Background

Learning language is synergistic in nature and the process of its development starts early in human life. Although majority of language development occurs in the infant through preschool years, development continues throughout adolescence. The Centers for Disease Control and Prevention considers the age range for adolescents as 10-19 years and considers 20-24 years olds as young adults. During adolescent development, individuals learn to use more complex language and to communicate differently depending on the situation. The use of figures of speech helps increase the knowledge of vocabulary, organize and memorize new words, and to integrate and improve language abilities.

ABSTRACT

Background: Language development is an ongoing process. The understanding of figurative expressions such as similes begins during the preschool years with subsequent improvement throughout childhood, adolescence, and into adulthood. Studies pertaining to the development of such higher language skills are limited, especially in a multilingual setup like India.

Methods: Participants were divided into six groups (10-10.11 to 15–15.11 years), with each group consisting of 5 children each. The groups selected for the present study were also classified into the Piaget’s cognitive stages. The participants were required to fill in the incomplete figurative expressions (similes). The responses were recorded. Univariate Analysis of Variance was employed to determine the main significant difference across two variables - chronological group and the cognitive stage.

Results: Results revealed a significant main effect in the means of the accurate responses for the simile completion tasks across the chronological as well as the cognitive groups.

Conclusion: The ability to understand similes follows a developmental pattern, and probably continues to develop even after 15 years. The responses obtained by the participants in the present study improved with age there by suggesting that the amount and quality of knowledge that a child possesses concerning a figurative expression, does play an important role in the child’s comprehension of such higher language aspects.

Keywords: Adolescent; development; figurative; simile
The present study was conducted in a relatively quiet room.

Methods

The present study was conducted in a relatively quiet room of an English medium school for typically developing (in terms of language and scholastic development) children in Mangalore, a place located in the Southern part of India. The children were of either L1 (first language) being Kannada/Tulu (South Indian languages), while L2 (second language) always being English. The ethical clearance was obtained from the Institutional Ethical Committee at Kasturba Medical College, Mangalore and the informed consent was obtained prior to the conduction of the study.

Participants

The participants in the current study were selected from six age groups (10–10.11, 11–11.11, 12–12.11, 13–13.11, 14–14.11 and 15–15.11 years). The six age groups selected for the present study was also classified into the Piaget’s cognitive stages. Group 1 and 2 between 10 - 11.11 years was considered to be under the ‘concrete-operational stage’; Group 3, 4 and 5 between 12 – 14.11 years as the ‘late concrete-early formal operational stage’, and finally Group 6 between 15 – 15.11 years, as the beginning of the ‘formal operational stage’.

The class teachers recruited five children randomly from each group, thereby making a total of 30 participants. They were screened for any significant deficits in speech, language and hearing, or any cognitive issues affecting the academic functioning, using a checklist (Appendix).

Procedure

A simile being a variant of a metaphor that uses an unambiguous comparator was used in the present study to explore figurative language abilities in children. Studies have concluded that similes were much easier to comprehend than metaphors. Hence the present study targeted using similes than metaphors, because of its explicit nature. Commonly occurring similes were selected from the child’s core curriculum (within the chapters of the English literature, as well as student academic exercises after a chapter). In addition to these, other commonly occurring similes from popular children’s literature were also considered for the present study. A total of 38 figurative expressions (similes) were selected for the study. The experimental paradigm followed a sentence (simile) completion task, adapted from another study. The students were given worksheets containing the incomplete expressions and were expected to fill in the missing word. For example: As cool as a _____ (correct responses being ‘cucumber’, ‘iceberg’, ‘cat’, ‘swan’, ‘breeze’, etc). As seen from the example, the total number of possible correct responses may be numerous. However, the student was expected to provide at least one correct response.
Scoring and Analysis

A score of one was given for correct responses and incorrect responses received a zero score. The mean of the scores were analyzed under each of the six groups using SPSS (16). Univariate Analysis of Variance was employed to determine the main significant difference across two variables - chronological group and the cognitive stage. Bonferroni Post Hoc Analysis was also done to determine the level of significance between each of the six age groups and the cognitive stages.

Results

Descriptive statistics was employed to determine the mean of the accurate responses for the simile completion tasks across two variables: group-wise and stage-wise. The group-wise is with reference to the calculation of the means under each chronological age group (10–10,11 to 15-15,11 years). Stage-wise refers to the means calculated under each of Piaget’s cognitive stages (concrete-operational, late concrete-early formal operational and formal operational stage). The following tables exhibit the mean values of the accurate responses for the simile completion task across groups and stages respectively.

Table 1: The mean accurate responses for the simile completion task across the age groups (group-wise).

<table>
<thead>
<tr>
<th>Age groups (years)</th>
<th>Chronological groups</th>
<th>Mean value</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 – 10;11</td>
<td>1</td>
<td>14.8</td>
</tr>
<tr>
<td>11 – 11;11</td>
<td>2</td>
<td>13.4</td>
</tr>
<tr>
<td>12 – 12;11</td>
<td>3</td>
<td>16.8</td>
</tr>
<tr>
<td>13 – 13;11</td>
<td>4</td>
<td>18.8</td>
</tr>
<tr>
<td>14 – 14;11</td>
<td>5</td>
<td>25.6</td>
</tr>
<tr>
<td>15 – 15;11</td>
<td>6</td>
<td>28.4</td>
</tr>
</tbody>
</table>

Table 2: The mean accurate responses for the simile completion task across the Piaget’s cognitive stages (stage-wise).

<table>
<thead>
<tr>
<th>Age groups (years)</th>
<th>Piaget’s Cognitive stages</th>
<th>Mean value</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 – 10;11</td>
<td>Concrete-operational stage</td>
<td>14.1</td>
</tr>
<tr>
<td>11 – 11;11</td>
<td>Late concrete-early formal operational stage</td>
<td>20.4</td>
</tr>
<tr>
<td>12 – 12;11</td>
<td>Formal operational stage</td>
<td>28.4</td>
</tr>
</tbody>
</table>

The group-wise comparison reveals a progressive improvement in the mean values across the chronological age groups, with a marked increase at 14 years of age, as revealed in table I. However, an exceptional performance was observed in group 2, which was the only group with decreased scores when compared to the previous age group. According to the stage-wise comparison, the mean accurate responses were observed to increase across the three groups, as shown in table II.

Univariate Analysis of Variance yielded a significant main effect across group-wise and stage-wise, F (3, 24) = 4.248, p < 0.05. Multiple comparisons were carried out using Bonferroni Post Hoc test (p< 0.05). The following table (Table III) represents the group-wise comparison across each of the groups.

Table 3: The Bonferroni Post Hoc test values and its level of significance for the accurate responses of the simile completion tasks across all the age groups.

<table>
<thead>
<tr>
<th>Group-wise comparison</th>
<th>p-value</th>
<th>Significance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Group 1</td>
<td>Group 2</td>
<td>1.000</td>
</tr>
<tr>
<td>Group 2</td>
<td>Group 3</td>
<td>1.000</td>
</tr>
<tr>
<td>Group 3</td>
<td>Group 4</td>
<td>1.000</td>
</tr>
<tr>
<td>Group 4</td>
<td>Group 5</td>
<td>0.235</td>
</tr>
<tr>
<td>Group 5</td>
<td>Group 6</td>
<td>1.000</td>
</tr>
</tbody>
</table>

The above results did not receive any significant difference (p>0.05) between the groups. Similarly, multiple comparisons were also carried out across the cognitive stages. The following table (Table IV) represents the stage-wise comparison.

Table 4: The Bonferroni Post Hoc test values and its level of significance for the accurate responses of the simile completion tasks across Piaget’s cognitive stages.

<table>
<thead>
<tr>
<th>Stage-wise comparison</th>
<th>p-value</th>
<th>Significance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Concrete operational stage</td>
<td>Late concrete-early formal operational stage</td>
<td>0.003</td>
</tr>
<tr>
<td>Late concrete-early formal operational stage</td>
<td>Formal operational stage</td>
<td>0.003</td>
</tr>
</tbody>
</table>

The above results indicates a significant difference between all the cognitive stages at p<0.05.
Discussion

The present study focused on exploring the nature of a figurative expression such as a simile that is explicit in nature. Six age groups (10–10.11, 11–11.11, 12–12.11, 13–13.11, 14–14.11 and 15–15.11 years) were included in the study, with each group consisting of randomly selected five individuals. The six groups were also categorized in terms of the cognitive stages (concrete-operational stage, late concrete-early formal operational stage and the formal operational stage). A simile completion task was administered on the participants. Descriptive statistics and Univariate Analysis of Variance was employed to identify the mean accurate responses and the level of significance between all the groups. Results revealed an increase in the mean accurate responses and a main significant difference across the group-wise and stage-wise variables.

It was observed that participants of group 1 obtained lesser mean accurate responses when compared to group 3; and group 3 obtained a lesser mean value when compared to its subsequent group, and so on. Univariate Analysis of Variance revealed a significant main effect across the chronological age group at p<0.05. This suggests a steady increase in the comprehension of such higher order language skills, being figurative expressions in this study. Hence the current findings can be considered to be in agreement with other studies, which also reveals an improved figurative language abilities with an increase in chronological age.

However, Bonferroni Post Hoc test failed to indicate significant differences (p>0.05) in the performance of figurative expressions among the chronological age groups. The fact that majority of the studies done were pertaining to metaphorical expressions as against the similes in the present paper, could be reasoned for this observation.

Furthermore, another aspect of the study was with respect to the allocation of the participants of the study under different cognitive stages of development. In the current study, the groups present under the ‘concrete-operational stage’ seemed to have performed slightly poorer than ‘late concrete-early formal operational’ who in turn performed poorer than ‘formal operational stage’. This was an expected trend which indicated an increase in the accurate responses across the cognitive stages. Univariate Analysis of Variance revealed a significant main effect across the cognitive stages at p<0.05. To exemplify the results, the Bonferroni Post Hoc test (p<0.05) also revealed a positive finding. Similar studies were also reported a parallel development across the cognitive stages and figurative language.

An interesting finding in the present study was the poorer performance by group 2 compared to group 1. This pattern did not follow the trend observed with the succeeding groups. However, when the performance of group 2 was analysed from the cognitive perspective, comprising of the concrete-operational stage (group 1 & 2), a typical developmental sequence was observed. Another possible reason for the deviation could be also due to a small sample size. Moreover, though there was a progressive improvement in the mean accurate responses in the simile completion task, the final group (group 6) had still not attained 100% accuracy. In line with this, proverb comprehension, which is another aspect of figurative language, was reported to be not mastered in adolescents. This indicates that the development of figurative language is ongoing throughout early adulthood.

Hence, the results of the current study are in accordance with the proposed hypothesis stating that the mean accurate responses for the figurative language production increases with chronological and as well as the cognitive stages. Numerous other studies are also in support of the present finding. The responses obtained by the participants in the present study improved with age there by suggesting that the amount and quality of knowledge that a child possesses concerning a figurative expression, does play an important role in the child’s comprehension of such higher language aspects.

Conclusion

The present research was taken up to study the developmental trend in the understanding of figurative expressions such as similes in the typically developing Indian children between the age groups of 10 – 15 years. The results indicated that the ability to understand similes follows a developmental pattern, and probably continues to develop even after 15 years. Moreover it can be concluded that the tasks such as simile completion can be used to assess figurative language in adolescent. However the results of the present study need strengthening by involving larger number of participants and also by including other aspects of figurative language.

Acknowledgment

We are grateful and thank the school authority for their cooperation to conduct our study and making it a good success. We thank the Dean, Kasturba Medical College, Manipal University, Mangalore, for supporting us to conduct such a study.
References


