Abstract

Methanol and hexane extracts of leaves of Moringa oleifera and aerial parts of Alternanthera sessilis were screened for the presence of different classes of phytoconstituents. Phytochemical screening revealed the presence of alkaloids, flavonoids, carbohydrates, terpenoids, polyphenols, glycosides, and coumarins in methanol extracts. Volatile oils, quinines, and phytosterols were absent in all extracts and saponins were present in all extracts. The biological activity of all the extracts was tested by performing brine shrimp bioassay. All the extracts except hexane extract of Moringa oleifera were found to be cytotoxic against brine shrimp nauplii. 1,1-diphenyl-2-picrylhydrazyl (DPPH) radical scavenging assay was used to evaluate the antioxidant activity of the extracts. Methanol extract of Moringa oleifera showed the strongest antioxidant activity with an IC$_{50}$ value of 65.77 µg/mL. Regarding the ascorbic acid (IC$_{50}$ value 39.53 µg/mL) as standard, methanol extracts of both plants showed high free radical scavenging activity than that of hexane extracts.

Keywords: Extract, phytochemicals, antioxidants, brine shrimp bioassay

Introduction

Plants possess a wide variety of secondary metabolites that are rich in antioxidant activities and other several therapeutic values (Harborne, 1998). Several bioactive molecules can be isolated from the plants and such molecules serve as a starting material for drug synthesis (Dhanani et al. 2017). Medicinal plants have been used by mankind for the treatment of various ailments for thousands of years (Siew et al. 2014).

Moringa oleifera, a member of moringaceae family is a native to Indian subcontinents, Africa, and Nepal (Bukar et al. 2010). Moringa trees are commonly known as “drumstick” and its Nepali name is sittalchini. It is a highly valued plant for...
nutritional food and medication. People use its leaves, flowers, roasted seeds, and fresh pods as vegetables, seeds as cooking and cosmetic oils and roots for spice (Anwar et al. 2006). It can also be used as a livestock feed. The chemical composition of the fiber present in it affects the digestive ability of animals (Moyo et al. 2011). *Moringa* seeds have shown analgesic, antipyretic, hepatoprotective and wound healing activities. Its leaves are natural energy booster as it contains more than 14 amino acids, carbohydrates, proteins, vitamin A, C and E, calcium, and magnesium that the human body requires (Kumbhare et al. 2012), (Shahriar, 2012). A variety of biological activities of different parts of the *M. Oleifera* have been reported to date and this plant can serve a potent antioxidant supply for both human beings and animals (Suphachai, 2014), (Arora & Onsare, 2014), (Hossain et al. 2014).

*Alternanthera sessilis* (L.), commonly known as “bhiringijhar” in Nepal, belongs to the family *Amaranthaceae*. It is an aquatic plant and commonly observed in marshy areas, wetlands, streams, reservoirs, and river banks (Hossain et al. 2014). Geographically, it is native to Asia, Australia, and different Islands. In Nepal and Indian subcontinents, people use this plant to treat gonorrhea, low sperm count, treatment of burning sensation, diarrhea, skin diseases, fever, cuts and wounds, liver, and spleen diseases (Rahman & Gulshana, 2014), (Nayak et al. 2010). It contains bioactive phytoconstituents especially polyphenols, alkaloids, stigmasterol, campesterol, palmitates of sterol, etc. (Walter et al. 2014). Aerial parts of this plant are a good source of minerals, vitamins, pigments, and antioxidants. The therapeutic values of this plant are closely associated with the presence of these active constituents (Jalalpure et al. 2008), (Borah et al. 2011). Several previous studies reported that the *A. sessilis* found in other countries have high scavenging activities; however, any report of antioxidant activity of *A. sessilis* found in Nepal has not been reported to date (Balakrishnan et al. 2013), (Borah et al. 2011), (Murugan et al. 2013). An attempt has been made in this study to compare phytochemicals, antioxidant and cytotoxic activities of *A. sessilis* and *M. oleifera* found in different habitats and geographical regions of Nepal.

### Materials and Methods

#### Plant materials

Aerial parts of *Alternanthera sessilis* and matured leaves of *Moringa oleifera* were collected from Dang and Rautahat districts of Nepal respectively, in the December month of 2018. The plants were authenticated at the Department of Botany, Amrit Campus, Kathmandu, Nepal. The collected samples were cleaned, shade dried and powdered and stored in airtight bottles.

#### Extraction

The dried and powdered parts of *Alternanthera sessilis* and *Moringa oleifera* were extracted separately with two different solvents hexane and methanol by using soxhlet apparatus. Accurately weighed 50 g powdered samples of each plant were filled separately in each thimble and placed in the central assembly of the soxhlet apparatus. Accurately measured 300 mL solvents (hexane and methanol) was added separately to a 500 mL round bottom flask. The extraction was done continuously 6 hours at 68 ºC for hexane solvent and 64 ºC for methanol solvent. The obtained liquid extracts were concentrated using a rotary evaporator (IKA RV 10 digital). The percentage yield (w/w) of the crude extracts of both plants was calculated and stored in the refrigerator at 5 ºC until used for further experiment.

#### Phytochemical screening

Phytochemical screening is the method of finding the main class of chemical compounds present in the plant extracts. The freshly prepared crude extracts were subjected to phytochemical screening using standard procedures (Harborne, 1998). The various phytochemicals present in the extracts were identified by the color reaction with different reagents.

#### Biological assay

The brine shrimp lethality assay of each extract was performed to evaluate cytotoxicity by following the standard protocol (Meyer et al. 1982). The method determines the LC$_{50}$ values (Lethal concentration for 50% mortality) for the crude extracts. Extract of LC$_{50}$ value less than 1000 ppm is considered as potentially cytotoxic and pharmacologically active (Montanher et al. 2002).

The artificial seawater was prepared in a small tank to hatch the shrimps. The shrimp eggs were added to the tank containing seawater. A lamp (60 watts) was placed above the open side of the tank by adjusting the temperature at 30 ºC. After 48 hours, the shrimps mature as nauplii (*Artemia salina*) and are ready for the assay. Stock solutions were prepared by dissolving 25 mg of each extract separately in DMSO in two separate test tubes. The solution thus prepared was used as a stock solution. From each
stock solution, solutions of 250 µg/mL, 125 µg/mL, 62.5 µg/mL, 31.25 µg/mL, 15.625 µg/mL and 7.81 µg/mL were prepared
by serial dilution method. 2.5 mL of each concentration was transferred into test tubes, three for each concentration. Similarly,
2.5 mL of DMSO was taken in three test tubes as a blank. Labeling of test tubes was done and then they were kept for 24 hours
to evaporate the solvent (DMSO). After complete evaporation of the solvent, ten matured shrimps in 5 mL artificial seawater
were transferred to all test tubes containing samples. Similarly, three controlled vials were taken and ten matured nauplii were
introduced in each vial. After 24 hours of illumination under a table lamp (60 watts), the numbers of survivors were counted with
the help of disposable pipettes. The LC$_{50}$ value (lethal concentration for 50% mortality) was determined using probit regression
(Finney, 1971).

**Antioxidant activity test**

The free radical scavenging activity or antioxidant activity of each extract was measured by using DPPH (1,1-diphenyl-2-
picryl hydrazyl) radical scavenging assay by following the standard protocol with some modifications (Hossain et al. 2011),
(Sharma et al. 2015). Different concentrations (10, 30, 50, 70, 90 &110 µg/mL) of extracts and ascorbic acid (positive control)
were prepared. From each solution, 1 mL of each solution was taken in different Eppendorf tubes. 1 mL of the 0.2 mM DPPH
solution was added on each tube containing 1 mL solution. The tubes were shaken and allowed to stand at 30 ºC for half an
hour. The absorbance of each solution was taken on a UV-Visible spectrophotometer (UV professional double beam, Shimadzu
made) at 517 nm. Lower the absorbance of the reaction mixture indicates higher free radical scavenging activity. The experiment
for each extract was performed in triplicate and the percentage radical scavenging activity was calculated using the following
equation (Subba & Basnet, 2014):

$$% \text{ radical scavenging activity} = \left( \frac{\text{Abs.}_{\text{control}} - \text{Abs.}_{\text{sample}}}{\text{Abs.}_{\text{control}}} \right) \times 100\%$$

The sample which shows a higher percentage radical scavenging activity can act as strong antioxidants (Sharma et al. 2015).
The graph of concentration of extract versus the percentage of free radical scavenging activity was plotted. Based on this graph,
the IC$_{50}$ value of each extract was calculated. The IC$_{50}$ value is the inhibitory concentration of the sample required to scavenge
50% of the free radicals. The concentration corresponds to inhibition percentage 50 on the plot is IC$_{50}$. The IC$_{50}$ values of the
samples were compared and the value closest to that of ascorbic acid is considered to have the best antioxidant property (Khalaf
et al. 2008).

**Results and Discussion**

**Extractive values of different extracts**

The plant material (each 50 g) was successively extracted with hexane and methanol. The highest amount of extract was
obtained with methanol. The results of the yield of the different extracts are shown in Table 1.

<table>
<thead>
<tr>
<th>Sample taken</th>
<th>Percentage yield of different extracts</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Hexane</td>
</tr>
<tr>
<td>Aerial parts of <em>A. sessilis</em></td>
<td>4.0</td>
</tr>
<tr>
<td>Leaves of <em>M. oleifera</em></td>
<td>5.5</td>
</tr>
</tbody>
</table>

**Phytochemical screening**

The phytochemical screening of methanol and hexane extracts of *M. oleifera* and *A. sessilis* (Table 2) showed the presence
of different phytoconstituents. Alkaloids, flavonoids, carbohydrates, terpenoids, polyphenols, glycosides, and coumarins were
present in methanol extract of both plants. Saponin was present in all extracts while volatile oils, quinines, and phytosterols were
absent in all extracts. The result showed that the more polar methanol extract posses more phytoconstituents than non-polar
hexane extracts. The antioxidant and other biological properties of the plant are related to the presence of these phytochemicals
in the extracts (Rice-Evans et al. 1996), (Kota et al. 2017), (Gupta et al. 2012).
Table 2: Results of phytochemical screening of different extracts

<table>
<thead>
<tr>
<th>Phytochemicals</th>
<th>Alternanthera sessilis</th>
<th>Moringa oleifera</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Methanol extract</td>
<td>Hexane extract</td>
</tr>
<tr>
<td>Tannins</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Alkaloids</td>
<td></td>
<td></td>
</tr>
<tr>
<td>a) Dragendorff’s test</td>
<td>+</td>
<td>-</td>
</tr>
<tr>
<td>b) Mayer’s test</td>
<td>+</td>
<td>-</td>
</tr>
<tr>
<td>Flavonoids</td>
<td>++</td>
<td>+</td>
</tr>
<tr>
<td>Proteins</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Carbohydrates</td>
<td></td>
<td></td>
</tr>
<tr>
<td>a) Fehling’s test</td>
<td>++</td>
<td>-</td>
</tr>
<tr>
<td>b) Molisch’s test</td>
<td>+</td>
<td>-</td>
</tr>
<tr>
<td>Coumarins</td>
<td>+</td>
<td>+</td>
</tr>
<tr>
<td>Quinones</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Phytosterols</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Saponins</td>
<td>++</td>
<td>+</td>
</tr>
<tr>
<td>Terpenoids</td>
<td>+</td>
<td>+</td>
</tr>
<tr>
<td>Fats and fixed oils</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Volatile oils</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Polyphenols</td>
<td>++</td>
<td>-</td>
</tr>
<tr>
<td>Glycosides</td>
<td>+</td>
<td>-</td>
</tr>
</tbody>
</table>

Key: + = Present   - = Absent

Biological assay
Brine shrimp lethality activity of the plant extracts was calculated by using probit regression and shown in table 3. Crude extracts resulting in LC_{50} values of less than 1000 μg/ml were considered significantly active and had the potential for further investigation. The methanol extract of both plants A. sessilis and M. oleifera were found to be cytotoxic against brine shrimps as shown by their LC_{50} values 255.40μg/mL and 380.50μg/mL respectively. The hexane extract of A. sessilis showed the LC_{50} value of 925.68μg/mL and M. oleifera showed >1000. The results revealed that the active constituents were mainly distributed in the methanol extract of both plants.

Table 3: Brine shrimp bioassay and antioxidant activity results of plant extracts and ascorbic acid

<table>
<thead>
<tr>
<th>Sample taken</th>
<th>Extract</th>
<th>LC_{50} value (μg/mL)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alternanthera sessilis</td>
<td>Methanol</td>
<td>255.40</td>
</tr>
<tr>
<td></td>
<td>Hexane</td>
<td>925.68</td>
</tr>
<tr>
<td>Moringa oleifera</td>
<td>Methanol</td>
<td>380.50</td>
</tr>
<tr>
<td></td>
<td>Hexane</td>
<td>&gt;1000</td>
</tr>
</tbody>
</table>

Antioxidant activity test
The radical scavenging activity of different extracts and ascorbic acid (taken as standard) was evaluated using the DPPH assay. Table 4 represents the absorbance values and % radical scavenging activity of plant extracts and the standard taken at different concentrations. IC_{50} value of ascorbic acid (Figure 2) and each extract was calculated from the plot between concentration and % radical scavenging activity (Figure 1). Methanol extracts of M. oleifera exhibited a higher potential of radical scavenging
activity, with an IC\textsubscript{50} value of 65.77 µg/mL compared to its hexane extract (IC\textsubscript{50} value 88.90 µg/mL). Similarly, methanol extract of \textit{A. sessilis} showed high antioxidant activity (IC\textsubscript{50} value 71.10 µg/mL) than its hexane extract (IC\textsubscript{50} value 92.54 µg/mL). It was found that methanol extract of both plants possesses high antioxidant activity as their IC\textsubscript{50} values were found to be close to the IC\textsubscript{50} value of standard ascorbic acid taken (39.53 µg/mL).

**Table 4: Absorbance values and % of radical scavenging at different concentrations of samples**

<table>
<thead>
<tr>
<th>Concentration (µg/mL)</th>
<th>Absorbance values</th>
<th>% Free radical scavenging</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>\textit{A. sessilis}</td>
<td>\textit{M. oleifera}</td>
</tr>
<tr>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>10</td>
<td>0.486</td>
<td>0.623</td>
</tr>
<tr>
<td>30</td>
<td>0.404</td>
<td>0.532</td>
</tr>
<tr>
<td>50</td>
<td>0.347</td>
<td>0.488</td>
</tr>
<tr>
<td>70</td>
<td>0.326</td>
<td>0.417</td>
</tr>
<tr>
<td>90</td>
<td>0.314</td>
<td>0.332</td>
</tr>
<tr>
<td>110</td>
<td>0.287</td>
<td>0.329</td>
</tr>
</tbody>
</table>

**IC\textsubscript{50} value (µg/mL)**

71.10 | 92.54 | 65.77 | 88.9 | 39.53

Absorbance of control (1mL MeOH + 0.5 mL DPPH) = 0.7

![Graph showing radical scavenging activity of ascorbic acid](image1)

**Fig 1:** Percentage radical scavenging activity of ascorbic acid at different concentrations

![Graph showing IC\textsubscript{50} values of different extracts and ascorbic acid](image2)

**Fig 2:** IC\textsubscript{50} values of different extracts and ascorbic acid

(ME: Methanol extract, HE: Hexane extract)
Polyphenols and flavonoids found in methanol extracts of *A. sessilis* and *M. oleifera* (Table 2) are recognized as potent sources of antioxidants. Several previous studies also reported that the methanol extract of *M. oleifera* leaves contained polyphenols and had DPPH radical scavenging activity (Kumbhare, et al. 2012), (Shahriar, 2012), (Suphachai, 2014). The results reflect that *A. sessilis* and *M. Oleifera* can act as a very good option in the field of medicine based on the antioxidant property of natural products chemistry.

**Conclusions**

Phytochemical screening of methanol and hexane extracts of *M. oleifera* and *A. sessilis* chiefly showed the presence of alkaloids, flavonoids, carbohydrates, terpenoids, polyphenols, glycosides, coumarins, and saponins. More phytoconstituents were present in methanol extracts than that of in hexane extracts. Brine shrimp bioassay showed that all extracts except hexane extract of *M. oleifera* were cytotoxic against brine shrimp nauplii. Analysis of DPPH free radical scavenging of the extracts showed that both plants are highly potent in terms of antioxidant activity and the extent of antioxidant activity is following the presence of chief phytoconstituents like flavonoids and polyphenols present in the plant. Further research is recommended to explore these plants as dietary supplements as a source of antioxidants.

**Acknowledgements**

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**References**


