

Primordial *Linga*s of Nepal: A Qualitative Analysis of Their Artistic Forms and Symbolism

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Abstract

This study primarily aims to examine the form and symbolic meaning of Nepal's primordial lingas. A linga is a finest visual symbol that represents the Trimurti (trinity). The symbolic associations with the Trimurti, including the deities' vehicles and consorts, play a significant role in the conceptualization of the linga. As one of the most prominent forms of Hindu art, the linga embodies both spiritual and artistic value. The primordial lingas of Nepal are predominantly rendered in three-dimensional forms, exhibiting various features such as the simple (aniconic), one-faced, four-faced, and five-faced types. Each of these forms expresses cosmic energy in distinct ways. The study finds that the diverse forms of primordial Śiva lingas in Nepal are deeply rooted in the cultural and artistic traditions of the Indus Valley Civilization and influenced by the Gupta style, highlighting their historical, cultural, artistic, and religious significance. This qualitative research employs observation and interpretation to examine the meaning and evolution of these sacred forms.

Keywords: artistic origins, earliest forms, linga types and locations, symbolic significance.

Introduction

Linga is an abstract representation of Lord Śiva—a divine symbol. The word linga comes from the Sanskrit term meaning "mark" or "symbol." Lingas are highly symbolic and possess unique visual representations, spanning from the ancient Hindu-Buddhist civilizations to the present day. According to Jagadish

Vasudev (known as Sadhguru), "Linga literally means a form—the existence of something. There is an emptiness before and after existence. Linga refers to the existence and manifestation of something; when the first form of manifestation begins, it begins with the form of a perfect ellipsoid, which refers to a linga" (Vasudev 2011).

The primary purpose of this study is to fill the gap in the understanding of primordial lingas of Nepal. "Primordial linga" refers to the early forms of the linga. This study centers on how Nepal's primordial lingas were created and what symbolic meanings they convey.

The most notable *linga*s of Nepal selected for this study include the simple *linga* from Bhringareśvora Mahādeva Temple in Sunākothi and Budhānilkantha; the *Pancamukhi linga* from Budhānilkantha; and the *Yekamukhi* and *Caturamukhi linga*s from Pashupatinath. Each *linga* exhibits distinct characteristics in both visual form and symbolic significance.

Although the complete solid structure of the *linga* represents the trinity of Hindu gods—Brahmā, Viṣṇu, and Rudra—the five aspects of Maheśvora (Umā, Mahādeva, Bhairava, Nandi, and Sadāśiva) are also highlighted in detail by artists. Symbols associated with the Śiva aspect of the *linga* and Maheśvora include the lotus, *kamanadalu*, *danḍa*, and *trishula*. Thus, Śiva is presented as the central figure within the *linga*, which is why it is regarded as *śivalinga* in Nepal.

Historical background

The earliest known examples of the *linga* date back to around 2300 –1750 BCE, originating from Mohenjo-Daro in the Indus Valley Civilization (Figure 1). A dome-shaped stone object found at the site has been associated with the linga form due to its distinct

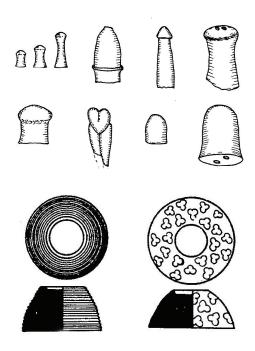


Figure 1: *Linga*, Mohenjo-Daro, Pakistan, 2300-1750 BCE, stone.

physical characteristics. According to Sir John Marshall and Susan L. Huntington, this object represents the phallus and serves as a symbol of cosmic energy (Huntington 2001:17).

Another circular object — identified as a two-ring stone (Figure 1) — is interpreted as representing the *yoni*. As illustrated in the figure, the *liṅga* and *yoni* from Mohenjo-Daro are designed and displayed as separate elements. According to Susan L. Huntington, the *liṅga* from Mohenjo-Daro is described as follows:

Since few have been unearthed in specific association with a *linga*, some scholars have discredited the



Figure 2: *Linga*, Gudimallam, Andhra Pradesh, India, stone, 150 cm height, 1st century BCE.

interpretation of these objects as lingas and yonis. However, a convincing alternative hypothesis has not been offered, and because *lingas* and *yonis* are common in later Indic art, these objects may be accepted as early examples. A religious emphasis on procreation is a phenomenon associated with early agricultural societies dependent upon the bounty

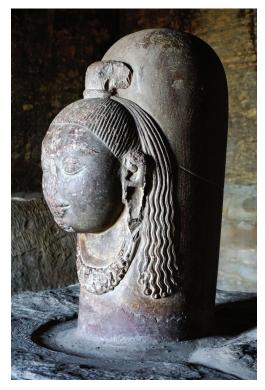


Figure 3: *One-faced Linga*, Udayagiri, Madya Pradesh, India, Gupta Period, 1st Quarter, 5th century BCE.

of nature for their well-being and survival. Judging from later Indic iconography, it is also possible that "eternal" or "Universal" symbolism is intended by such objects. The *yoni* might represent the door through which one is "born again," thereby relating to the concept of countless rounds of rebirths (samsāra), which figures in later Indic thought. The *linga* would represent the procreative aspect of the universe (later, of the Hindu god Śiva) and the means by which the endless cycles of birth, death, and rebirth occur. The realization of nonduality, symbolized by the combination of male and female principles, represents one of the essential goals of later Buddhist and Hindu thought (Huntington 2001:17).

The *linga* from Gudimallam is a significant representation of Siva (Figure 2). Standing nearly five feet tall, this sculpture—carved from reddish igneous rock—is one of the most remarkable *linga*s from the 1st century BCE. Commonly referred to as the "Gudimallam Pillar Statue," it is considered a striking example of early linga iconography. The stylistic features of this *linga* closely resemble artifacts from the Sunga period. Excavated in the 1990s, the statue exhibits visual characteristics such as drapery details particularly the cloth folds between the legs—along with distinctive facial and bodily features. The posture, where the figure stands atop another anthropomorphic or animal form, shows strong stylistic parallels to pillar figures from Bharhut (Huntington 2001: 87). Huntington further elaborates as follows:

The Gudimallam *linga*, which juxtaposes the anthropomorphic and phallic forms of Śiva, may provide important clues to this problem. This *linga* consists of a fairly naturalistically depicted phallus bearing an image of the male figure, presumably Śiva, standing atop a demonic-appearing dwarf, who may be *Apasmāra*, a dwarf later associated with Śiva. In contrast to his usual multiarmed forms of later date, Śiva here has only two arms. In his right hand, Śiva holds a ram by its hind

and, in his left, a water pot, while an axe rests upon his left shoulder (Huntington 2001: 87–88).

The one-faced *linga* from Udayagiri, Madhya Pradesh, India, is considered one of the finest examples of early lingas in the region (Figure 3). This *linga* exhibits stylistic features characteristic of the Gupta period, including the continuous hairline, balanced facial proportions, the form of the phallus, and the presence of a female figure — elements that closely resemble the Yekmukhi Śivalinga from Pashupatinath in Kathmandu (Figure 14). However, Susan L. Huntington contends that the sculpture bears stronger stylistic affinities to the Kusana period. Huntington describes the *linga* as follows:

A one-faced *linga* is the main object of worship in Cave 4 at Udayagiri, obviously a Saivite cave, but the date of this work is not easily fixed as there is no inscription associated with it. However, the simplicity of the treatment of the face, the careful depiction of the separate locks of hair, and the relatively modest amount of jewelry suggest that it was made in the first quarter of the fifth century. The round face with rather heavy features is reminiscent of Kusana types rather than suggestive of the more fluid, subtly modeled forms of the fifth century. There is perhaps no more dramatic symbol of the power of Siva than the image of the linga, a phallus, juxtaposed with a representation of one or more human heads, for it implies the unification of



Figure 4: Nepal's oldest Śivalinga inscription, Dhobichaur, Lajimpat, Kathmandu, 388 CE.

- śauryyena¹ nitisahitena vijitya samyak ca = □ = □ □ □ □ □ □ □ □
 = □ = (|)
- 2. tasyājñayā śubhamateś śubhavṛddhi liṅgam = .y. nabhaktimahatā naravarmmanāmnā (||) prasādasya nurūpa hapra - - - -
- 1 a samvat 300 80 8
- 2 a jyeşthamāse śukladiva 10 4
 - 1 Metre: vasantatilakā.

Figure 5: Details of the Śivalinga inscription documented by Raniero Gnoli.

the sexual energy, representative of the entire creative energy of the universe, with the intellect. (Huntington 2001: 87–88).

Nepal's oldest Śivalinga has been dated to 388 CE. Raniero Gnoli explains that both the inscription and the sculpture are associated with the Gupta style (Gnoli 1956, p. 7). According to Madanjeet Singh, features of the Gupta style include geometric perfection of form and the uninterrupted smoothness of facial planes (Singh 1968, p. 184). The following text presents the oldest known Śivalinga inscription from Dhobichaur, Lainchaur, as documented by Raniero Gnoli. The inscribed section measures approximately 103 cm in width.

Methodology

This study adopts a qualitative research approach, primarily based on visual observation of *lingas* and an analysis of secondary sources to uncover their historical context and symbolic significance. The secondary materials consist largely of scholarly books and peer-reviewed journal articles. The study focuses on several notable examples of Nepal's primordial *lingas*—including the simple *yekamukhi*, *caturamukhi* and *pancamukhi* types—selected for their distinct formal characteristics and symbolic meanings.

The Symbolism of the *linga*

The symbolism of the *linga* is primarily associated with the Trideva. Its structure

is divided into three distinct sections, each representing one of the deities—Śiva, Viṣṇu, and Brahmā. The uppermost section, representing Śiva, is known as the Rudra part. It is typically formed in a circular shape—oval, dome-like, or egg-shaped. The middle section symbolizes Viṣṇu and is often depicted in an octagonal form, resembling a bird's nest. The lowest section, representing Brahmā, is shown in a square shape and symbolizes creation (Figure 7).

Simple *Śivalinga*s from Bhringareśvora Mahādeva Temple in Kathmandu and Budhānilkantha exhibit similar structural characteristics (Figures 12 and 13). However, in most *Śivalingas*, the Brahmā portion is embedded underground and thus not visible. Adrian Snodgrass describes the structure of the linga as follows:

Deity as pillar is a recurrent theme in Hinduism (Figure 6, 7). One of the names of Siva-Rudra is Sthanu, "Pillar", and he is described as sthanu-bhuta, whose essence is a pillar (Bosch, p.1870 1960). The identification of Siva and the pillar as axis mundi is the main significance of the linga, pre-eminent symbol of the god. Taken literally it is the phallus, representing the essence of cosmic pro-creative forces, but its form reveals that it is nothing other than the axialpillar of the universe: Square at base, octagonal at its middle portion and circular at the summit, its parts conform with the shapes associated with Earth (the square), Midspace (the octagon), and heaven (the circle). Its

form subsumes the three worlds, at once separated and joined together within its vertical mass. Identified with the vajra, the lightning, it is the shaft of light, the fiery axis of manifestation that penetrates and fertilizes the yoni, the vulva, the alter, hearth, mother of the fire, the Earth (Zimmer 1946; Sondgrassp 2007: 168).

The symbolic associations of the Linga and Yoni, along with the Trideva, their Vahanas, and the Tridevi, play a significant role in shaping and deepening the conceptual understanding of the Śivalinga in a more abstract and philosophical manner, as elaborated below:

a. Linga and Yoni

The term linga is derived from the

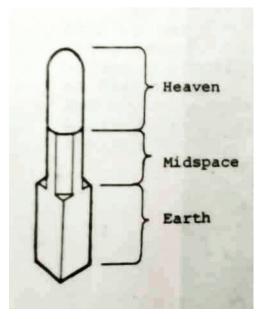


Figure 6: The *linga* as a cosmic symbol, composed of three distinct sections.

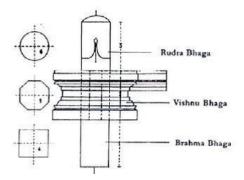


Figure 7: The three structural divisions of the *linga* represent the Hindu Trideva, each associated with a specific geometric form.

Sanskrit word "lingam" meaning "symbol." It signifies a mark, form, or dome that symbolizes Lord Śiva. In contrast, the literal meaning of yoni refers to a home, source of creation, or foundational base. It symbolizes Lord Viṣṇu and is typically represented in the form of a womb or nest. In this context, the linga is often likened to an egg placed upon the Viṣṇu Bhaga, with the Viṣṇu Bhaga serving as a protective base—much like a bird's nest safeguarding an egg.

b. Trideva

Śiva, Viṣṇu, and Brahmā are collectively known as the Trideva, or the Hindu Trinity (see Figures 8, 9, and 10). The *Trimurtis* are revered as the supreme deities in Hinduism. Each of these three gods possesses distinct iconographic features reflecting their divine roles. Brahmā, the creator, is traditionally depicted with four heads and four hands (Figure 10). Viṣṇu, the preserver, is commonly shown with four hands, though sometimes depicted with ten

hands and nine faces, as illustrated in Figure 9. Śiva, the destroyer, is typically represented with four hands

The symbols associated with Siva include the tiger skin, bull (nandi), matted hair, the Ganga, crescent moon, trishula (trident), drum (damaru), third eye, and tripundra (three horizontal lines on the forehead). Vișnu is symbolized by the cakra (discus), lotus, conch (shankha), kaumodaki (mace), and Garuda (vehicle). Brahmā is associated with the lotus, swan (hamsa), the veda, and akshamala (a garland of beads). Each of the Tridevas has a distinct set of iconographic elements that contribute to a unified expression of divine identity. For example, their respective *vāhana*s (vehicles) serve as powerful representations of their cosmic functions and are further explored in the following chapter.

c. Bāhanas (Vehicles)

The *bāhana* refers to the vehicles of the Trideva. In Hinduism, as the Śivalinga represents the Trideva, it becomes essential to explore the symbolic significance of their respective vehicles. Each deity is associated with a distinct vehicle: the bull (Nandi) for Śiva, the Garuda for Visnu, and the swan (hamsa) for Brahmā. These vehicles are rich in visual and symbolic meaning. The bull, depicted in a robust and masculine form, symbolizes physical strength and steadfastness. Garuda, portrayed as an anthropomorphic bird-like deity, embodies martial prowess and agility. The swan, rendered with elegant grace, symbolizes purity and the soul.



Figure 8: *Maheśvora with Umā*, 12th century CE, Patan Museum, Lalitpur.

Each of these vehicles is also symbolically connected to one of the elemental realms—land, air, and water emphasizing the diversity and inclusivity within the Hindu cosmological framework. The bull's firm connection to the earth and its ability to traverse land represent grounded strength. Garuda's dominion over the sky reflects transcendence and speed. The swan's affinity with water signifies fluidity, spiritual discernment, and adaptability. Collectively, these symbols highlight the harmony of diverse elemental aptitudes and the interdependence of cosmic forces (Figure 11).

d. Tridevi

In Hinduism, the *Tridevi*—Pārvatī,



Figure 9: *Viṣṇu Viśvarupa*, 5th–6th century CE, Chagunaryan, Kathmandu.

Laksmī, and Saraśvati—are the consorts of the Trideva and hold profound symbolic significance. Each goddess complements and reinforces the attributes of her divine counterpart. Pārvatī, the consort of Śiva, embodies devotion and willpower; her vehicle is a lion, symbolizing courage and strength. Laksmī, the consort of Visnu, represents wealth, fortune, and dynamic action; her vehicle is an owl, which signifies wisdom and the ability to see through darkness. Saraśvati, the consort of Brahmā, symbolizes knowledge, creativity, and learning; her vehicle is a swan, reflecting discernment and spiritual insight.



Figure 10: *Brahmā*, 13th century CE, Simraungadh, Bara.

The symbolic pairing of the Tridevi with the Trideva highlights the interdependence of will (Pārvatī), action (Lakṣmī), and knowledge (Saraśvati) as foundational principles of cosmic function. Moreover, the vehicles of the Tridevi, like those of the Trideva, possess elemental associations and symbolic aptitudes: the lion (land), owl (air/night vision), and swan (water) all reflect a harmonious connection to the natural world and reinforce the cosmological unity within Hindu thought.



Figure 11: Bull (Vehicle of Śiva), Garuḍa (Vehicle of Viṣṇu), Swan (Vehicle of Brahmā).

Key examples of primordial *lingas* in Nepal

a. Simple Linga

The faceless, simple *linga* is the most prevalent form found in Siva temples across Nepal. Typically, the *linga* is positioned upon a *yoni* base, which is conceptually divided into three parts: the Rudra (Siva) section, the Viṣṇu section, and the Brahmā section (Figure 7). In earlier Nepali representations, artists primarily emphasized the Rudra portion, often sculpted as a dome or ellipsoid shape. The Viṣṇu section was commonly designed as the yoni, symbolizing the womb, origin, seed, or water—central elements of generative power.

The Śivalinga from the Bhringareśvora Mahādeva temple exemplifies a symmetrical and balanced composition, closely resembling the Gupta style in its formal qualities and visual harmony (Figure 12). According to Beena Poudyal (2017), the middle portion, associated with Viṣṇu, is referred to as *jalāvari*, which symbolizes *strī-śakti* (female energy). She (2023) further notes that



Figure 13: *Śivalinga*, 38 inches in height, Budhanilkantha, Kathmandu.

this component should traditionally face north, in alignment with Mount Kailash—the mythological abode of Śiva. In essence, all three divisions are given equal spatial and symbolic emphasis in the architectural composition of a Śivalinga (Figure 6).

The *linga* is conceived as a vertical mass that symbolically connects the three cosmic realms: heaven, earth, and mid-space. In this cosmic framework, Siva is associated with heaven, Viṣṇu with mid-space, and Brahmā with earth. This vertical alignment signifies the interconnectedness of the divine, terrestrial, and intermediate planes. As Adrian Snodgrass elaborates, the structural conception of the linga reflects this symbolic stratification in the following way:

Deity as pillar is a recurrent theme in Hinduism. One of the names of Śiva-Rudra is *Sthanu*, "Pillar", and he is described as *sthanu-bhuta*, whose essence is a pillar (Bosch, p.1870 1960). The identification of Śiva and the pillar as axis mundi is the main significance of the *linga*,

pre-eminent symbol of the god. Taken literally it is the phallus, representing the essence of cosmic pro-creative forces, but its form reveals that it is nothing other than the axial pillar of the universe: Square at base, octagonal at its middle portion and circular at the summit, its parts conform with the shapes associated with Earth (the square), Midspace (The octagon), and heaven (the circle). Its form subsumes the three worlds, at once separated and joined together within its vertical mass. Identified with the vajra, the lightning, it is the shaft of light, the fiery axis of manifestation that penetrates and fertilizes the *yoni*, the vulva, the alter, hearth, mother of the fire, the Earth (Zimmer1946; Sondgrass 2007:168).

b. Yekamukhi linga

Created during the Lichhavi period, the vekamukhi (one-faced) linga stands as one of the finest achievements in the history of Nepali art (Figure 14). Half-buried on the banks of the Bagmati River in the Pashupati area of Kathmandu, this *linga* presents a striking contrast to the Gudimallam Śivalinga (Figure 2), which is explicitly juxtaposed with a phallic form. In contrast, the Yekmukhi Śivalinga at Pashupati features the serene face of Parvati carved on its surface. Her visage is depicted in a meditative and yogic posture, with closed eyes conveying tranquility and divine presence. The balanced proportions of the head, dome-shaped tuft, elongated earlobes, rounded facial features, and the smoothness of the sculptural surface are



Figure 14: *Yekmukhi Śivalinga*, Pashupati, Kathmandu, 6th century CE.

strongly reminiscent of the Gupta style, noted for its geometric harmony and aesthetic refinement (Singh 1968:184).

According to Satya Mohan Joshi (2017:95), one of the primary artistic intentions of the Licchavi period was to celebrate feminine beauty, which led to a significant presence of female representations in the art of the era. This cultural and aesthetic emphasis may have inspired the artist to sculpt the face of Pārvatī onto the *linga*, symbolically merging divine feminine energy with the form of Śiva.

c. Caturamukhi linga

Among the *caturamukhi* (four-faced) *lingas* found in Nepal, this example

stands out as one of the most remarkable monolithic *liṅga* sculptures from the Licchavi period (Figure 15). Created between the 8th and 9th centuries CE, it features four faces oriented toward the cardinal directions—east, west, north, and south—each head emerging from the central shaft of the *liṅga*. In this composition, the Rudra portion is fully visible, the Viṣṇu portion is partially shown, while the Brahmā section remains hidden.

The entire sculpture is composed with symmetrical balance, and when viewed from above, it exhibits a radial layout. The facial features—eyes, nose, lips, chin, cheeks, forehead, mouth, ears, and eyebrows—are crafted with geometric precision, reflecting the stylistic influence of the Gupta tradition. The decorative style of the *linga*, especially the intricate circular patterns of the *mukuta* (crown) and the *akshamāla* (rosary garland), evokes the aesthetic of *śṛṅgāra rasa* (the mood of beauty and romantic elegance), making the sculpture visually captivating.



Figure 15: *Caturamukhi Liṅga*, Deupatan, Pashupati, Kathmandu, 8th - 9th Century CE.



Figure 16: Eastern face of the *Pancamukhi Linga*, Budhanilkantha.



Figure 17: Western face of the *Pancamukhi Linga*, Budhanilkantha.

The artistic style of this *linga* closely resembles the *Umā-Maheśvora* sculpture of Patan, Lalitpur, dated to the 10th century CE. Symbolically, the four faces represent four aspects of Śiva: the eastern face represents Mahādeva, the southern face represents Bhairava, the western face represents Nandi, and the northern face represents Umā. Although the faces are not distinctly characterized by specific iconographic attributes, the symbols carved on each side of the Rudra section vary. The eastern face bears an



Figure 18: Northern face of the *Pancamukhi Linga*, Budhanilkantha.

akshamāla and kamanḍalu, the southern face holds a daṇḍa (staff), the western face features a *trishula* (trident), and the northern face is adorned with a *nīlotpala* (blue lotus).

d. Pancamukhi linga

Several scholars have argued that the *Caturamukhi* (four-faced) *Śivalinga* can also be interpreted as a representation of the *Pancamukhi* (five-faced) form. According to Hindu mythology, the fifth aspect of Śiva—Ishāna—is not typically depicted with a physical face, as it represents the supreme, formless essence of divinity. However, the Pancamukhi Śivalinga from Budhanilkantha is an exception, as it explicitly includes five faces, each symbolizing a distinct aspect of Śiva (Figures 16 –19).



Figure 19: Southern face of the *Pancamukhi Linga*, Budhanilkantha.

In this configuration, the eastern face represents *Tatpurusha*, associated with creation; the southern face embodies *Aghora*, signifying destruction; the western face corresponds to *Sadyojāta*, representing majesty; the northern face depicts *Vāmadeva*, linked to preservation; and the fifth face, *Ishāna*, symbolizing transcendence and divinity, is also oriented towards the north. The *Viṣṇu bhāga* (middle portion) and *Brahmā bhāga* (base) follow a similar structural pattern as seen in simple *linga*s (Figure 10).

Unlike other linga types, the *Pancamukhi Linga* displays minimal iconographic symbols related to the Trideva (Śiva, Viṣṇu, Brahma). Nevertheless, the formal balance, precise line patterns, and geometric proportions are clearly observable. Notably, the stylistic

execution—particularly in the facial features and surface finish—differs from those found in the *caturamukhi*, *yekmukhi*, and simple *lingas*, suggesting a distinct artistic approach or period of production.

Conclusion

The *lingas* found in Nepal have deep roots in the Indus Valley civilization and are represented in various forms, including simple, *yekamukhi* (one-faced), *caturamukhi* (four-faced), and *pancamukhi* (five-faced). Unlike the naturalistic phallic representations of lingas found at Mohenjo-Daro and Gudimallam, Nepalese *lingas* tend to be more stylized and simplified in form.

A central and recurring theme across these different linga forms is the representation of the Trimurti—Rudra (Śiva), Viṣṇu, and Brahmā—symbolized by the solid pillar that extends from top to bottom, embodying the cosmos. This cosmic symbolism is further emphasized through the vehicles (bahana) of the Trimurti: the bull, symbolizing Śiva's connection to the earth and strength; Garuda, Vișnu's vehicle, representing martial prowess and the power of flight; and the swan, Brahmā's vehicle, symbolizing grace and the soul's purity. These vehicles collectively signify the importance of diverse aptitudes and the complementary forces of nature and willpower.

Artistically, Nepal's primordial *lingas* show strong influence from the Gupta style, evident in their geometric



precision, symbolic motifs, and symmetrical balance. In conclusion, this study illustrates that although artistic creativity knows no bounds, the faithful adherence to religious themes that are rooted in sacred scriptures is fundamental to the expression of sacred forms.

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