



Foreword

Mr. Raju Poudel

Chairperson, Bharatpur Hospital,

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It is with immense pleasure and great honor that I extend my heartfelt congratulations on the publication of the first volume of the Journal of Bharatpur Hospital (JoBH) under NepJOL.

This milestone marks a significant step forward in advancing medical research and knowledge dissemination, reinforcing our commitment to excellence in healthcare and scientific inquiry.

Bharatpur Hospital has been a steadfast pillar of healthcare in our region, dedicated not only to patient care but also to advancing medical knowledge. The establishment of this journal reflects our unwavering commitment to research, innovation, and evidence-based medicine.

Medical research and academic publications play a crucial role in shaping evidence-based clinical practice, guiding policy formulation, and enhancing patient care outcomes. The Journal of Bharatpur Hospital (JoBH) is envisioned as a platform for healthcare professionals, researchers, and academicians to share their valuable insights, clinical experiences, and research findings. By fostering a culture of scholarly discourse, the journal will contribute to the development of innovative medical practices and policies that benefit both healthcare providers and the broader community.

The linkage between research, practice, and policy is paramount in today's evolving medical landscape. A well-documented and peer-reviewed body of knowledge strengthens clinical decision-making, informs national health policies, and

ultimately improves the quality of healthcare services. The launch of this journal is not only an academic achievement but also a testament to Bharatpur Hospital's dedication to fostering medical research and continuous professional development.

I extend my sincere gratitude to the editorial team, contributing authors, reviewers, and all those who have worked tirelessly to bring this inaugural issue to fruition. Editorial team dedication and efforts from in establishing this journal as a credible source of scientific knowledge are truly commendable.

On behalf of Chairperson of Bharatpur Hospital, I convey my best wishes for the continued success of JoBH. May it serve as a beacon of knowledge, inspiring generations of medical professionals to engage in research, innovation, and evidence-based practice for the betterment of healthcare in Nepal and beyond.

With best regards,

Mr. Raju Poudel

Chairperson

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