. Various examples are given below.

#### Author's name cited in the text

Dewey (1991) believed the process of behavior changes was critical to reflective learning.

#### Author's name not cited directly in the text

As humans we all try to make sense of the world in any way we can, gathering information of varying accuracies, constantly developing intuitive theories, and interpreting situations in a manner that fits the theories we have previously developed (Gilovich, 1993).

#### More than one author cited in the text

Bransford et al (1999) outlined the ..... important characteristics of expertise.

#### More than one author not cited directly in the text

In a recent review that was published in the *Lancet* the authors identified major impediments to improving mental health services in countries such as .....(Saraceno et al, 2007).

## Or

Our conceptual framework for understanding education in the teaching clinics is to adopt an experiential learning model (Kolb, 1984; Jarvis, 1995; Smith & Irby, 1997).

### Two authors for the same work

Reliability coefficients in many OSCEs show considerable variation and unevenness in magnitude (Pedhazur & Schmelkin, 1991).

### More than two authors for a work

Ginsburg et al (2004) have recently examined differences between the formal admissions policy implemented for residency selections and the informal understanding.....

### Several works by one author in different years

(Upadhyay 1993, 1997).....

### Several works by one author in the same year

Earlier research by Badhu (1997a) found that... but later research suggested again by Badhu (1997b) that.....

### Corporate authors

B P Koirala Institute of Health Sciences (BPKIHS), 1996

(B P Koirala Institute of Health Sciences, 1996) BPKIHS, 1996 (in case of second citation)

### Chapters of edited books

For chapters of edited books, the required elements for a reference are:

Chapter author(s) surname(s) and initials. Year. Title of chapter followed by 'In'

Book editor(s) initials and surnames with ed. or eds. after the last name.

*Title of book.* Place of publication: Publisher. Chapter

number or first and last page numbers followed by full-stop.

Smith J. (1975). A source of information. In W. Jones, ed. One hundred and one ways to find information about health. Oxford: Oxford University Press. Ch. 2.

Samson C. (1970). Problems of information studies in history. In S. Stone, ed. Humanities information research. Sheffield: CRUS, 1980, p. 44-68.

(Note: for more details of the Harvard Referencing system please refer to [http:// libweb.anglia.ac.uk/ referencing/harvard.htm](http://libweb.anglia.ac.uk/referencing/harvard.htm))

## SPECIFIC INSTRUCTIONS FOR EACH SUBMISSION CATEGORY

### Instructions for Editorial/ Guest Editorial

They are written by invitation or produced in-house. It would state the opinions expressed in editorials and those of the author alone. They are in no way intended to express the official viewpoint of the journal, the board, or NepJoph. Up to 800 words excluding references which in turn are restricted to a maximum of eight in number are allowed.

### Instructions for Original (Research) Article

**ABSTRACT** - word limit-300 excluding key words. Structured as: Introduction; Objective; Methodology; Result; Conclusion.

**Key words:** About three to six “Key words” (NOT Keywords or any other variant), which should preferably (not mandatory) be a **MeSH** term. Check at <https://meshb.nlm.nih.gov/search> for more information. Key words should be arranged **alphabetically**, separated by **semicolons**, and ending with a **full stop**. Only

the **first letter of the first key word upper case**, rest lower case. **NO** abbreviations.

**INTRODUCTION** in a maximum of 300 words. Anything extra can be strategically placed in **METHODOLOGY** or **DISCUSSION** sections.

State the background of the study, rationale (justification), and objective. In the background, the information should be given as global, regional, and local. Please note that **INTRODUCTION** section is written in present tense **EXCEPT** the objective.

### METHODOLOGY

State the a) study design, b) place and duration of the study, c) sample size and sampling technique, d) inclusion and exclusion criteria, e) ethical approval and informed consent, and f) statistical analysis and software used. Please do not use separate headings for study design (and other topics mentioned in the previous sentence) or other headings for inclusion criteria, exclusion criteria, data analysis, etc. Also, mention everything in paragraphs, not bullets or numbers.

### RESULT

State the main findings first then move towards the rest of the findings. All the findings should be in n (%) format, which means both frequency and percent whenever applicable. Please write mean and standard deviation using  $\pm$  symbol instead of brackets: E.g.  $27.56 \pm 1.39$ ; NOT 27.56 (1.39).

All tables and figures (for graphs, please use the term figure for convenience) should be mentioned in content/text also. When you mention Table or Figure in content, keep them within brackets. E.g., (Table 4) not .... depicted in Table 4. Please write BOTH frequency as well as percent above the graphs/bars/ pie charts and Tables in n (%) format. Please write frequency and percent in same column in Tables. No need of decimal places if 0 after decimal. E.g., 16.0% should be 16%.

For **decimal values** in findings, please mention up to one or two decimal values. If you are keeping two numbers after decimal, keep two at all places in one article. However, if you want to keep only one digit after decimal, keep one in one submission. Just be uniform, except for p-value and standard deviation, where you can keep up to three numbers after decimal but please be uniform throughout one submission or document. In tables, boxes with zero values can just have hyphen.

NepJOPH writes “p-value” NOT P value, p value, *p-value*, *p value* or any other forms. The p-values should not be listed as not significant (NS) since, for meta-analysis, the actual values are important and not providing exact p-values is a form of incomplete reporting. The actual p-value should be expressed ( $p = 0.04$ ) rather than expressing a statement of inequality ( $p < 0.05$ ), unless  $p < 0.001$ . Do not write  $p = 0.000$  instead write it as  $p < 0.001$ . The p-value 0.000 should be written as p-value  $< 0.001$  (as  $p = 0.000$  is impossible though some statistical software report it like that). Please do not have p-values more than three digits after decimal. Expressing p to more than three significant digits does not add useful information since precise p-values with extreme results are sensitive to biases or departures from the statistical model. In rare instances, p-values may be expressed to more than three decimal places such as in genome-wide association studies, studies involving Bonferroni correction, etc. Please consult NepJOPH team for that. There should be no space between greater/lesser than symbol and number, if word/text then keep space

In the legends of tables and figures, write the complete words, preferably no abbreviations: “Table Table number separated from the title by a colon” and Figure, not Fig. The title should be in “Sentence Case” and the table or figure number separated by a colon. The first letter of title upper case, rest all lower case.

Table 1: Title should be in brief.

Figure 1: Title should be simple.

For detail please check under general instructions for the “Legends of Tables and Figures” section.

**DISCUSSION** (Please write limitations within it).

**CONCLUSION** The conclusion section should not contain the numeric findings but the conclusion you have drawn from the findings. Please write “recommendation” within this section.

**ACKNOWLEDGEMENT** (optional and no more than 100 words).

Just name the individual or organization. Please do not use this section as a praising platform for your bosses, seniors, family, friends, colleagues, and others.

**REFERENCES:** No more than 30 references are allowed.

**NO OTHER HEADINGS** besides these. For legends of tables and figures, check under the general instructions.

Total word limitation - **3000** excluding abstract, references, and legends of tables and figures.

### Instructions for Review Article

**ABSTRACT** - word limit-300 excluding key words. Structured as: Introduction; Objective; Methodology; Result; Conclusion.

**Key words:** About three to six “Key words” (NOT Keywords or any other variant), which should preferably (not mandatory) be a **MeSH** term. Check at <https://meshb.nlm.nih.gov/search> for more information. Key words should be arranged **alphabetically**, separated by **semicolons**, and ending with a **full stop**. Only

the **first letter of the first key word upper case**, rest lower case. **NO** abbreviations.

**INTRODUCTION** in a maximum of 300 words should include the background of the review, rationale for doing the review. Main points to focus.

**OTHER APPROPRIATE HEADINGS** (Main headings should be in UPPER CASE while Sub headings can be in Title Case or Sentence case as appropriate)

## CONCLUSION

**ACKNOWLEDGEMENT** (optional and no more than 100 words)

Just name the individual or organisation. Please do not use this section as a praising platform for your bosses, seniors, family, friends, colleagues, and others.

**REFERENCES:** A minimum of 30 references and no more than 50 references.

For legends of tables and figures, check under the general instructions.

Total word limitation - **4500** excluding abstract, references, and legends of tables and figures.

For a **Systematic Review** or **Meta-analysis**, please follow the PRISMA recommendations. You can access the relevant information from their website at <http://www.prisma-statement.org/>

### Instructions for Case Report/ Case Series (with Literature Review)

**ABSTRACT** - word limit-300 excluding key words. Please write the ABSTRACT section under these headings: Introduction, Case, Observation, Conclusion.

Case **Report** should have a **maximum of four** authors but **no limit** on the number of authors for Case **Series** with Literature Review.

Case **Report** should have **no more than four** patients while **five to 10** patients can be reported in Case **Series** with Literature Review. That means a Case Series should **not** report more than **10** patients.

Case **Report** shall have no more than **12 figures** and Case **Series** can have up to **24 figures**. Under special circumstances, if you need to add more figures please contact NepJOPH Editorial Team.

Please **do not merge/collage** multiple “Figures/Pictures” to make one. They will be counted as individual figures/pictures and not accepted in NEPJOPH if the figure limit is crossed.

**Key words:** About three to six “Key words” (NOT Keywords or any other variant), which should preferably (not mandatory) be a **MeSH** term. Check at <https://meshb.nlm.nih.gov/search> for more information. Key words should be arranged **alphabetically**, separated by **semicolons**, and ending with a **full stop**. Only the **first letter of the first key word upper case**, rest lower case. **NO** abbreviations.

**INTRODUCTION** in a maximum of 300 (same for case series) words should include the background of the case being reported.

**CASE REPORT** The case(s) being reported should be new/interesting/rare with clinical significance or implications.

## DISCUSSION

**Other Appropriate headings:**

## CONCLUSION

**ACKNOWLEDGEMENT** (optional and no more than 100 words).

Just name the individual or organisation. Please do not use this section as a praising platform for your bosses, seniors, family, friends, colleagues, and others.



**REFERENCES:** No more than 10 references except for “case report with literature review” where a maximum of 30 references is allowed.

For legends of tables and figures, check under the general instructions.

Total word limitation - **1500 (3000** for case report with literature review) excluding abstract, references, and legends of tables and figures.

#### **Instructions for Letter to the Editor**

It should be up to 400 words and cite a maximum of eight references and may concern any item felt to be of interest to the readership, or more usually be a question or critique concerning a paper. Letters may be subject to peer review.

#### **Instructions for the View Point**

The articles under this heading are the personal opinions and perspectives that allow the author(s) to express their own point of view on issues relevant to health. They should be of scientific or clinical value. The purpose may be to raise awareness, new ideas, thought-provoking concepts, and personal expert opinion to improve health. Current or ongoing controversial topics are recommended to be probed into. Up to 1000 words excluding references which in turn are restricted to a maximum of 10 in number are allowed.

#### **Instructions for Brief Communication/ Miscellaneous/ Commentaries**

Submission based on some experience, education, or a variety of topic which has some clinical or scientific value that does not fall under any of the above categories. Word limit – 800. References - maximum of eight in number.

#### **NOS News/Activities**

This section includes information about various activities of NOS. The submission to this section is open to Nepal Ophthalmic Society only.

**Note:** It is also required that the corresponding author clearly specifies the type of article s/he is submitting. However, the final decision under which category the article is published rests on the decision of the NepJOPh editorial board. In such a case, the author will be duly informed regarding the decision. The author will have the right to withdraw the article if s/he chooses but must do so within the specified time. For more details, please check at: <https://www.nepjol.info/index.php/NEPJOPH/about/submissions>

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The Editorial Board would also like to thank you for sharing your time with us. We expect your continued support in this academic endeavour. And we feel privileged to have the opportunity of presenting the Nepal J Ophthalmol to the ophthalmic academia.

Dr Eli Pradhan,

Editor-in-Chief

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