



## Foreword

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It is with great pride and immense joy that I extend my heartfelt congratulations on the successful publication of “Journal of Bharatpur Hospital (JoBH)”. This outstanding accomplishment is a result of the devotion, diligence, and intellectual commitment of our eminent scholars, editing team, and contributors. Today, we take a historic step forward by launching this journal—a platform that will amplify our collective knowledge, foster scientific inquiry, and bridge the gap between research and practice.

Bharatpur Hospital has long stood as a inspiration of healthcare in this region, serving a diverse population. As a government hospital, we recognize our unique role in addressing the healthcare needs of our community, and we are aware of the importance of evidence-based practice in achieving optimal patient outcomes. This journal, therefore, represents a platform where clinical insights, research findings, and innovative ideas can be shared, discussed, and ultimately, translated into improved healthcare delivery.

This journal is a testament to our institution’s mission: excellence in patient care and leadership in medical innovation. I commend our editorial team and contributors for their tireless efforts in bringing this vision to life. To our readers—clinicians, researchers, and students—I invite you to engage critically

with these pages, to challenge conventions, and to join us in shaping the future of healthcare. In the

ever-evolving field of healthcare, the exchange of knowledge and continuous learning are vital for progress. A strong commitment to research ensures that healthcare continues to evolve, adapting to new challenges and delivering the best possible outcomes for patients and communities. I believe that Journal of Bharatpur Hospital will serves as a platform for healthcare professionals, researchers, and academicians to share their valuable insights, groundbreaking studies, and clinical experiences. Each contribution represents a step forward in this collective mission to enhance medical education and patient care.

I extend my heartfelt gratitude to the authors, peer reviewers, and editorial team whose tireless efforts have made this publication possible.

Warm Regards

Prof. Dr. Krishna Prasad Paudel  
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