Peritoneal fetus and tubal placentation: A case report of an abdominal pregnancy

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Abstract
Reported here is a silent case of an abdominal pregnancy with fetal demise at twenty one weeks gestation, extracted from the peritoneal cavity at laparotomy along with the removal of placenta contained in fallopian tube by salpingectomy without any effort.

Key words: intra-uterine fetal demise, abdominal fetus, placenta

Introduction
Abdominal pregnancy is rare and represents 1.2-1.3 % of all ectopic pregnancies from two institutions in Nepal.1-2 The detection has been as early as 12-13 weeks in stable condition or in shock from severe intraperitoneal bleed at around mid pregnancy.3-5 Occasional abdominal pain and bleeding being the presentation in some cases.6 It is usually a medical emergency when it ruptures leading to hemoperitoneum.4-5 But in the following case that is described below, abdominal pregnancy was diagnosed at an anomaly scan and was also managed in routine operating day, operation being as simple as can be, whole of the placenta was contained within one of the fallopian tube.

Case
Mrs. SM, 32 years of age, presented in Patan Hospital on October 14, 2006 with ultrasound diagnosis of abdominal pregnancy at 21 weeks on routine scan. She had been married for 16 years and had been trying to conceive all this time. All the infertility workouts were normal. She also gave history of successful treatment for abdominal tuberculosis ten years back. On general physical examination nothing significant was observed. On abdominal examination a mass corresponding to 20 to 22 weeks gestational uterus with presence of fetal heart sound was found. Bimanual pelvic examination revealed a normal sized freely mobile uterus and an irregular mass with ill defined borders. The ultrasound report showed a single, extra uterine fetus approximately 21 weeks size with presence of cardiac activity and fetal movements. There was crowding of the fetal parts in right lower quadrant with an inhomogeneous mass of 13.9 x 9.7cm in right para-uterine region, probably placental tissues, and the uterus measured 12 x 5 x 5.8cm. With these findings sonographic diagnosis was secondary abdominal pregnancy. Full counseling was done to the patient and patient’s husband about the condition and time was given to them to come to terms with the situation. The patient was admitted in the hospital for observation of complications and intervention if and when required. Intrauterine fetal death occurred on fifth day of admission and hence the need for surgery and the possibility of hysterectomy was explained to the patient and family.

Laparotomy was carried out through an infra-umbilical midline incision with cross matched blood ready at hand in case of emergency transfusion. The findings at laparotomy were as follows: - haemoperitoneum was absent, left tube and ovary was normal, right tube containing the placenta formed a mass about 12 x10 cm, free from the surroundings and devoid of adhesions. Female baby was lying in the right para-colic gutter (Fig 1) without any signs of life.

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Dead fetus was removed out of the abdomen and right salpingo-oopherectomy was carried out to remove the placenta occupied within the tube (Fig 2). The procedure was without any complications and blood loss was approximately 300ml therefore neither transfusion nor a hysterectomy was required. The post-operative period was uneventful and the patient was discharged on the seventh post-operative day.

Discussion

From this case it is learnt that the ultrasound diagnosis of abdominal pregnancy is not that difficult if the fetus is positioned very high up and does not have uterine wall around it. While cardiovascular collapse and pain from intraperitoneal bleeding makes the clinical diagnosis easier to move on with hurried intervention like splenectomy (for fetus positioned in spleen).1 Whereas silent exceptional cases like this may impart difficult clinical diagnosis unless the normal uterus, devoid of Braxton Hicks contractions is displaced further away by a mass that in true sense constitutes irregular fetal parts. Veiled cases have ended in a lithopedian needing laparoscopic removal.8

Primary implantation of the fertilized ovum on the peritoneal cavity is very rare. It is almost always secondary where the conceptus extrudes through a rent from the primary site such as tube, ovary or even uterus. In this case, may be there was a tubal abortion of fetus with the further development of placenta within in the fallopian tube. It may sound unreal but it is true, that even the development of fetus up to term has taken place inside a fallopian tube.9 In this case, placenta located inside the fallopian tube made its management sufficient only by salphingectomy otherwise placental removal usually is an uneasy affair.10

There is history of maternal and fetal benefit from term delivery.11 Had the baby been alive, in a silent case like this, an expectant management could have been contemplated as others have done for fetus e’ 24 weeks gestation.12 This allocates time for further fetal growth and development until the woman is ready for abdominal delivery. But because of fetal death which has an incidence of 40-95%, had to be taken for laparotomy.13
Conclusions

Abdominal pregnancy is a rare entity and silent varieties are rarer where a proper prenatal diagnostic technique allows adequate preparation and optimal surgical management for placenta occupying a fallopian tube.

References


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