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# प्राज्ञिक प्रवाह

## Prāgyik Prabāha

Peer Reviewed Research Journal

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Tribhuvan University Teachers' Association  
Tribhuvan Multiple Campus Unit, Palpa



# प्राज्ञिक प्रवाह

## Prāgyik Prabāha

Peer Reviewed Research Journal

Patron

**Dr. Tanka Prasad Pantha**

Campus chief, Tribhuvan M. Campus, Palpa

Advisor

**Sharda Prasad Bhattarai**

[bhattaraisharda4@gmail.com](mailto:bhattaraisharda4@gmail.com)

President, TUTA, TMC Unit, Palpa

Editor-in-Chief

**Bishnu Prasad Gyawali**

[bpghasara@gmail.com](mailto:bpghasara@gmail.com)

Associ. Prof., Tribhuvan M. Campus, Palpa

Editors

**Puskar Acharya**

[puskar.acharya01@gmail.com](mailto:puskar.acharya01@gmail.com)

Lecturer, Tribhuvan M. Campus, Palpa

**Mina Dhakal**

[minadhakaltmc@gmail.com](mailto:minadhakaltmc@gmail.com)

Lecturer, Tribhuvan M. Campus, Palpa

**Tribhuvan University Teachers' Association**

**Tribhuvan Multiple Campus Unit, Palpa**

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# Editorial

Tribhuvan University Teachers' Association (TUTA), Tribhuvan Multiple Campus, Palpa Unit, focuses on advancing academic excellence, nurturing a culture of research, and protecting the professional rights and interests of university teachers. In accordance with this mission, the campus unit has been issuing **Prāgyik Prabāha**, a multidisciplinary peer-reviewed journal from its inception. The publication functions as an academic forum for investigating contemporary knowledge, research methodology, innovative pedagogy, and other emerging areas across various subjects offered at the university level.

With the dynamic nature of higher education, university teachers are now expected to exhibit multiple competencies and professional capacities. Besides having extensive content knowledge, pedagogical knowledge, and technological expertise, educators are now supposed to foster critical thinking, communication skills, collaboration, creativity, digital literacy, research skills, and reflective teaching practices. Contemporary academia also necessitates adaptability, interdisciplinarity, ethics, and the incorporation of innovation and technology in teaching-learning-research processes. These competencies can be improved through ongoing professional development activities such as scholarly reading and writing, workshop and conference participation, training courses, and research and publication. One of the most important professional development techniques at university level is writing and publishing research articles in the national and international journals.

The editorial board has tried to ensure that the present journal been made scholarly, innovative, and contemporary to suit the needs of academics. In the present issue, thirteen research papers in English and four in Nepali have been selected from various disciplines and viewpoints and arranged alphabetically on the basis of their authors' first names. These research papers cover some current academic concerns, emergent trends, and reality scenarios and thus help create, test, and disseminate knowledge. They are also helpful in identifying avenues for future research, making policies, improving teaching, and building institutions. Publication of research work is significant not only to academia but also to researchers themselves in terms of enhancing their visibility, collaboration, recognition, and impact nationally and internationally. The editorial board has absolute confidence that this journal will be useful for scholars, researchers, educators, students,

In this regard, we would like to extend our sincere thankfulness to all the authors who have contributed immensely to this volume through their scholarly writings. We would also like to acknowledge the reviewers for their constructive criticism and intellectual assistance in keeping the standards of the journal intact. Additionally, our heartfelt appreciation goes to the campus administration for providing every possible support in the publication of this journal. Lastly, we would like to welcome any constructive suggestions from our esteemed readers for future advancement of **Prāgyik Prabāha**.

**November 2025**



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