

Editorial

It is with immense pleasure that we present **Volume 8, Issue 1 (January 2026)** of *COGNITION*, a peer-reviewed transdisciplinary research journal published by the National University Teachers' Association, Patan Multiple Campus, Tribhuvan University. Since its inception, *COGNITION* has remained committed to fostering rigorous scholarship, intellectual plurality, and meaningful dialogue across disciplines, and this issue stands as a strong testament to that mission.

The present volume brings together a rich spectrum of research articles traversing health sciences, education, social sciences, economics, political studies, and literary criticism. Such diversity reflects our belief that knowledge production in the contemporary world must transcend disciplinary boundaries and respond to complex social realities through multiple perspectives.

A distinctive strength of *COGNITION* continues to be its inclusive space for literary and cultural scholarship in **Nepali and Nepal Bhasa**. The issue also presents nuanced analyses of poetry, songs, novels, short stories, and cultural texts through diverse critical frameworks—ranging from absurdism and experiential structures to rhythm, narrative consciousness, and indigenous cultural identity. These contributions reaffirm literature and culture as vital sites of knowledge production, collective memory, and creative resistance.

The editorial board extends sincere gratitude to all contributing authors for their scholarly dedication, to our anonymous reviewers for their meticulous and constructive evaluations, and to the editorial and production teams for their tireless efforts. We are also thankful to our readers and institutional supporters, whose continued engagement sustains this journal.

We hope that this issue of *COGNITION* will stimulate critical thought, encourage interdisciplinary exchange, and inspire further research rooted in both local contexts and global conversations.

Prof. Sanjay Kumar Mishra, PhD
Chief Editor
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