ABSTRACT

Introduction

All penetrating or non-penetrating intentional ocular trauma causing loss of an organ or part of an organ and which have as a consequence the facial disfigurement or post trauma sequela formation have forensic implications.

Objectives

To study the pattern of ocular injuries its forensic implications and meticulous documentation in ocular medico-legal cases.

Methodology

This hospital based cross sectional study was carried out by Forensic medicine personnel in Department of Ophthalmology and Emergency Department of Manipal Teaching Hospital Pokhara, Nepal. A total of 251 cases of ocular injury constituted the sample size. Cases were analyzed according to age, sex, type of trauma, causative agent, and manner of injury and ocular injuries having any medico-legal value. All data was evaluated and relevant information were extracted and entered into a database.

Results

Male subjects 174 (69.32%) were more susceptible to ocular injuries and age group 21-30 years 66 (26.30%) were more predisposed to ocular injuries. The commonest cause of ocular trauma was due to fall on blunt objects 42(16.73%) and corneal abrasion 65 (54.16%) was the most common ocular finding. Accidental manner of injury was observed in majority of the cases 230 (91.60%). Ocular injuries sustained were all simple in nature 251 (100%) as a result no fatality was observed following ocular injury.

Conclusion

Proper history taking and methodical documentation of injuries not only assist in diagnosis and management of the patient but also holds an evidentiary value in medico-legal cases.

KEYWORDS

forensic medicine, medico legal, ocular injuries, visual acuity
INTRODUCTION

Ocular trauma has been a neglected disorder. Approximately 1.6 million people globally are blind from eye injuries and 2.3 million are visually impaired bilaterally and 19 million have unilateral visual loss. Today, ocular injury is one of the most common cause of unilateral blindness in the world. The national population based survey of blindness in Nepal (1981) found a blindness prevalence rate of 0.84%, with ocular trauma responsible for 7.9% of monocular blindness. According to a survey conducted in Nepal in 2011 the prevalence of blindness in the total population of Nepal declined significantly from 0.84% in 1981 to 0.35% in 2011, a reduction of 58.6%. The number of affected person (all ages) reduced with 20.6% from 117,600 to 93,400.

Ocular injuries hold forensic significance when it occurs due to trauma to the body hampering the loss of eye ball and visual acuity. The consequences have many facets including legal, social, and economic. According to Nepal - Criminal (Code) Act, 2074 chapter 14 article 192 [2] defines grievous hurt as all injuries that causes loss of vision or loss of structure resulting in loss of vision and defines grievous hurt as any injury that causes loss of employability. Therefore the maltreater is penalized based on the degree of severity of those injuries. In practice, a legal opinion of ophthalmologist is essential as a treating ophthalmologist or expert or when the legal proceeding is against the favor of ophthalmologist during medical disputes. Despite, initial presentation as medico-legal case, only a small fraction of these cases are trailed in the court for which an attending ophthalmologist is called as expert witness. Ideally all cases of ocular injury should be referred to a specialist for high quality advice after initial first-aid treatment. Even the remotest suspicion of an intraocular foreign body demands radiological assessment. In cases where these safeguards are not carried out actions for negligence may arise. In case of visual disability the Snellen’s chart forms a basis to assess loss of vision and loss of earning capacity. Such exercise is necessary in civil matters where the patient claims compensation under Motor Vehicle Accident and the Workmen’s Compensation Act. Hence, the ophthalmologist must provide evidence of detailed eye examination, correct description of wounds and appropriate investigations to support the diagnosis. The quality of such evidence is defined by scientific methodology employed in the investigation. If a medical practitioner completes all those processes like writing ‘wound certificate’ make a ‘written consent’ with the patient for examination and treatment, and ‘if the matter is intimated to police’, his medico-legal duties can be considered up to standard. If he fails to perform these duties, a negligence suit may be filed against him in the court of law. Although, rare one must be aware of false claims put up by a malingered patient as monetary compensation or legal benefits may take place. The eye being the bilateral organs of visual system; its involvement by injury has medico-legal implications, both of civil and criminal nature. So, every doctor must be familiar with the procedure of examination and recording of data for medico-legal purpose. No such study from this region of Nepal, assessing the pattern of ocular trauma and highlighting the significance of documentation in ocular medico-legal cases has ever been reported till date.

METHODOLOGY

This is a prospective hospital-based study undertaken over a one-year period from 1st January 2018 to 31st December 2018 on “Pattern of occurrence of ocular injury and its forensic aspects.” The sample size obtained by the convenience sampling technique was a complete case of 251. The research was performed in the Department of Ophthalmology and Emergency Department of Manipal Teaching Hospital, Pokhara by Forensic medicine personnel after receiving an ethical clearance certificate from the institution’s ethical committee. Before eye examination, consent was acquired from all patients. This research included all patients attending the casualty, the outpatient department and those admitted to the hospital with history of eye trauma. Information about demographic characteristics viz. age group, gender distribution and residential status of subjects were recorded. Detailed history of injury was taken to know the time of injury, place, object of injury , its nature, manner of infliction, length of hospital stay and ocular injury of any medical-legal significance. Mechanism of injury was categorized as mechanical, chemical or thermal. Mechanical injury was further classified according to ‘Ocular Trauma Classification Group’ by Kuhn and Associates into closed globe and open globe injury. A full-thickness wound of the eye wall (sclera and cornea) is defined as “open globe injury (OGI)”. “Closed globe injury (OGI)” is defined as one in which no full thickness wound of the eyelid is present. All the subjects of ocular trauma were examined by the ophthalmologist and the findings were then recorded by forensic personnel in a specially designed proforma. The ocular examination included visual acuity, anterior segment examination; slit lamp bio-microscopy, IOP (intraocular pressure) measurement by applanation tonometer, gonioscopy and direct and indirect ophthalmoscopy in all patients. USG (B) was carried out to assess posterior segment status particularly retinal detachment, vitreous haemorrhage and to rule out retained intraocular foreign body in patients with hazy media. Other relevant investigations like X-ray orbit/skull, CT scan and MRI were done whenever indicated. The research included subjects free of ocular disease and those reporting within 12 months period from commencement of research. The subjects with ocular disease or with age-related vision alterations as well as follow-up cases were not included in the study. All records were analyzed and relevant data was extracted and entered into a database.
RESULTS

In this study ocular injuries in registered medico-legal cases like Road Traffic Accident (RTA), fall injuries, and physical assault constituted 42 (16.73%) of total cases whereas in non medico-legal registered cases ocular injuries comprised of 209 (83.26%) cases. On the whole unilateral and bilateral ocular trauma cases constituted 274 in number. Male subjects 174 (69.32%) were more susceptible to ocular injuries than females 77 (30.67%). The age group 21-30 years 66 (26.30%) were more predisposed to ocular injuries with least incidence in extremes of ages <1 year 2 (0.80%) and > 80 year 4 (1.60%). Table 1 depicts the gender and age distribution of ocular injuries. The majority of ocular injuries were registered as OPD cases 196 (78.10%) while 55 (21.90%) cases were registered in the casualty. The commonest cause of ocular trauma was due to fall on blunt objects 42 (16.73%). The most common site of injury was cornea 120 (47.81%) with corneal abrasion 65 (54.16%) being the most common ocular finding. Table 2, 3 Majority of the patients 165 (60.21%) had normal visual acuity of 6/6 in the affected eye at presentation. The least visual acuity of 3/60 was recorded in 1 (0.36%) case. Visual acuity was not recordable (NR) in 12 (4.37%) patients of ocular trauma. Table no. 4 In this study all cases of ocular trauma 251(100.00%) was simple in nature involving only the eye lids and outer ocular surface (closed globe) of the eye. Accidental manner of ocular injury were observed in majority 230 (91.63%) of cases while homicidal manner were observed in 21 (8.40%) cases with no suicidal case. Almost all cases 249 (99.20%) of ocular injury were cured and discharged. Maximum cases 21 (75.00%) had hospital stay of 1-5 days. Only 1 (0.36%) case was referred to a higher center for further management and another 1 (0.40%) case left against medical advice (LAMA). In this study no fatality was observed following ocular injury.

<table>
<thead>
<tr>
<th>Age group (years)</th>
<th>Male (%)</th>
<th>Female (%)</th>
<th>Total (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>&lt;1</td>
<td>2(0.79)</td>
<td>0(0.00)</td>
<td>2(0.80)</td>
</tr>
<tr>
<td>0-10</td>
<td>22(8.76)</td>
<td>9(3.58)</td>
<td>31(12.40)</td>
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<tr>
<td>11-20</td>
<td>22(8.76)</td>
<td>11(4.38)</td>
<td>33(13.10)</td>
</tr>
<tr>
<td>21-30</td>
<td>51(20.31)</td>
<td>15(5.97)</td>
<td>66(26.30)</td>
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<tr>
<td>31-40</td>
<td>26(10.35)</td>
<td>11(4.38)</td>
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<tr>
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<td>13(5.17)</td>
<td>35(13.90)</td>
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<tr>
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<td>10(3.98)</td>
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<td>4(1.59)</td>
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<td>3(1.19)</td>
<td>6(2.40)</td>
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<tr>
<td>&gt;80</td>
<td>3(1.19)</td>
<td>1(0.39)</td>
<td>4(1.60)</td>
</tr>
<tr>
<td>Total</td>
<td>174(69.32)</td>
<td>77(30.67)</td>
<td>251(100.00)</td>
</tr>
</tbody>
</table>
which was consistent with other studies. This study were more predominant in age group 21-30 years males than in females. Incidences of ocular injury in our other studies also showed higher incidence of eye injuries in occupational and sports, risky adventure seeking behavior again can be attributed to the increased outdoor, difference in exposure risk between males and females. This injuries than females (30.67%). This may be due to the injuries are usually accidental in manner.

DISCUSSION

Medico-legal ophthalmic examination of living or dead is a major component of Forensic ophthalmology in resolving legal problem or issues. The medico-legal report forms the basis for the documentary medical evidence in court of law and demands detailed professional examination along with strong documentation. The report should be prepared immediately after the examination is complete. If the report stands out to be more than one page, each page should hold the signature of the doctor at the bottom of the page. The report should bear the date, time, and place of examination; the details of the patient and accompanying person. It is vital that the report should be clear, understandable and concise and complete. The report should avoid technical terms as far as possible and should show the competence of the doctor and lack of bias. If a definitive opinion cannot be given immediately, relevant tests should be ordered, and the patient should be kept under observation. Adult ocular injuries are usually the result of intentional assault. Males are more often affected than females and suffer injury at younger age, in contrast to pediatric ocular injuries which are usually accidental in manner.

In our study males (69.32%) were more vulnerable to ocular injuries than females (30.67%). This may be due to the difference in exposure risk between males and females. This again can be attributed to the increased outdoor, occupational and sports, risky adventure seeking behavior and recreational activities with higher risk of injuries in men. Other studies also showed higher incidence of eye injuries in males than in females. Incidences of ocular injury in our study were more predominant in age group 21-30 years (26.30%) which was consistent with other studies. This comprises the economically productive age group and ocular injury in this age group results in great economic loss. Increased incidence of ocular injuries among young can be explained by their frequent social activity. In our study the main cause of ocular injuries were due to fall injury on blunt objects (16.7%). There is disparity in this finding and that of other studies. Karki DB observed non-specific agents (41.9%) as most common cause of ocular injuries followed by metallic agents (25.3%). Wooden objects (19.6%) followed by fist injury (13.4%) was the commonest source of ocular injury observed by Sthapat PR et al. According to Dulal S et al dust and sand particles, leaves and thorns accounting (30.7%) was the major objects of ocular injury. It is difficult to comment on the discrepancy of these causative agents as the source of injury varies pertaining to the place of incident, aggression, house hold and occupational activities, traffic accidents etc. In our study, the most common ocular injury documented was corneal abrasion (54.16%) with cornea (47.81%) being the most affected anatomical site. Our finding is consistent with results of Upadhyaya M et al in Bhaktapur and Oum BS et al in South Korea, where corneal abrasion has been observed to be the most common finding. Loss of eye sight or blindness during altercation is considered a crime of grievous nature and is liable to fine and/or punishment according to Nepal Criminal (Code) Act, 2074(2017). Here, it may be imperative to note that the treating doctor should give opinion after complete healing which may take 6 week's or 6 months or more on an average, to judge the disability or disfigurement is permanent or not as anatomical healing usually never correlate with physiological healing (i.e. vision). The visual acuity (VA), intraocular pressure (IOP) and sketch of the wounds are very important features to be documented. In most of the subjects (60.00%) visual acuity recorded was 6/6. Visual acuity was not recordable in (4.40%) cases as this proportion constituted pediatric age group of < 4 years. Our finding is in accordance to a study conducted by Voon LW et al wherein (82.70%) cases, visual acuity was 6/6 - 6/9. Similarly, Sthapat PR et al noticed visual acuity was better than 6/12 in (83.92%) patients of ocular injury. Additionally he mentioned visual acuity could not be assessed in three cases of pediatric age group. The better visual acuity in the above studies and ours is due to the fact that maximum cases consisted of simple ocular trauma in the form of foreign body insertion, lid abrasion, lid laceration, lid oedema and ecchymosis without having significant effect in the visual acuity. However, in contrary Titival GS et al found patients (30.90%) were blind at presentation with visual acuity of <3/60. This is because the ocular injury sustained by the victims were that of open globe injury which significantly affected the visual acuity. Any ocular injury can be classified under three groups namely 1. Simple 2.Grievous and 3.Eye injuries dangerous to life for all medico-legal purposes. The basic manner of mechanical injuries are accidental, suicidal or homicidal, which are
associated with legal problems and may end up in consumer court or criminal court.13 All the study subjects in our study had sustained simple ocular trauma involving the lid and outer ocular surface without any significant injury affecting the globe. The majority of ocular injuries were accidental (91.60%) in manner which occurred due to fall on blunt objects. Homicidal case was observed to be (8.40%) that resulted out of physical assault. Almost all patients (99.20%) in our study setting were cured and discharged with a mean duration of hospital stay of 4 days. In this study no fatality resulted out of physical assault. Almost all patients (99.20%) in our study setting were cured and discharged with a mean duration of hospital stay of 4 days. In this study no fatality resulted out of physical assault.

CONCLUSION

Ophthalmologists are an integral cog of the medico-legal system for justice delivery. Proper history taking and documentation not only assists in diagnosis and management of the patient but also holds an evidentiary value in medico-legal cases. It is therefore important for every doctor to be familiar with procedures of ocular examinations as well as good record keeping to ensure that there is no medico-legal liability on his/her part.

REFERENCES