Rajendra Basaula^{1,2*} Om Prakash Singh¹ Ramji Gautam^{1,2}

¹Department of Zoology, Prithvi Narayan Campus Pokhara, Nepal

Omprakash.zoologist@gmail.com (O.P.S.); gautamramji@gmail.com (R.G.)

²Zoological Society Pokhara, Nepal

*Corresponding Author: basaular39@gmail.com

ABSTRACT

Wetlands are taken as the transition zone between aquatic and terrestrial habitats and are essential natural territory for numerous faunae, especially for waterbirds. The habitats for waterbirds in Phewa lake are degrading due to various anthropogenic pressures and excessively spreading invasive weeds. We applied the point count method using 12 points from Phewa dam to Pame phant to collect the seasonal data of waterbirds in the Phewa wetland during Summer 2019 and Winter 2020. We compared the abundance and diversity of waterbirds between the Summer and Winter seasons. A total of 937 individuals of 43 waterbird species from 14 families were recorded from Phewa lake during the study period. The abundance of waterbirds was found higher during Winter (U = 46, p = 0.04). The Winter season was found to be more divergent than the Summer. Shannon Wiener diversity index (H') ranged from 0.5 - 2.51 during Summer and from 0.64 - 3.18 during Winter. Distance to forest (m) was responsible for the change in the abundance of waterbirds (β = 0.26, p = 0.03). Distance to forest (m) and distance to road (m) were responsible for the change in H' (β = 0.005, p = 0.006 and β = -0.004, p = 0.03 respectively) and Distance to forest (m) was responsible for the change in species richness (S) (β = 0.06, p = 0.01) in Phewa wetland. So planting trees and devoid road construction may increase the abundance of waterbirds in Phewa wetland.

Key words: Anthropogenic, Invasion, Threats, Waterbirds, Wetland.

INTRODUCTION

Wetlands are taken as the transition zone between aquatic and terrestrial habitats and are essential natural territory for numerous flora and fauna (IUCN, 2016). Wetlands are the most productive ecosystems and rich in biodiversity. Wetlands regulate water and water quality and they are the source of water and nutrients necessary for biological productivity and humans. Wetlands provide resting, roosting, foraging and nesting habitat for resident and migratory waterbird species (Erwin, and Beck, 2007; Kumar *et al.*, 2016). However, wetlands are facing many threats globally, the greatest loss of wetlands is seen mainly in Asia due to degradation and fragmentation of habitat and biological invasion, resulting in a declining the population of many waterbirds (Ma *et al.*, 2010,

Inskipp et al., 2013; Inskipp et al., 2016).

Waterbirds are an indicator of environmental health and water quality because they can easily detect environmental change (Aynalem and Bekele, 2008). Waterbirds also provide ecosystem functional services of freshwater lakes placed in the higher trophic level with diverse feeding adaptations such as herbivorous, piscivorous, insectivorous, and omnivorous (Swanson et al., 1974). The species richness, abundance, and diversity of waterbirds depend upon the vegetation composition of the lake which is the major form of habitat and availability of food resources (Bolduc et al., 2004). The variation of water depth also affects the distribution and abundance of the waterbirds. The dividing birds (such as cormorants and grebes) require water depth of >25 cm, large wading birds (such as herons, egrets, and ibis) forage up to 30 cm, and small shorebirds (such as sandpipers) in water less than 5 cm. Out of 886 bird species of Nepal, Phewa wetland provides home to 43 waterbirds (BCN and DNPWC, 2018; MoFE, 2018).

Phewa wetland is vulnerable and facing great anthropogenic pressure including eutrophication, siltation, sedimentation, industrial and chemical pollution, encroachment, deforestation, overfishing and invasion of non-native invasive weeds such as water hyacinth, water lettuce, cut grass, etc. (Sharma et al., 2015; Watson et al., 2019). Therefore, the wetland habitats are degrading speedily and impacting resulting the adversely on the structure and diversity of the waterbird communities. As a result, the foraging and nesting sites for the waterbirds in Phewa wetland are narrowing these days and the population of waterbirds, particularly the winter migratory birds, are declining these days. There is a regular census of waterbirds during the Winter season by Bird Conservation Nepal and other conservation organisations. However, the scientific study of the seasonal abundance and diversity of waterbirds is waranted in Phewa lake areas. A separate checklist of the waterbird species of Phewa lake has not been developed since the checklist provided by Gautam and Kafle (2008). Therefore, we aimed to compare the seasonal abundance and diversity of waterbirds around the Phewa lake. We also provided the updated checklist of waterbirds in Phewa lake areas. Our findings will be the baseline for the future researcher and conservationists for the conservation of waterbirds in Phewa wetland.

MATERIALS AND METHODS

1.1. Study Area

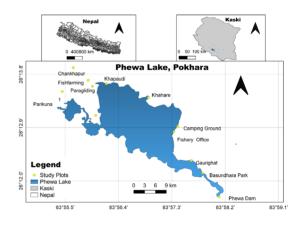


Figure 1 Study Area

Phewa is a natural freshwater lake located in the south of the Pokhara Valley (Figure 1). It is the second largest lake in Nepal, located at an altitude of 784 m with an area of 4.33 km² water surface and an extreme depth of water is 22.5 m (MoFE, 2018). Phewa lake is an important part of the Lake Cluster of Pokhara Valley. Lake Cluster of Pokhara Valley is the latest and largest ecologically important Ramsar site consisting of nine lakes (MoFE, 2018). Phewa lake is surrounded by sub-tropical broad-leaved sal forest (*Shorea robusta*) in the south, riparian forests (*Acacia catechu* and *Dalbergia sisoo*)

along the banks of Seti river and its tributaries, and Schima-Castanopsis forests in the north and west. The invasive species found around Phewa wetland are Tilapia (Tilapia nilotica), African (Clarias gariepinus), Parthenium catfish (Parthenium hysterophorus), Mikania (Mikania hyacinth micrantha). Water (Eichornia crasssipes). Southern cut grass (Leerisa hexandra), and Water lettuce (Pistia stratiotes) (MoFE, 2018). The Phewa wetland is the natural home for several threatened species such as critically endangered Baer's pochard (Aythya baeri); Indian vulture (Gyps indicus); vulnerable Ferruginous duck (Aythya nyroca); Spiny babbler (Turdoides nepalensis), Nepal wren babbler (Pnoepyga immaculate), Comb duck (Sarkidiornis melanotos), threatened mammals like as Clouded leopard (Neofelis nebulosa), Common leopard (Panthera pardusfusca) and Indian pangolin (Manis crassicaudata) (MoFE, 2018).

1.2. Methods

A total of 12 sampling plots each of a 50 m circular radius was established in Phewa lake wetland from *Phewa dam* to *Pame Phant* areas based on the hot spots of waterbirds habitat. The distance between the two plots was not less than 200 metres. The coordinates of each plot were recorded from the centre using GPS (Garmin eTrex Touch 35). The nearest distance to forest, road and settlement from each plot was determined using a measuring tape. Species and the number of waterbirds in each plot were observed within a 50 m radius from 7.00 AM to 11.00 AM. Waterbirds were observed four times: two times during Summer 2019 (July and August) and two times during Winter 2020 (January and February). Waterbirds were counted through direct observation using binoculars following Bibby et al. (2000). In each plot, 30 minutes were spent on the observation of waterbirds, and the maximum number of individuals and species of the waterbirds recorded within the given period were used for data analysis. All the observed birds were identified using available reference keys/experts following the taxonomic monographs (Grimmett *et al.*, 2016; Inskipp, *et al.*, 2016).

1.3. Data Analysis

Shannon-Weiner diversity (H') (Shannon and Weaver, 1949), Pielou's species evenness (J) (Pielou, 1966) and species richness (S) of the waterbirds during Summer and Winter were calculated. All waterbirds were categorised into four feeding guilds: piscivorous, insectivorous, omnivorous, and herbivorous (Grimmett et al., 2016; Katuwal et al., 2018). The abundance and diversity of waterbirds during the Summer and Winter seasons were compared using Mann- Whitney tests because the data were not normally distributed. Multiple linear regression (MLR) analysis was used to identify the factors affecting waterbird abundance and species diversitv of waterbirds in Phewa lake wetland. All data were analysed using vegan (Oksanen et al., 2013); ggplot2 and ggpubr (Wickham et al., 2016) packages in the R program (R Core Team, 2020). We used Microsoft Excel 2019 also for graphical representation of the results.

2. **RESULTS AND DISCUSSION**

2.1. Abundance and diversity of waterbirds

A total of 937 individuals (Summer 2019, N = 230 and Winter 2020, N = 707) of 43 waterbird species from 14 families were

recorded in Phewa wetland during the study period (Table 1, Figure 2). Out of 14 families, family Anatidae had the highest species richness (14 species) which was followed by family Ardeidae (6 species), family Rallidae (4 species) and family Passeridae (3 species) (Figure 2). Gautam and Kafle (2008) also recorded 43 species of waterbirds from Phewa lake but they did not record seven species that were recorded during this study. These birds were Black-headed Gull, Blue-eared Kingfisher, Crested Kingfisher, Common Snipe, Grey Heron, Black-corwned Night Heron and White Wagtail. Similarly, we did not record seven species of waterbirds during our study but were recorded by Gautam and Kafle (2008). These birds were Common Shelduck (Tadorna tadorna), Garganey (Anas querquedula), Falcated Duck (Anas falcata), Cotton Pygmy-goose (Nettapus coromandelianus). Darter (Anhinga melanogaster), Great Egret (Casmerodius albus) and Marsh Sandpiper (Tringa stagnatilis). Other seven species which were not recorded during our study are Greater Painted-snipe (Rostratula benghalensis), Jack Snipe (Lymnocryptes minimus), Green Sandpiper (Tringa ochropus), Common Redshank (Tringa totanus), Great White Egret (Ardea alba), Goosander (Mergus merganser) and Greylag Goose (Anser anser) but these species were recorded from Phewa lake during the winter water bird census in 2017 (Nepal and Thapa, 2018). 39 species of waterbirds from 17 families were reported by Giri and Chalise (2008) but they did not record the species such as Baer's Pochard (Aythya baeri),

Bar-headed Goose (*Anser indicus*), Comb Duck (*Sarkidiornis melanotos*), Common Golden-eye (*Bucephala clangula*), Darter (*Anhinga melanogaster*), Little Cormorant (*Phalacrocoraxniger*) and Purple swamphen (*Porphyrio porphyrio*). 148 species of birds from 44 families were recorded by Khatri *et al.* (2019) from the Phewa watershed area, out of which 63 species were wetlanddependent birds. Similarly, Dhakal *et al.* (2020) reported 101 species of birds from 34 families in Khaste lake complex, out of which 33 species were waterbirds.

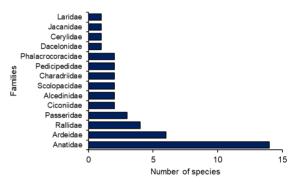


Figure 2 Families of waterbirds with number of species recorded during Summer 2019 and Winter 2020 in Phewa wetland of Pokhara Valley, Nepal

The greatest number of waterbirds (N = 60) was recorded in plot number 5: Tilapia Farming Area Khapaudi and the lowest (N = 5) was recorded in plot number 7: Fish Cage Culture Khapaudi during Summer 2019. Similarly, the greatest number of waterbirds (N = 143) was recorded in plot number 11: Pame Phant Parikuna 1, and lowest (N = 3) in plot number 3: Gaurighat (Figure 3). Plots 1, 2, 3, 4, and 5 were found most disturbed areas for waterbirds and observed a lower abundance and diversity because there

was very limited open water access and an absence of a vegetated wetland; these plots were closer to the road, settlement, temple, and parks. It could be attributed the human exploitation and habitat degradation of waterbirds. Plots 6, 7, and 8 were found to be more abundant and diverse because these plots were less disturbed and had more open water access in comparison to plots 1, 2, 3, 4, and 5. Additionally, plots 9, 10, 11, and 12 were found most abundant and diverse in the Phewa wetland; it could be due to large areas with open water access and wetland areas with emergent and floating vegetation. In addition, the habitats such as swamp areas, open water bodies, patches of shrubs and forest edges provide abundant food resources, such as insects, worms, mollusks, and grains as well as safe roosting and breeding sites (Hanson and Butler, 1994).

Table 1. Waterbirds recorded around Phewa wetland, Pokhara, Nepal, 2019–2020. IUCN status: Critically Endangered (CR), Endangered (EN), Vulnerable (VU), Near Threatened (NT), Least Concerned (LC). *SC-Summer count, WC-Winter count.

SN				IUCN			
	Scientific name	Common name	Family	Status	Feeding guilds	SC	WC
1	Anas strepera Forster, 1781	Gadwall	Anatidae	LC	Omnivore	13	0
2	<i>(Mareca) Anas penelope</i> Linnaeus, 1758	Eurasian Wigeon	Anatidae	LC	Herbivore	8	0
3	Anas platyrhynchos Linnaeus, 1758	Mallard	Anatidae	LC	Omnivore	12	0
4	<i>(Spatula) Anas clypeata</i> Linnaeus, 1758	Northern Shoveler	Anatidae	LC	Omnivore	10	0
5	Anas acuta Linnaeus, 1758	Northern Pintail	Anatidae	LC	Omnivore	8	0
6	Anas creeca Linnaeus, 1758	Common Teal	Anatidae	LC	Omnivore	7	0
7	Tadorna ferruginia Pallas, 1764	Ruddy Shelduck	Anatidae	LC	Omnivore	19	0
8	Rhodoessa rufina Pallas, 1773	Red- crested Pochard	Anatidae	LC	Omnivore	3	0
9	Aythya baeri Güldenstädt, 1770	Baer's Pochard	Anatidae	CR	Omnivore	7	0
10	Aythya ferina Linnaeus, 1758	Common Pochard	Anatidae	VU	Omnivore	8	0
11	Aythya nyroca Guldenstadt, 1770	Ferruginous Pochard	Anatidae	NT	Omnivore	5	0
12	Aythya fuligula Linnaeus, 1758	Tufted Duck	Anatidae	LC	Omnivore	5	0
13	Anser indicus Latham, 1990	Bar-headed Goose	Anatidae	LC	Herbivore	17	0
14	<i>Dendrocygna javanica</i> Horsfield, 1821	Lesser Whistling Duck	Anatidae	LC	Omnivore	20	0
15	Ciconia episcopus Boddaert, 1783	Woolly Necked Stork	Ciconiidae	NT	Piscivore	7	0
16	Ciconia nigra Linnaeus, 1758	Black Stork	Ciconiidae	LC	Piscivore	5	0
17	Alcedo atthis Linnaeus, 1758	Common Kingfisher	Alcedinidae	LC	Piscivore	3	2
18	Alcedo meninting Horsfield, 1821	Blue-eared Kingfisher	Alcedinidae	LC	Piscivore	2	1
19		White-throated	Dacelonidae	LC	Piscivore	19	18
	Halcyon smyrnensis Linnaeus, 1758	Kingfisher					
20	Megaceryl lugubris Temminck, 1834	Crested Kingfisher	Cerylidae	LC	Piscivore	2	0

21	Amaurornis phenicurus Pennant, 1769	White-breasted Waterhen	Rallidae	LC	Omnivore	7	7
22	Gallinula chloropus Linnaeus, 1758	Common Moorhen	Rallidae	LC	Omnivore	24	13
23	Fulica atra Linnaeus, 1758	Common Coot	Rallidae	LC	Omnivore	25	21
24	Prorphyrio prophyrio Linnaeus, 1758	Purple Swamphen	Rallidae	LC	Omnivore	185	27
25	Metopidius indicus Latham, 1790	Bronze-winged Jacana	Jacanidae	LC	Omnivore	15	10
26	Gallinago gallinago Linnaeus, 1758	Common Snipe	Scolopacidae	LC	Insectivore	3	0
27	Actitis hypoleucos Linnaeus, 1758	Common Sandpiper	Scolopacidae	LC	Insectivore	5	0
28	Charadrius dubius Scopoli, 1786	Little Ringed Plover	Charadriidae	LC	Insectivore	18	0
29	Vanellus indicus Boddaert, 1783	Rde-wattled Lapwing	Charadriidae	LC	Insectivore	15	0
30	Larus ridibundus Linnaeus, 1766	Black-headed Gull	Laridae	LC	Omnivore	3	0
31	Tachybaptus ruficollis Pallas, 1764	Little Grebe	Pedicipedidae	LC	Insectivore	11	0
32	Podiceps cristatus Linnaeus, 1758	Great Crested Grebe	Pedicipedidae	LC	Piscivore	2	0
33	Phalacrocorax carbo Linnaeus, 1758	Great Cormorant	Phalacrocoracidae	LC	Piscivore	60	0
34	Phalacrocorax niger Gmelin, 1789	Little Cormorant	Phalacrocoracidae	LC	Piscivore	18	0
35	Bubulcus ibis Linnaeus, 1766	Cattle Egret	Ardeidae	LC	Insectivore	50	48
36	Egretta grazetta Linnaeus, 1766	Little Egret	Ardeidae	LC	Insectivore	17	12
37	Mesophoyx intermedia Wagler, 1829	Intermediate Egret	Ardeidae	LC	Insectivore	8	10
38	Ardea cinerea Linnaeus, 1758	Grey Heron	Ardeidae	LC	Piscivore	8	0
39	Ardiola grayii Sykes, 1832	Indian Pond Heron	Ardeidae	LC	Insectivore	20	19
40	Nyctycorax nycticorax Linnaeus, 1758	Black-crowned Night Heron	Ardeidae	LC	Insectivore	3	0
41	Motacilla maderaspatensis Gmelin, 1789	White-browed Wagtail	Passeridae	LC	Insectivore	14	22
42	Motacilla cinerea Tunstall, 1771	Grey wagtail	Passeridae	LC	Insectivore	5	5
43	Motacilla alba Linnaeus, 1758	White Wagtail	Passeridae	LC	Insectivore	11	15
	Total count					707	230
_							

Among the observed birds, all were in the least concern category except four species: the critically endangered Baer's pochard (*Aythya baeri*), the vulnerable Common pochard (*Aythya ferina*) and two near threatened Woolly necked stork (*Ciconia episcopus*) and Ferruginous pochard (*Aythya nyroca*) (Table 1). The areas with open water access containing submerged and emergent vegetation were preferred by ducks and geese including globally threatened water birds in Phewa wetland. However, the uppermost portion of Phewa lake near Khapaudi was invaded with invasive weeds like water hyacinth (*Eichhornia crassipes*), bush morning glory (*Ipomoea cornia*), southern cut grass (*Leersia hexandra*), water lettuce (*Pistia stratoides*) and alligator weed (*Alternanthera philoxeroides*) (MoFE, 2018). The invasive weeds decreased the open water access and it could be the cause for the decline in the population of winter migratory waterbirds and globally threatened

waterbirds in Phewa lake during these years. Furthermore, the residential birds like Purple swamphen, Common moorhen, Bronze-winged jacana, Egrets and Herons were benefited from these weeds as they provide the best shelter as well as foraging, nesting and hiding places for these birds (Villamagna *et al.*, 2012).

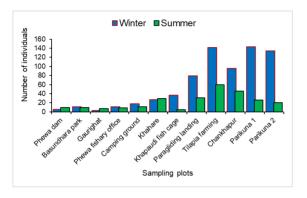


Figure 3 Samling points and the total number of waterbirds during Summer 2019 and Winter 2020 in Phewa wetland of Pokhara Valley, Nepal

Table 2 Comparison of the abundance anddiversity of water birds between Summer 2019and Winter 2020 in Phewa wetland of PokharaValley, Nepal

Variables	Summer	•	Winter		Mann Whitney	р
	Median	Range	Median	Range	test	
Abundance	32	5-45	14	3-143	U = 46	0.04
Piscivorous birds	2	0-5	4	0-31	U = 24.5	0.005
Insectivorous	10.5	0-23	13	2-31	U = 58.5	0.4
birds Omnivorous birds	4.5	0-19	10.5	0-100	U = 52	0.2
Shannon	1.73	0.5-	1.94	0.64-	U = 56	0.3
index (H') Species richness (S)	7	2.51 2-15	10	3.18 2-39	U = 49.5	0.2
Evenness (J)	0.92	0.72-1	0.89	0.61- 0.96	U = 89.5	0.3

According to the feeding behaviour of the birds, 41.86 % of species (n = 18) were omnivorous, 30.23% of species (n = 13) were insectivorous,

23.26% of species (n = 10) were piscivorous and 4.65% of species (n = 2) were herbivorous waterbirds (Figure 4). The abundance of waterbirds was found higher during Winter (U = 46; p = 0.04) than in Summer (Table 2). A similar type of abundance of insectivorous and omnivorous birds was found during both Winter and Summer seasons however the abundance of piscivorous was found different (U = 24.5; p = 0.005) between the seasons (Table 2). The Winter season was found to be more diverged than the Summer. H' ranged (from 0.5 - 2.51) during Summer and (from 0.64 - 3.18) during Winter. Similarly, S ranged (from 2 - 15) during Summer and (from 2 - 39) during Winter. The Winter season was more evenly distributed than the Summer, J ranged (from 0.72 - 1) Summer and (from 0.61 - 0.96) during Winter (Table 2). The Summer season had more similarity in the community composition of waterbirds in comparison to the Winter season (Giri and Chalise, 2008). This similarity probably was due to the absence of winter migratory waterbirds during the Summer season. The greater abundance and diversity of waterbirds during the Winter season were probably because of the arrival of winter migratory waterbirds from different regions of the world in the Phewa wetland to pass their winter (Giri and Chalise, 2008; Adhikari et al., 2019). It could be due to the higher mobility of winter migratory waterbirds in response to factors like cold, food resources and change in water levels

2.2. Factors affecting the abundance and diversity of waterbirds

The abundance, H' and S were used as response variables whereas the distance to forest (m), distance to road (m) and distance to settlement (m) were used as predictor variables in MLR analysis. The results

indicated that any one of response variable was responsible for the change in abundance (F = 3.165; df = 20 and p = 0.04), in H' (F = 6.22; df = 20 and p = 0.003) and in S (F = 5.65; df =20 and p = 0.005) (Table 3). Distance to forest (m) was responsible for the change in the abundance of waterbirds $(\beta = 0.26; p = 0.03)$, Distance to forest (m) and distance to road (m) were responsible for the change in H' ($\beta = 0.005$; p = 0.006 and $\beta = -0.004$; p = 0.03 respectively) and Distance to forest (m) was responsible for the change in S ($\beta = 0.06$; p = 0.01) in Phewa wetland (Table 3). Food availability is taken as one of the vital factors for the abundance and diversity of birds, the abundance and species richness of waterbirds were positively associated with the distance to the forest, the Shannon-Wiener diversity index was positively associated with distance to the forest and negatively associated with distance to the road. Similar types of results were explained by Adhikari et al. (2019) on threatened birds of Chitwan National Park, Nepal and Neupane et al. (2020) on the avifauna of Kaligandaki River Basin, central Himalaya, Nepal.

Table 3 Multiple linear regression showing thefactors affecting the abundance and diversityof waterbirds during Summer 2019 and Winter2020 in Phewa wetland of Pokhara Valley, Nepal

Abundance of waterbirds	Estimate	Std. Error	t-value	Р
Intercept	28.18	17.97	1.56	0.13
Distance to forest (m)	0.26	0.12	2.19	0.03
Distance to road (m)	-0.21	0.12	-1.70	0.10
Distance to settlement (m)	-0.02	0.01	-1.06	0.30
F-statistic: 3.165				0.04
Shannon-Weiner Diversity Index	Estimate	Std. Error	t-value	Р

Intercept	1.392	0.25	5.44	< 0.001
Distance to forest (m)	0.005	0.001	3.07	0.006
Distance to road (m)	-0.004	0.001	-2.31	0.03
Distance to settlement (m)	-0.0008	0.0002	-0.31	0.75
F-statistic: 6.222				0.003
Species richness of waterbirds	Estimate	Std. Error	t-value	Р
Intercept	6.61	3.67	1.79	0.08
Distance to forest (m)	0.06	0.02	2.60	0.01
Distance to road (m)	-0.04	0.02	-1.84	0.07
Distance to settlement (m)	-0.003	0.004	-0.85	0.4
F-statistic: 5.659				0.005

Phewa wetland is facing remarkable anthropogenic pressure which can greatly influence the structure of the bird community. The main threats to waterbirds in Phewa wetland are habitat degradation due to the construction of roads, recreational activities like fishing, boating, swimming and paragliding, pollution due to domestic sewage, human encroachment, rapid urbanisation, siltation, cattle grazing and invasion of unwanted weeds like water hyacinth, water lettuce, cut grass, etc. (Gautam and Kafle, 2008; MoFE, 2018; Khatri et al., 2019).

CONCLUSION

The present study recorded 937 individuals of waterbird from 43 species belonging to 14 families. The family Anatidae was the dominant family with the greatest species richness. All the observed birds were in the least concern category except four globally threatened species. The Winter season was found more abundant with diverse bird species in comparison to the Summer season. The last four plots near Khapaudi and around Pame Phant were more abundant and diverse in Phewa wetland. Phewa lake is rich in waterbird species and more species can be expected from the open area of Khapaudi and Pame phant. Therefore, we recommended a regular survey of waterbirds for their conservation and updating the checklist as well as the management of invasive weeds like water hyacinth. Organising the awareness program about the conservation of waterbirds including globally threatened waterbirds and mitigation of the major threats by NGOs/ INGOs, local government and different organisations related to birds in schools, colleges and local people living in the catchment areas of the lake is essential.

ACKNOWLEDGEMENTS

We thank the Department of Zoology, Prithvi Narayan Campus, Pokhara, for providing field equipment. We also thank Dr. Bhagawan Raj Dahal for bird identification. Furthermore, we thank Mr. Sherman Gurung, Mr. Sanjeev Basaula, Mangal Jalari and the Phewa Lake Conservation Committees for their support during fieldwork.

REFERENCES

- Adhikari, J. N., Bhattarai, B. P., & Thapa, T. B. (2019). Factors affecting diversity and distribution of threatened birds in Chitwan National Park, Nepal. *Journal of Threatened Taxa*, *11*(5), 13511-13522. https://doi.org/10.11609/jott.4137.11.5.13511-13522
- Aynalem, S., & Bekele, A. (2008). Species composition, relative abundance and distribution of bird fauna of riverine and wetland habitats of Infranz and Yiganda at southern tip of Lake Tana, Ethiopia. *Tropical Ecology*, 49(2), 199.
- BCN and DNPWC. (2018). Birds of Nepal: An official checklist. In *Kathmandu, Nepal.*
- Bibby, C. J., Burgess, N. D., Hillis, D. M., Hill, D. A., & Mustoe, S. (2000). *Bird census techniques*. Elsevier.
- Bolduc, F., & Afton, A. D. (2004). Relationships between wintering waterbirds and invertebrates, sediments and hydrology of coastal marsh ponds. *Waterbirds*, 27(3): 333-341. https://doi.org/10.1675/1524-

4695(2004)027[0333:RBWWAI]2.0.CO;2

- Dhakal, H., Ghimire, M., Poudel, A. K., Ghimire, P., & Bhusal, K. P. (2020). Avian Diversity of Khaste Lake Complex, Pokhara Valley, Nepal. *Minivet*, 3, 17-25.
 - Erwin, R. M., & Beck, R. A. (2007). Restoration of waterbird habitats in Chesapeake Bay: Great expectations or Sisyphus revisited?. *Waterbirds*, *30*(sp1), 163-176. http://dx.doi.org/10.1675/1524-4695(2007)030[0163:ROWHIC]2.0.CO;2
- Gautam, R., & Kafle, G. (2008). A Preliminary Survey of Waterbirds in Phewa Lake, Kaski. *Bird Conservation Nepal. Newsletter*, *December*, 6–8.
- Ghimire, M., Chaudhary, H. & Dhakal, H. (2019). Birds of Pokhara Valley, Pokhara Bird Society, Pokhara-6, Nepal. www. pokharabirdsociety.org.
- Giri, B. & Chalise, M. K. (2008). Seasonal Diversity and Population Status of Waterbirds in Phewa Lake, Pokhara, Nepal. *Journal of Wetlands Ecology*, 1: 3–7. https://doi.org/10.3126/jowe.v1i1.1568
- Grimmett, R., Inskipp, C., Inskipp, T., & Baral, H. S. (2016). *Birds of Nepal*. Bloomsbury Publishing.
- Hanson, M.A., & Butler, M.G. (1994). Responses to food web manipulation in a shallow waterfowl lake. *Hydrobiologia*, 279(1), 457-466. https://doi.org/10.1007/ BF00027877
- Inskipp, C., Baral, H. S., Inskipp, T., & Stattersfield, A. (2013). The state of Nepal birds 2010. *Journal of Threatened Taxa*, *5*(1), 3473–3503. https://doi.org/10.11609/ jott.o3276.933
- Inskipp, C., Baral, H. S., Inskipp, T., Khatiwada, A. P., Khatiwada, M. P., Paudel, L. P., & Amin, R. (2017). Nepal's National Red list of Birds. *Journal of Threatened Ta*, 9(1), 9700–9972. https://doi.org/10.11609/

jot.2855 .1.9700-972

- Inskipp, C., Phuyal, S., Bhatta, T. R., Khatiwada,
 M., Inskipp, T., Gurung, S., Singh, P.
 B., Murray, L., Poudyal, L., & Amin, R.
 (2016). The status of Nepal 's birds: The national red list series. In *Zoological Society of London* (Vol. 1).
- IUCN (2016). The conservation status of freshwater species and habitats in Key Biodiversity Areas at the Sebou river basin. Gland, Switzerland: IUCN.
- Katuwal, H. B., Pradhan, N. M. B., Thakuri, J. J., Bhusal, K. P., Aryal, P. C., & Thapa, I. (2018). Effect of Urbanization and Seasonality in Bird Communities of Kathmandu Valley, Nepal. *Proceedings of the Zoological Society*, *71*(2), 103–113. https://doi.org/10.1007/s12595-018-0265-z
- Khatri, N. D., Neupane, B., Timilsina, Y. P.,
 & Ghimire, S. (2019). Assessment of Avifaunal Diversity and Threats to them in Phewa Wetland, Nepal. *Forestry: Journal* of Institute of Forestry, Nepal, 16(16), 31–47. https://doi.org/10.3126/forestry. v16i0.28352
- Kumar, P., Rai, D., & Gupta, S. K. (2016).
 Wetland Bird Assemblage in Rural Ponds of Kurukshetra, India. *Waterbirds*, 39(1), 86– 98. https://doi.org/10.1675/063.039.0111
- Ma,Z.,Cai,Y.,Li,B.,&Chen,J. (2010). Managing wetland habitats for waterbirds: an international perspective. *Wetlands*, 30(1): 15-27. <u>https://doi.org/</u>15-27. 10.1007/s13157-009-0001-6
- MoFE. (2018). Integrated Lake Basin Management Plan of Lake Cluster of Pokhara Valley, Kaski, Nepal (2018-2023). Ministry of Forests and Environment, Kathmandu, Nepal.

Nepal, K., & Thapa, I. (2018). Water Bird

Count 2017 in wetlands of Nepal (Danphe Quaterly Newsletter No. 27; pp. 1–8). Bird Conservation Nepal.

- Neupane, J., Khanal, L., Gyawali, B., & Chalise, M. K. (2020). Elevational pattern and seasonality of avian diversity in Kaligandaki River Basin, central Himalaya. *Journal of Threatened Taxa*, 12(14), 16927–16943. https://doi.org/10.11609/ jott.5815.12.14.16927-16943
- Oksanen, J., Blanchet, F. G., Kindt, R., Legendre, P., Minchin, P. R., O'hara, R. B., ... & Oksanen, M. J. (2013). Package 'vegan'. *Community ecology package, version*, 2(9), 1-295.
- Pielou, E. C. (1966). The measurement of diversity in different types of biological collections. *Journal of Theoretical Biology*. https://doi.org/10.1016/0022-5193(66)90013-0
- R Core Team. (2020). R: A language and environment for statistical computing. In *R Foundation for Statistical Computing*:Viena, Austria.
- Shannon and Weaver. (1949). The mathematical theory of communication. *The Mathematical Theory of Communication*. *EUA: University of Illinois Press, Urbana*, 117.
- Sharma, C. M., Kang, S., Sillanpää, M., Li, Q., Zhang, Q., Huang, J., ... & Paudyal, R. (2015). Mercury and selected trace elements from a remote (Gosainkunda) and an urban (Phewa) lake waters of Nepal. *Water, Air, & Soil Pollution, 226*(2), 1-10. https://doi.org/10.1007/s11270-014-2276-3
- Inskipp, C., Baral, H. S., Phuyal, S., Bhatt, T. R., Khatiwada, M., Inskipp, T., ... & Amin, R. (2016). *The status of Nepal's birds: the national red list series*. Zoological Society of London, UK, 628.

- Swanson, G. A., Krapu, G. L., Bartonek, J. C., Serie, J. R., & Johnson, D. H. (1974). Advantages in mathematically weighting waterfowl food habits data. *The Journal of Wildlife Management*, 302-307.
- Tamrakar, R. (2008). Status and Biodiversity of Lakes and Ponds of Lekhnath Municipality.
 Project paper, Bachelor's degree, Institute of Forestry, Pokhara, Nepal.
- Villamagna, A. M., Murphy, B. R., & Karpanty, S. M. (2012). Community-Level Waterbird Responses to Water Hyacinth (*Eichhornia crassipes*). *Invasive Plant Science and Management*, 5(3), 353–362. https://doi. org/10.1614/ipsm-d-11-00085.1
- Watson, C. S., Kargel, J. S., Regmi, D., Rupper, S., Maurer, J. M., & Karki, A. (2019). Shrinkage of Nepal's second largest lake (Phewa tal) due to watershed degradation and increased sediment influx. *Remote Sensing*, 11(4): 444. https://doi. org/10.3390/rs11040444
- Wickham, H., Chang, W., & Wickham, M. H. (2016). Package 'ggplot2'. Create elegant data visualisations using the grammar of graphics. Version, 2(1), 1-189.

Received Date : 2021/05/14 Accepted Date : 2021/09/15