Democratic Movements and Challenges in Nepal

Dr. Tara Nath Ghimire *

Abstract

This article examines and analyses the democratic movements and challenges in Nepal. Democratic system of government is considered one of the best and most superlative governing systems of countries in the world. In the history of civilization, democracy has been fundamental in transforming the globe from monarchy, imperialism and invasion to constitutional democracy, self-determination, mutual understanding and peaceful co-existence. The democratic system is preferable and a better governing system because of the participation of people in decision-making. There have been many movements for the establishment of democracy in the world and those movements have contributed significantly not only democracy but also equally to human rights. Also in Nepal, there have been several movements for the establishment of the democratic system. For a long time, Nepal had a unitary system with absolute monarchy. A federal republic system has been established in Nepal through a long and continuous struggle involving various political movements. This study is related to those movements that have some significant role in the establishment of democracy in Nepal along with their challenges. It is qualitative research in nature and used only secondary data. The secondary data and facts have been drawn from library and related reviews and they are interpreted and analyzed with movements and challenges as analytical and descriptive method.

Keywords: democracy, government, monarchy, movements, political party

Introduction

There have been many movements for democracy in Nepal. These kinds of movements have also taken place in other countries for democracy. Although there are some minor reasons for all these movements. Traditional governance system is the main obstacle for the democracy. The monarchy is said to be the main reason as an obstacle to democracy in Nepal. Even though the monarchy has ended, democracy has not been able to move forward in an institutional form. Therefore, what are the other

* Associate Professor, Political Science, Patan Multiple Campus, Patan Dhoka, Lalitpur
E-mail: taraghimire267@gmail.com
reasons that are challenges to democracy? This research has been prepared by focusing on these reasons.

Democracy can simply be defined as the popular government or the representative government having fundamental features such as rule of law, equality, periodic elections, inclusiveness, press freedom, separation of power, independent and impartial judiciary, the supremacy of the constitution, and so on. The word democracy is the English form of the Greek language ‘Demos Kratos’. The term ‘demos’ means people and ‘Kratos’ means rule. It is believed that the word ‘Kratos’ was first used for the people of the ancient Greek city-state. The word ‘democracy’ is the word of ancient civilization though countries like the United Kingdom, the United States of America, and France have made a very important contribution to the establishment of modern democracy. The American independence revolution was not only a movement for the independence of its country but also a movement for democracy whereas in Britain there were initiatives for democracy since 1215. ‘From March 1215 to June 1485, Parliament played a major role in the governance of Britain, and parliament kept a check on the king's autocracy,’ (Kafle, 2050 B.S). The movement proclaimed that Magna Carta is a great achievement for democracy.

Similarly, the state revolution of France has also an important contribution to the establishment of modern democracy. ‘The French Revolution of 1789 was a movement against social inequality rather than against authoritarian rule. The French aristocracy used many privileges and facilities to suck the people’s blood,’ (Thakur, 2064 B.S.). The American war of independence, the French revolution, and the British glorious revolution have also contributed significantly to the establishment of modern democracy. The glorious revolution in Britain brought all the authority of the King into the House of Commons. That was a very important step to institutionalize modern democracy. ‘Democracy is one in which every member has, within reasonable limits of time, equal and effective opportunities to learn about suitable alternative policies and the possible outcomes of the policy,’ (Dahl, 1998). The history of the democratic movement of Nepal is not very long, however, the democratic movement of Nepal has faced a long process. Nepal has witnessed three major revolutions for the achievement of democracy: the first one against the autocratic Rana rule in 1950, the second against the panchayat system in 1990, and the last one was the people’s movement in 2006 which is detailed as Democratic movement of Nepal started against the Rana regime which was a long-standing family rule for more than a century. The main objective of that movement was the end of autocratic family rule and the establishment of a democratic government. ‘The history of the democratic movement of Nepal has not
been very long because the democratic movement of Nepal had been started very late than that of other democratic countries but there have been many important movements for democracy in Nepal,’ (Dahal 2064 B.S). Those movements have made a great contribution to the establishment of democracy in Nepal. Not only the movement contributed to the establishment of a federal republican governing system in Nepal but also all the efforts for democracy have contributed to the present situation. Four great martyrs of Nepal sacrificed their lives, for democracy in the democratic movement of ‘Nepal Praja Parishad’ in 1997 B.S. Since that movement against the family rule, there have been many movements for democracy in Nepal. Among those movements, the democratic movement of 2007 B.S. had a great impact on Nepalese history because that movement had ended more than a century of family Rana regime and paved the way for democracy. The movements for democracy of Nepal, their achievements and the present political situation are discussed in this study. In this study, the end of the Rana period, a decade of party politics, three decades of the party-less Panchayat system, movements against the non-party system, the united people’s movement against regression, Maoist rebellion, and the challenges of democracy in Nepal have been analyzed.

Statement of the Problem

This article has been prepared for the purpose of searching for the democratic movements in Nepal and why Nepal's democracy has not been institutionalized, what are the problems and why challenges keep coming to Nepal's democracy. The main objective of this study is to discuss how and when the democratic movements in Nepal took place and why democracy could not be institutionalized. There are some problems to institutionalize democracy in Nepal. In this study, the researcher tries to explore these problems about democracy and its challenges of Nepal. This article looks for the answers to the given research questions:

• When and why have there been movements for democracy in Nepal?
• What kind of challenges are there for democracy in Nepal?

Objectives of the Study

The study aims to examine the democratic movements and challenges of democracy that have prevented Nepal's democracy from being institutionalized. The study has the following specific objectives:

• To analyze democratic movements for democracy in Nepal.
• To examine the challenges of democracy due to which democracy has not taken an institutional form in Nepal.
Methods

This research has been prepared to highlight Nepal's democratic movement and also has tried to analyze the challenges of Nepal's democracy. This research is purely qualitative research. The necessary materials have been collected through the library and related sources. While collecting the material, only secondary materials have been collected and analyzed. Descriptive and analytical methods have been adopted in the study. Mandatory methods have been used where appropriate as required. There have been three major and other essential revolutions for the achievement of democracy in Nepal which can be highlighted as follows:

Discussion

End of Rana Period

After the unification of Nepal, the politics of Nepal was mired in deceitful traps and conspiracies. The desire of the kings to have many queens and the desire of the queens to have their influence in politics caused the politics of Nepal get trapped in the Rana family dynasty. "There was extreme factionalism between the kings of Nepal as well as the queens within the palace due to their selfish interests. Taking advantage of this, Jung Bahadur Rana started Rana dynasty on September 14, 1846" (Kadel, 2047 B S). Autocratic and familial, Rana’s rule was a very rigid dynasty. It would have been a crime to oppose the Ranas in that era. There was no freedom. Anyone who defied it was punished to death. In the same way, the Ranas ruled by their own family regime for more than a century in Nepal. Comparatively, the Rana period saw the most centralized governance. Rana Prime Ministers were at all-powerful level while the public servants from the general side or the military police had to be directly loyal to the Prime Minister. National servants were also appointed by the Prime Minister. For more than a century, democracy and the development of Nepal have been greatly delayed. Even though, there were small voices against that rule from the very beginning, there had not been effective movements. Belatedly, Nepal Praja Parishad started an effective movement against the Rana rule in January 1937. This movement had to lose four honorable youths of Nepal. Those young people are considered four martyrs of Nepal. That movement was the first democratic movement in the history of Nepal:

The rebellion of the Limbu and Tamang tribes against the Gorkhali state in 1773, the rebellion of the Khumbu Rais of Kirat in 1808, the rebellion of the Magars of Gorkha against the Rana rule in 1870, the Gurung rebellion of 1877, the
rebellions of the Atpariyas of Dhankuta against Hinduism are the notable rebellions that took place during the Rana period, (Baral, 2063 B.S, p. 20).

In the continuation of that movement of Praja Parishad, under the leadership of Nepali Congress, together with the Communists of Nepal, the Rana dynasty was ended in February 1951. The movement against the Rana rule, in which King Tribhuvan played the main role, finally brought an end to the Rana regime.

A Decade of Party Politics

Established in 1936 against the Rana regime, Nepal Praja Parisad is the oldest political party in Nepal. This party was founded for freedom and human rights. Four martyrs lost their lives because of this party's agitation against the Rana in 2041. “Nepali Congress played a leading role against the Jahania Rana regime in 1950 while Nepal Communist Party, which was established in Calcutta in 1949, also played an important role in the movement against the Rana regime” (Mishra, 2055). In the movement of democracy at that time, King Tribhuvan left the throne of Nepal and took shelter in Delhi. That event gave great strength to the democratic movement of Nepal.

“The reason to seek asylum without its permission and that he should therefore be returned from the Embassy. Nevertheless, as we have seen, King Tribhuvan and his family were flown to New Delhi in November 10, 1950”, (Joshi & Rose, 2004, p. 76).

Raja Tribhuvan with the help of India and the Nepali Congress in the country, the movement was finally successful. India also had a big hand in bringing it to that state. In the second-round dialogue, the Rana government was forced to accept India's offer. On January 8, 1951, Mohan Samsher Rana made a public announcement about the new political system. He mentioned that his government had failed and that King Tribhuvan would continue to govern Nepal and elect the Legislative Assembly within 1952 which would establish the rule of law in Nepal, (Ibid). After the end of the Rana regime, the election of the Constituent Assembly could not be held at the appointed time and the political parties could not even succeed in establishing a representative government. Finally in 1950, the constitution of Nepal was adopted, and according to that constitution, the election was completed and a new government was formed. “According to the Constitution of Nepal 1959, on May 27, King Mahendra formed a democratic cabinet under the leadership of Nepali Congress led by BP Koirala. In the first election held according to that constitution, Nepali Congress won an absolute majority” (Ibid). It was not possible for the first elected government of the democratic system to continue to govern for a long period of time. That government was removed by King Mahendra in December 1960 and the Panchayati system was implemented. That incident once again pushed democracy back.
Three Decades of the Independent Panchayat System

The Panchayati system implemented by King Mahendra in December 1960 ended the democratic system established by removing the Rana regime. The Panchayat system of party-less character was announced and ruled under the umbrella of the king. A new constitution was implemented in January 6, 1963 for a party-less Panchayat system which was introduced after the ban on political parties. This constitution was in force in Nepal for about thirty years, (Acharya & Yatru 2067, B.S). The constitution of Nepal 1963 was amended 3 times though Panchayat system was furthered towards autocracy without opening the ban on the political parties, so the banded parties were against this system, mainly Nepali Congress, and various left-wing components remained active on their own policy. In the party-less Panchayat system, the king had an absolute rule.

Although the first parliament elected under the 1958 Constitution of the kingdom of Nepal, in 1959, started to practice some degree of democracy, the autocratic power of the Shah dynasty king came into effect on 15, December 1960, but the panchayat's despotism was reduced to strengthen the centralized and unitary state (Report, 2066 B.S).

At that time, King Mahendra and King Birendra ruled under the Panchayat system. However, King Mahendra is depicted as a development-loving and nationalist king while King Birendra is depicted as a liberal king. During this time, the parties were in an underground movement against the system. Nepali Congress played a leading role in that movement. The three decades of the Panchayat period were spent in the imposition of democracy by the democratic political parties of Nepal. At that time, many citizens of Nepal sacrificed their lives for democracy. The main feature of the Panchayati system was the active leadership of the king, non-party system and the creation of Panchayati government structures as an alternative to democracy, (Shiwakoti, 2070 B.S). In the party-less panchayat system, various political parties have fought important struggles for democracy. The movements of the political parties against the Panchayati system have been briefly summarized below.

The Rebellion of the Nepali Congress Against the Panchayat System

In 1959, Nepal held its general elections, which led to a multiparty democratic system after many ups and downs. The government of the Nepali Congress that was presented in the parliament with a two-third majority could govern only for 18 months. King Mahendra allowed the Nepali Congress government to rule for only 18 months. After that, the king dissolved the democratic government and imposed a party-less
Panchayat system. Nepali Congress had launched a strong movement against the reprehensible action. For the first two years, the Nepali Congress staged an armed rebellion against that move of the king. On 17 January, 1963, Rangalal Gurung was killed in an encounter between the army and militants in Okharbote Bhanjyang, Ilam, and Congress militants were arrested in Ilam and were murdered by ditching them in the hole (Shiwakoti, 2070 B.S.). That tragic incident took place at Maipokhari in Ilam. That was a big and painful event in the democratic movement of Nepal but that event is being forgotten by the leaders of democracy. Congress leader BP Koirala wanted to take up arms against the king but Suvarna Samser did not agree on the matter. At that time, BP had also inquired about weapons with Suvarna Samser (Gautam, 2060). During that time, 180 attacks were carried out in different parts of the country, and a bomb was thrown at the king in Janakpur. Hundreds of people were killed in Chitwan Rebellion (Siwakoti). Durgananda Jha was hanged on 29, January 1964, for being involved in this scandal (Adhikari 2071).

After that, the movement of the Nepali Congress seemed to be somewhat weak until Bishweshar Prasad Koirala was released from prison in 1968. After Bishweshwar and Ganeshman were released from prison, the agitation seems to have revived. In this way, even though the Nepali Congress tried to launch an armed rebellion, it did not achieve much success. During this period, the country was greatly damaged by the killing of many patriots and hard-working warriors. After these incidents, Congress leaders were living in exile in India. Feeling that the country was in dangerous situation, in December 30, 1976, BP and other congress leaders returned to their home country. BP took a policy of reconciliation and returned to the country because the foreigners’ eyes were on the integrity of the nationality and the democracy was lost (Koiral,2072). Even after coming to the country, the Nepali Congress including BP was constantly standing in the field of struggle for democracy. On January 1990, with the joint movement of communists, re-establishment of democracy in Nepal was possible. This incident made the king subject of the constitution. These kinds of movements added strength to the fight for democracy and the institutional development of democratic culture.

**Communist Rebellion Against the Panchayat System**

Nepalese communists have also contributed to the democratic movement of Nepal. Currently, there are many communist political parties in Nepal. Nepal Communist Party was established in Kolkata India on 1949. This is an old historical communist political party of Nepal that played a role in the revolution of 1950. The communist party of Nepal got only 4 seats in the general election of 1958 (Mishra,
2055 BS). But since that communist party has come to this day, more than a dozen communist political parties have been established. After the intervention of King Mahendra in 1960, this party also went underground. The Nepal Communist Party organized many rebellions against the panchayat system. It had launched many small and large armed rebellions to end the Panchayat system. In such well-known rebellions, Pushpalal led the armed peasant rebellion in Nawalparasi and Jhapa District. After the formation of the Coordination Committee, the Jhapa rebellion launched under the policy of class cleansing. Jhapa revolt, the farmers' revolt in Jugedi of Chitwan under the leadership of Rooplal Vishwakarma, the Piskar scandal, and other rebellions are considered important events in the history of the communist party of Nepal (Ibid). All those revolts by the Nepalese Communist Party also advocated for democracy. Nepal Communist Party has made important protests against Panchayati system for democracy. ‘After King Birendra bought arms from China, Nepal's relationship with India deteriorated. After India imposed a blockade on Nepal in 1990, the political parties of Nepal protested against panchayat. In that movement, Nepali Congress under the leadership of Ganeshman Singh, along with Communists, also participated in the movement against Panchayat system’, (Shiwakoti, 2070 B.S.).

United People's Movement 1990

In 1989, the political parties living underground for a long time in Nepal, jointly organized a movement against the Panchayat system. There were two major groups in the Nepali politics but they were illegal at that time which were Nepali Congress and Nepal Communist party. Due to the negative steps taken by the panchayat system from the students' movement to the referendum, the political parties were looking for an explanation for the movement against the panchayat system. Due to the blockade imposed by India, the political parties in the underground were prepared to protest against the panchayat system. At a time when it was unfavorable for the Panchayat, the movement was announced on 18 February, 1990 (Shiwakoti, 2070 B.S.). The banned Nepali Congress and the United Left Front launched a joint movement for multi-party democracy. After 49 days of struggle on 8 April, 1990, at 11:45 pm, the movement took a break after the king removed the ban on the party system. After the ban on the parties, an interim government was formed under the leadership of Krishna Prasad Bhattarai, the leader of the Nepali Congress. It implemented the democratic constitution 1990 in Nepal (Gautam, 2055 BS). Accordingly, the general election was held in 1991. Nepali Congress won the majority. The factions within the party could not make the government work for its entire lives. Mid-term elections were held in 1994. No party succeeded to gain the majority. As being a big party, the leader of
the Communist Party, Manmohan Adhikari, president of the communist party united Marxist and Leninist leader of the parliamentary party, formed a minority government. It also faced a motion of no confidence and dissolved within 9 months (Mishra, 2055 BS). After that, the governments that were formed in a short period of time were filled with despair, anger, and frustration among the people. After the restoration of democracy, the parties could not remain balanced within themselves and between the parties. After the mid-term elections, when one party appeared as an enemy to the other party, the country began to move at a bad pace. The arbitrariness of the political parties had hindered the development of the country and the people were disappointed. The movement of the party pushed the democratic practice backward in Nepal. At the same time, the Maoist rebellion started in Nepal. There have been criticism and support for the Maoist insurgency in Nepal.

**Maoist Rebellion**

Communist party of Maoist political party, founded in 1996 in Nepal, is a political party that went into rebellion against the unequal development in Nepal by advancing the demands of inclusive democracy and equal development. Maoist has adopted a policy of rebellion and raised the issue of equal development by structuring the state on caste basis. The policy of insurgency is the policy adopted by the Maoists at the unity convention held in December 1991 (Bhattarai, 2063). After the restoration of democracy in Nepal, the people had a big supposition to change the condition of the country and people's living standards. A democratic constitution was also implemented as a result of the movement in 1990. The king was also replaced by a constitutional monarchy. But the political parties could not perform their duties properly. The political parties could not work according to the aspirations of the people, and the government continued to form and collapse. At a time when there was a kind of frustration, and anger among the people, the then Maoists started the armed people's war on 14 February 1996. Different ethnic liberation fronts were formed with the slogans of ‘Right to Self-determination’ and ‘ethnic autonomy (Khanal, 2009). During the Maoist war, King Birendra's dynasty was mysteriously wiped out. Such stories had a bad impact on the democratic movement in Nepal. King Birendra is known as a generous and democracy-loving king. King Gyanendra took over the throne on June 1, 2001., after the Darbar murder scandal. After this incident, Gyanendra pushed back Nepal's democratic practices. Lokendra Bahadur Chand was made a prime minister on 4 October 2001 without the party's recommendation and consent, and the relationship between the then parliamentarians’ political party and the king deteriorated. The
parliamentary parties came close to the Maoists and they succeed to coin 12 points agreement in India. The people's movement of 2006 was completed based on the Maoist people's war. After the movement, the 25-point code of conduct and 8-point understanding with the Maoists, the agreement of October 22, and the comprehensive peace agreement of November 5, Maoist insurgency ended forever. It was agreed to conduct arms management and Constituent Assembly elections under the supervision of the United Nations. For this reason, the conflict ended after joining the interim legislature, the interim constitution, and the interim government (Siwakoti 2070 B.S.). Even though the Maoist rebellion pushed the democratic movement of Nepal back a bit, that rebellion played a vital role in establishing the federal republic of Nepal. The incident of the destruction of Birendra's dynasty is a complete mystery, but the Maoist war and the royal palace massacre have changed the political mode of the country.

**Anti-Regressive Movement**

King Birendra's dynasty was destroyed by 1 June, 2001 and Gyanendra became the king after the palace massacre. On October 5, 2002, Lokendra Bahadur Chand was made Prime Minister. The parties, which were disturbed by this incident took this step of the king as regression and announced various stages of movements to correct the regression and to form a council of ministers on the recommendation of the party, which is considered an anti-regression movement. King Gyanendra had greed for an autocratic monarchy due to which he ignored the political parties. That incident stopped the democratic exercise of Nepal. That is why political parties had to protest against regression time and again.

**United People's Movement 2006**

A front was formed between the parties in Parliament against the regression of King Gyanendra in 2006. This front agreed to cooperate with the rebel Maoists to protest against the king for democracy. As a result of this decision, a 12-point agreement was reached between the Maoists and the Parliamentarians, which led to the movement of 2006 (Siwakoti, 2070 B.S). This movement was against the king's decision to end democracy by forming a cabinet under his own leadership on 1 January 2005. At that time, the king did many things for leaders like imprisoning and arresting political party leaders with false cases. After the joint movement lasted only 19 days, the king accepted the people's plan of action, which was another victory for the democracy of the Nepalese people. After the success of the protest, Girija Prasad Koirala became the Prime Minister of Nepal. With the success of the movement,
important events took place in the politics of Nepal. Maoists’ entry into the parliament, the establishment of the interim constitution, the determination of the election of the Constituent Assembly, the Madhesh movement, the determination of federalism and the search for the failure of the monarchy were done. That action is considered to be a great achievement in Nepal's democratic movement. At that time the Prime Minister of Nepal was Girija Prasad Koirala. Koirala has made a great and important contribution to the democracy of Nepal. Constituent Assembly was elected in 2064 according to the interim constitution. After the failure of the first Constituent Assembly, the second Constituent Assembly was elected in 2070. That assembly issued the constitution of Nepal. That constitution is currently in force in Nepal. According to this constitution, the election of federal Nepal was completed in 2074. This constitution has also been created in a federal form. According to the constitution, Nepal has been established as a federal republic, and the first meeting of the federal parliament of the federal structure formally declared the end of the monarchy from Nepal.

Perhaps no other organization had a greater influence than the prevailing electoral system and political parties to give a special shape to the political landscape of a democratic country (Dahl 1998). There have been many movements for democracy in Nepal. Political parties’ leaders have made great sacrifices and graveness for democracy. By doing so, many people met a painful end in the democratic movement. Due to the sacrifice of many citizens, the democracy of Nepal is in its present state, but why is there no satisfaction among the common citizens in Nepal? This should be the subject of research.

**Challenges of Democracy in Nepal**

Democracy is a form of government in which the people elect representatives from among themselves to create a governing body such as a parliament or they exercise their power directly. Another name for it is the "rule of the majority." Democracy prohibits the passing of power. The people choose the leaders. Residents cast their votes for their representative when representatives run for office. The representative who receives the most votes is declared the winner. Democracy has been claimed as the best system of governance in the world. In fact, democracy is a system that works for the benefit of society and the common people. It is a system that can always be institutionalized only in the public interest. Political system is a particular type of social system- namely one involved in the making of authoritative public decision (Almond, Powell & others, 2004). But political parties in Nepal are not accountable to society for institutionalizing democracy (Karki, 2068 B.S.). There are some major
challenges as well. The democrats and progressives of Nepal have claimed that there is a threat to democracy. But experience has confirmed that the democracy of Nepal is not threatened by others, but by the movement of democratic and progressive forces. Their activities have challenged democracy from time to time. On the other hand, it can be assumed that common citizens are in favor of democracy. In all the movements of the political parties, there is great support and cooperation from the common people. However, in the long democratic practice, Nepal has not achieved significant achievements which has created negative consequences with frustration among the common citizens. There are some reasons for such challenges of democracy in Nepal which are given below:

- The political parties of Nepal did not teach Nepali society that the country is bigger than the party and that the interests of the country should be considered paramount. Nepalese citizens could not be emotionally organized due to the leaders' greed for position and power.

- Political parties have lost some respect for morality. The rights and duties of citizens are not delineated. Common citizens are also looking towards immorality due to the unethical actions of political parties.

- The media world also has a big hand in democracy, but they are also run by parties, there is a lack of fairness. This is a great misfortune for democracy.

- On the one hand bureaucracy is weakened by politicization and is not in a state of working environment with high morale. On the other hand, there is a tendency to look up to avoid responsible in employees.

- From the year 1950 till today, Nepal's political parties are fragmented and divided into various factions and sub-factions. Moreover, the fragmentation and factionalism of the left-wing parties that called upon the workers of the world to unite have left many people confused and disappointed. Such a character within the party is not considered auspicious for the development of democracy. In addition, against the trend of being ready to be ruled and ruled in democracy, the tendency to see the nationality itself is in crisis when it must come to power or to be removed from power has weakened the faith and morale of the people within the party.

- There are many examples of the voters of Nepal showing unnecessary fanaticism towards their ideas and falling into petty greed. They also see their
role in strengthening of the democracy less. From time to time, the essence of democracy is attacked. Democracy cannot succeed in an environment of economic poverty because poor people do not care about the high ideals of duty and honesty. Earning a livelihood remains their moral and high ideal. Therefore, for the success of democracy, it is necessary for the state to achieve economic equality through economic justice and positive discrimination in the country. Since the issues of economic equality are limited only on paper, it does not seem that freedom can be used in a bold manner which is not considered auspicious for the successful implementation of democracy.

**Conclusion**

If we view the political history of Nepal, we can clearly perceive that more than eighty years have been employed and spent for democracy. This movement which started against the family rule of Rana has not fully achieved its goal yet. Democracy in Nepal has bought a lot of progress in Nepal. The history of Nepal was highly occupied by an aristocratic monarchy which has been replaced by the democracy of the Nepalese people. Nepal has proudly restored and represented nationality and socialism through democracy. Despite the success of all democratic movements in Nepal, democracy could not be institutionalized. Although the democratic movements in Nepal from time to time are of Nepal and Nepalese, regardless of whether they are successful or not, the political parties could not stand their ground when the interests of foreigners came to dominate there. Despite the success of the parties in the democratic movement with the kings of Nepal, democracy has been lost due to the internal activities of the political parties. Throughout the establishment of the first democratic government and after the restoration of democracy, there were weaknesses in the parties. The irresponsibility of the political parties is also involved in the Maoist rebellion and the king's undemocratic actions. The honor of democracy in Nepal has been degraded due to corruption and inefficiency, growing economic and social inequalities, caste system and many other evil factors. On the other hand, there is a lot of devotion to the party among the people and the servile attitude of accepting the weakness of the party is also a challenge for democratic Nepal. Common citizens and media should also be free and impartial. Democracy cannot flourish and thrive unless there is honesty and dutifulness.

**References**


